

# BALANCEOIL TUTTI FRUTTI

## KIDS POLYPHENOL OMEGA BALANCE FOOD SUPPLEMENT



### PRODUCT HIGHLIGHTS

BalanceOil Tutti Frutti is an Omega supplement with a fresh, kid-friendly flavor. Our game-changing Polyphenol Omega Balance food supplement is made with an innovative blend of oils derived from wild-caught small fish and pre-harvested extra virgin olive oil for an efficient and effective absorption. The Tutti Frutti flavor makes it an easy-to-swallow formula that is suitable for the whole family. Specific recommendations for kids makes it easy to tailor to their individual Omega needs, safely restore the fatty acid balance, and support normal growth and development in children<sup>1</sup>.

### NATURAL INGREDIENTS

- ▶ Natural triglyceride fish oil
- ▶ Cold-pressed extra virgin olive oil
- ▶ Natural Vitamin D<sub>3</sub> from lanolin

### GET BALANCED



Bring your child's Omega-6:3 ratio to 5:1 balance in 120 days with tailored dosage instructions to safely restore Omega-3 levels above the required index of 6% for children.



### TEST-BASED NUTRITION

See your individualized test results before and after you start taking BalanceOil Tutti Frutti.



### ULTRA-PURE

Molecularly tested for toxins to ensure freshness, safety and purity you can trust.



### GROWTH AND DEVELOPMENT IN CHILDREN

Synergistic formula that contributes to children's normal growth and development<sup>1</sup>, of the eyes<sup>2-4</sup>, brain<sup>5,6</sup>, bone<sup>7</sup>, and to normal function of the immune system in children<sup>8</sup>.



### CARE FOR THE FUTURE, TODAY

By choosing BalanceOil Tutti Frutti, you're supporting a balanced ocean ecosystem with a certified sustainable source of wild-caught fish.

## FISH AND OLIVE OIL IN PERFECT BALANCE WITH PROVEN RESULTS

The scientific formulation inside BalanceOil Tutti Frutti combines a unique fish oil grade with beneficial amounts of both Omega-3 and Omega-7, along with a scientifically certified measure of olive oil that provides polyphenols, phytonutrients, and Omega-9 in high quantities, and thus contributes to the enhanced oxidative stability of Omega-3 lipids.<sup>9</sup>

The polyphenols bind to the Omega-3s and act as effective antioxidants, preventing the lipids from oxidating.<sup>9</sup> The polyphenols of the olive oil mimic the polyphenols naturally present in fish and transfer the fragile Omega-3 through the body until delivering them securely within the cell membranes. The polyphenols and the marine lipids collaborate in a highly synergetic way, making it possible for the body to safely absorb, adjust, and maintain the Omega-3 blood levels above the required 6% for children and 8% for adults necessary to achieve an Omega-6:3 balance below 3:1 or 5:1 for kids.

The average Omega-6:3 ratio for people not taking an Omega-3 supplement is 12:1 for Northern Europe, 15:1 for Europe, and 25:1 for USA, as revealed by researching the world's largest database of essential fatty acids, with 800,000+ tests analyzed at the independent laboratory, Vitas Analytical Services. After taking BalanceOil products for 120-days, the average ratio for most children is below 5:1 and for most adults below 3:1.

## SPANISH EXTRA VIRGIN OLIVE OIL IN BALANCEOIL TUTTI FRUTTI

BalanceOil Tutti Frutti is made with extra virgin olive oil from the Spanish Picual olive which is selected for its richness in Omega-9 and very high antioxidant content. The olives are of pre-harvest quality and in the process the stones are taken out and only the fruits are cold pressed, resulting in an extra virgin oil, rich in Omega-9 (Oleic acid) with very high content of antioxidants called polyphenols (above 750 mg/kg). The polyphenols protect the BalanceOil Tutti Frutti in the bottle but even more importantly, also your cells.

## EXTRA VIRGIN OLIVE OIL PHYTONUTRIENT PROFILE

Olive Polyphenols	750 mg / kilo
Hydroxytyrosol & Tyrosol	330 mg / kilo
Oleocanthal + Oleacein	490 mg / kilo
Oleuropein	64 mg / kilo
Squalene	4230 mg / kilo
Vitamin E	300 mg / kilo
Maslinic acid	100 mg / kilo

## THE UNIQUE BLEND OF FISH OIL SUPPORTING GROWTH AND NORMAL BRAIN FUNCTION

The fish oil used in BalanceOil Tutti Frutti is a selectively sourced fish oil grade 20/10 EPA/DHA (vs the industry standard of 18/12), with a unique essential fatty acid profile for both Omega-3 (EPA, DHA, DPA) and Omega-7 (POA, VA). The fish oils we choose are derived from short-lived, wild-caught, small pelagic fish. Primarily, these are anchovies, but we also include sardines and mackerel. All of our oil is derived from fishing areas certified by Friend of the Sea for sustainable fishing in unpolluted waters, something that is ecologically imperative and essential when it comes to getting a high-quality oil free from heavy metals, PCBs, and other toxins.

