

# JOIN THE **WELLNESS REVOLUTION** THAT IS SWEEPING THE GLOBE!

Learn how to protect yourself

# Science and technology are developing at the fastest rates in human history

We know more about nutrition and wellness than ever before. So why are our health challenges increasing?







# Our results show that 95% are in danger

- Imbalance of Omega-6 and Omega-3
- Low levels of Omega-3
- Inadequate polyphenols in our diet
- Low levels of vitamin D<sub>3</sub>

**WE EAT MORE OMEGA-6**







WE EAT A LOT LESS OMEGA-3



# ARE YOU IN THE DANGER ZONE?

LEARN HOW TO PROTECT YOUR-  
SELF BY GETTING IN BALANCE



**RATIO**  
**3:1**

**WHERE YOU WANT TO BE**

Science recommends you have a 3:1 ratio between essential fatty acids Omega-6 and Omega-3.

**RATIO**  
**7:1**

**PEOPLE WHO TAKE AN OMEGA-3 SUPPLEMENT**

Shockingly, even people who take an Omega-3 supplement have an average ratio of 7:1.

**RATIO**  
**15:1**

**WHERE YOU PROBABLY ARE**

People who don't take an Omega-3 supplement are out of balance with 15:1 ratio.

**References**

- *Nordic Council of Ministers, Nordic Nutritional Recommendations 2004/2012 - 5:1 or lower*
- *The World Health Organization (WHO) - 4:1 or lower*



# Tests don't lie!

This simple, easy test measures your level of Omega-3, and the critical ratio between your Omega-6 and Omega-3 fatty acid intake.



*Take the test and we'll send you back a report on your blood work. If you're in the 5% of people already at health levels of Omega-3 and polyphenols, we'll refund your money back. Really.*



# We have performed over 620,000 BalanceTests worldwide

## BEFORE TESTS

**5%** Only 5% have a ratio of 3:1 in Asia-Pacific.

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**20%** Those who do take an Omega-3 supplement  
have an average balance of 7:1.

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**75%** 75% do not take an Omega-3 supplement  
and have an average ratio 15:1.

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## AFTER TESTS

**95%** 95% of those taking Zinzino Balance products  
have a ratio of near 3:1 after 120 days.

Conducted by the independent laboratory VITAS



**VITAS**  
ANALYTICAL SERVICES



# Our unique combination

**OMEGA-3 + POLYPHENOLS = RESULTS**



## **WILD FISH OIL AND ALGAE**

BalanceOil+ contains the highest quality fish oil that is derived from small pelagic fish, such as sardines, anchovies and mackerel.

BalanceOil+ Vegan comes from the marine micro algae *Schizochytrium* sp. that is rich in the Omega-3 fatty acids EPA and DHA.



## **POLYPHENOLS FROM OLIVES**

BalanceOil+ contains a special cold-pressed, extra-virgin pre-harvest oil from Spanish, GMO free, picual olives. It is rich in Omega-9, but is specially selected for its very high content of polyphenols.



Proud  
member  
of **Friend of  
the Sea**





# Health Benefits



DHA helps to maintain a **normal brain function.\***



EPA and DHA contribute to **normal heart function.\*\***



Vitamin D contributes to the maintenance of a **normal immune function.**



\* The beneficial effect is obtained with a daily intake of 250 mg of DHA

\*\* The beneficial effect is obtained with a daily intake of 250 mg of EPA and DHA

It is important to have a varied and balanced diet and a healthy lifestyle

# These 18 health claims are approved by EFSA\*

\*The European Food Safety Authority is the agency of the European Union that provides independent scientific advice and communicates on existing and emerging risks associated with the food chain.



DHA (>250 mg) contributes to the maintenance of **normal vision**.



Vitamin D contributes to the maintenance of **normal teeth**.



Vitamin D contributes to the maintenance of a **normal muscle function**.



Vitamin D contributes to the maintenance of a **normal bone structure**.



Olive oil (>20 g) polyphenols contribute to the **protection of blood lipids** from oxidative stress.



DHA and EPA (>3 g) contribute to the maintenance of **normal blood pressure**.



Vitamin D has a role in the **process of cell division**.



DHA and EPA contribute to the maintenance of **normal blood triglyceride levels**.



Replacing saturated fats with unsaturated fats, like Oleic acid, in the diet has been shown to **lower/ reduce blood cholesterol**.



Vitamin E helps to **protect cells against oxidative stress**.



Vitamin D contributes to **normal absorption/utilisation of calcium and phosphorus**.



Vitamin D contributes to **normal blood calcium levels**.



DHA (>450 mg) maternal intake contributes to the **normal brain development of the fetus and breastfed infants**.



DHA (>100 mg) intake contributes to the normal **visual development of infants up to 12 months of age**.



DHA (>450 mg) maternal intake contributes to the **normal development of the eye of the fetus** and breastfed infants.

It is important to have a varied and balanced diet and a healthy lifestyle. There could be multiple risk factors for any health problem and altering one of these risk factors may or may not have a beneficial effect.

TESTIMONIALS



TEST 1 6,3:1 TEST 2 2,4:1

Daniel, 42 years old

**"As a professional dancer..."**

"...I have always had a strong focus on eating healthy. After achieving balance I can keep my concentration longer and my muscle recovery after working out is going a lot faster"



TEST 1 34,4:1 TEST 2 2,9:1

Karla, 52 years old

**"I was just a bit embarrassed"**

"Now I know that BalanceOil+ really works, and that gives me a peace of mind and something to be proud of!"



TEST 1 21,9:1 TEST 2 3,6:1

Julieta, 57 years old

**"As a health coach I thought I was eating healthy..."**

"...but my first test was very disappointing. After achieving balance, I notice a big difference not only on my hair and skin but in my energy, my muscle recovery, my joints, and so much more."





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*"I have been suffering all my life from very dry skin, but after getting in balance my skin feels smooth and hydrated!"*

*In addition, my immune system, joint and muscle function is better, and I restitute a lot faster after exercise!"*

**TEST 1 8,5:1**

**TEST 2 1,4:1**

*Vinzent, 45 years old*



Take your test  
and find out!

# Find your number!

## 1. Take the test



## 2. Start using Zinzino products to nourish your body.



## 3. Review your test results after 14 days at [zinzinotest.com](http://zinzinotest.com)



## 4. Four months later, re-test and see your new number!



**MONEY-BACK GUARANTEE:** Applies if you have an Omega-6:3 balance of 3:1 or better on your first Balance Test. This offer is only valid if a monthly subscription was chosen.



# Choose Your Balance Formula:



## BalanceOil+

BalanceOil+ is an all-natural polyphenol Omega Balance food supplement.

- BalanceOil+ Orange Lemon Mint
- BalanceOil+ Grapefruit Lemon Lime



**Dosage:** 0,15 ml  
BalanceOil+ per kilo  
body weight.



# Get your Zinzino products for **FREE!**

Vibrant health is meant to be shared with the people you love and care about! As a satisfied Zinzino Customer, you have the opportunity receive your products for free. Just pay the shipping costs.



## It' simple and easy:

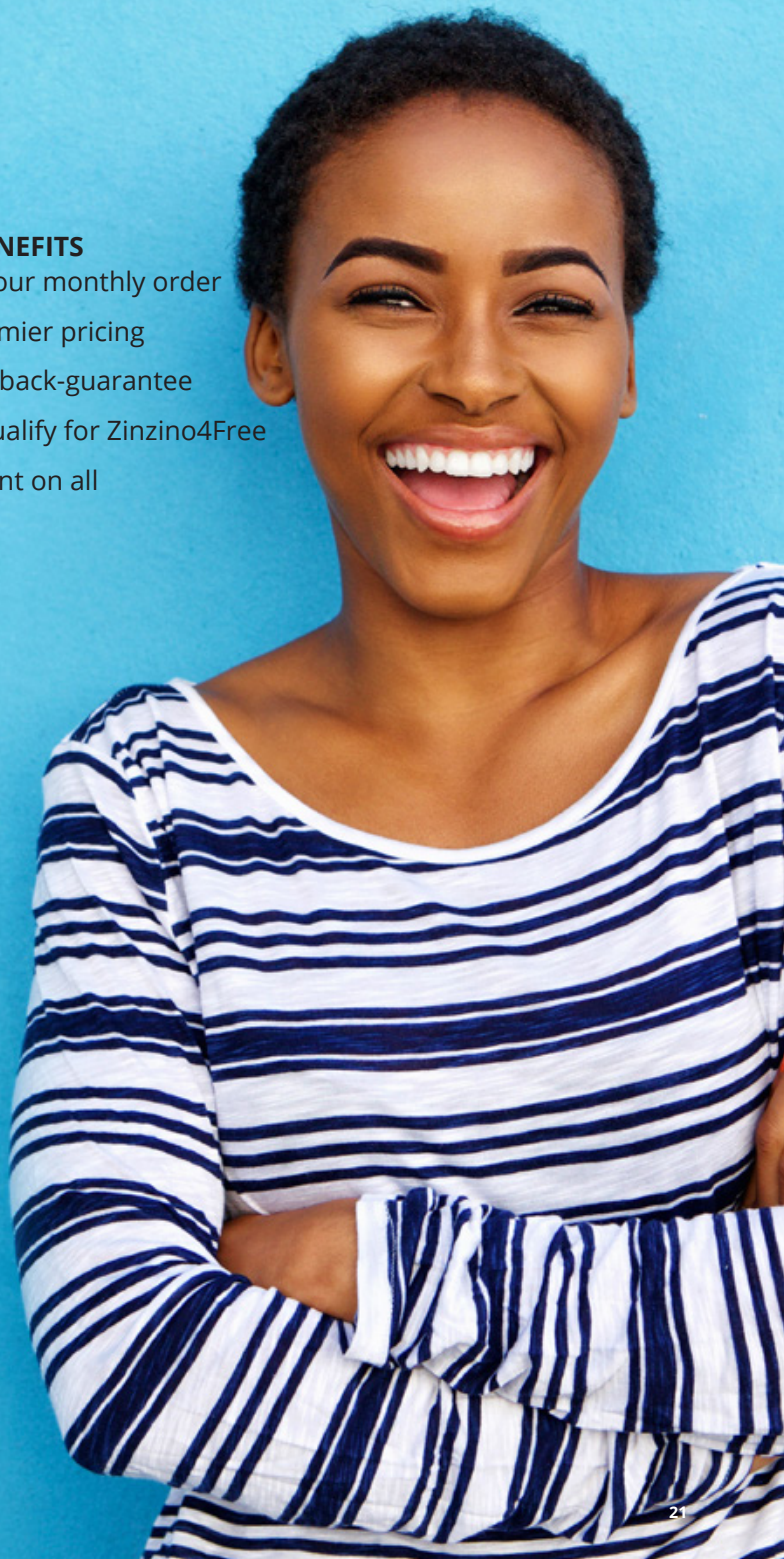
- 1.** Be on **Auto Order** for your favorite Zinzino products.
- 2.** **Refer four friends** who also purchase Zinzino wellness products.
- 3.** **Produce a volume** of at least four times your own order.
- 4.** Qualify for **free shipping** by using the Zinzino Balance App!





### **SUBSCRIPTION BENEFITS**

- ✓ Save money on your monthly order
- ✓ Access to our Premier pricing
- ✓ Receive a money-back-guarantee
- ✓ Opportunity to qualify for Zinzino4Free
- ✓ Significant discount on all Zinzino products







# ENJOY RADIANTLY BEAUTIFUL SKIN



## Skin Serum



Hydrates and smoothes the skin



Improves skin elasticity and strength



Reduces fine lines and wrinkles





## Essential Omega Super-Formula

Zinzino's unique, synergistic blend of essential high-grade fish oil, rich in the Omega-3 fatty acids EPA and DHA, also contains specially selected extra virgin olive oil with a high content of polyphenols. This is the ultimate essential Omega super-formula!

BalanceOil+ provides you with the necessary levels of Omega-3 to

achieve optimum wellness. It also provides you with the all-important polyphenols and safely adjusts and sustains levels of EPA and DHA in your body and the ratio between Omega-6 and Omega-3.

In addition, BalanceOil+ also provides you with Vitamin D<sub>3</sub>, which has multiple roles in your body, helping to maintain the health



of your bones and teeth. It also supports the immune system, brain, and nervous system.

BalanceOil+ is the ultimate essential Omega super-food! It supports optimal brain function (>250 mg EPA & DHA) and normal heart function, and boosts the immune system (Vitamin D<sub>3</sub>).



# Ensuring Your Products **ARE THE FINEST**

## **ZINZINO'S SCIENTIFIC ADVISORY BOARD**

You and your family deserve only the finest ingredients, blended to create the most effective results, and based on the most relevant science available. Zinzino provides all of that for you, with the help of our esteemed Scientific Advisory Board. These individuals are some of the brightest minds in the wellness and nutrition space, advising the company how to produce the finest products for you.







### **DR. PAUL CLAYTON**

Dr. Clayton is a pioneer in the study of the pharmacological effects of foods and botanical ingredients – and how they affect your health and physical performance. He received his Ph.D. in neuropharmacology from the University of Edinburgh. He is a former chair of the Forum on Food & Health at the Royal Society of medicine, and is currently a Fellow of the Institute of Food, Brain & Behavior at Oxford University.



### **DR. ANGELA M. RIZZO**

Dr. Rizzo is an expert in the biochemistry of lipids. She is a Professor of Biochemistry at the University of Milan. Her numerous publications include Journal of the American College of Nutrition and Nutrition Journal.



### **OLA EIDE**

Mr. Eide has founded several companies including industry leader BioActive Foods AS. He had a number of leadership positions, such as Chairman of the Board for the Norwegian and the Nordic food research program under the direction of The Norwegian Research Council and The Nordic Industry Fund (presently Nordic Innovation Centre) respectively. His many years of entrepreneurial and international board experience includes serving as the Director of Innovation at Mills DA and R&D Director at Tine Norwegian Dairies.



### **DR. ANANTHARAJ ABRAHAM**

Dr. Abraham has more than 40 years of experience in the health and nutrition industry. He qualified as a medical doctor in 1974 and has experience in both government hospitals and in various medical disciplines. In 2016-2019, Dr. Abraham has worked as corporate Medical Advisor for Nestlé Malaysia.

# ZINZINO

**INSPIRE** CHANGE IN LIFE









# We're Here for You!

At Zinzino, we're focused on extraordinary Customer service. We'll do everything we can to make sure you get the right selection of health and wellness products, when you want them and where you want them.

We offer a subscription service, which provides you the lowest price and makes sure the products you need and love are automatically replenished before you run out.

And because we own our own factory, you can be assured that you only receive the highest qualities of wellness products for you and your loved ones.

**ZINZINO**  
INSPIRE CHANGE IN LIFE

# INSIDE...

- The test that shows you your Omega-6:3 Balance
- Sculpt your ideal physique
- How to get wellness products for free

Your personal Zinzino Partner:

**ZINZINO.COM**