The fish are carefully steam cooked (no chemicals or solvents are used in this process at any stage), and then the whole fish is pressed in order to retrieve the oil (approx. 3-5% of the fish). As with all fish oils, the oil needs to be refined through a 4-step process. This is done by the manufacturer, LYSI in Iceland, and it eliminates flavours, odors, and any environmental contaminants that otherwise could spoil the quality of the product. Hence our fish oil complies with all EFSA, FDA, and other strict regulations that are found around the globe. LYSI meets all regulatory quality requirements and are GMP certified for food and pharmaceutical products. Thus, the BalanceOil Tutti Frutti products are also GMP certified.

## NATURAL TOCOPHEROLS

Mixed tocopherols are a commonly used antioxidant in dietary supplements. The natural tocopherols used are specifically made from GMO-free, highly refined, soybean oil distillates, which undergo further refining to ensure that they do not contain any soy proteins. This means that no allergens are present within the product. The typical composition inside BalanceOil Tutti Frutti is alpha-, beta-, gamma-, and delta-tocopherols.

## PURE VITAMIN D<sub>3</sub>

BalanceOil Tutti Frutti contains vitamin D<sub>3</sub> (cholecalciferol). We use a natural vitamin D<sub>3</sub> made from lanolin, a naturally occurring fat found in sheep's wool. The vitamin D<sub>3</sub> is made by dissolving a precursor to vitamin D<sub>3</sub> from the lanolin. It is then chemically altered and activated by exposure to ultraviolet (UV) light. The chemical process is comparable to the process which occurs in the human skin when it produces vitamin D<sub>3</sub> from sunlight exposure.



Norwegian Formulation. Produced in Iceland.

ZINZINO

## KEY BENEFITS

- ▶ **Contributes to normal growth and development in children<sup>1</sup> since the product is a source of essential fatty acids**
- ▶ **Contributes to normal brain development<sup>5,6</sup> as the daily dosage contains 285 mg DHA**
- ▶ **Contributes to a normal function of the immune system in children<sup>8</sup> as the daily dosage contains 8,3 µg Vitamin D<sub>3</sub> (160% of NRV)**
- ▶ **Helps maintain sufficient levels of EPA and DHA in your body since the product is rich in Omega-3 fatty acids<sup>10</sup>**
- ▶ **Helps maintain optimal Omega-6:3 levels in your body since the product is rich in Omega-3 fatty acids<sup>10</sup>**
- ▶ **Supports normal visual development<sup>2-4</sup> as the daily dosage contains 285 mg DHA**
- ▶ **Contributes to normal growth and development of bone in children<sup>7</sup> since the daily dosage contains 8,3 µg Vitamin D<sub>3</sub>**

### GROWTH AND DEVELOPMENT

Essential fatty acids are needed for normal growth and development in children<sup>1</sup>, which is beneficial to children's health. Normal growth and development requires adequate intakes of energy and all essential nutrients, including the essential fatty acids α-Linolenic acid (ALA), which can be synthesized to long chain fatty acids such as the long-chain omega-3 fatty acids, EPA and DHA. BalanceOil Tutti Frutti is a pure and fresh source of the omega-3s, delivered in the triglyceride molecular form – the form naturally found in fish, and the form your body most easily absorbs.

### BRAIN FUNCTION

A key function of dietary DHA is that it contribute to the maintenance of normal brain function.<sup>6</sup> For the child, their Omega-3 needs start within the womb, which is supplied from the mothers. Thus, the maternal intake of DHA contributes to normal brain development of the fetus and breastfed infants.<sup>5</sup> The long-chained Omega-3 fatty acids are important for child health, and for the health of the mothers too.

### THE IMMUNE SYSTEM

BalanceOil Tutti Frutti contains vitamin D<sub>3</sub>, which is vitally important for the immune system in children, as it contributes to its normal function<sup>8</sup>.

### EYE HEALTH

Eyes need essential fats like DHA to perform the incredible function of sight. DHA maternal intake contribute to normal development of the eye of the foetus and breastfed infants<sup>2</sup>, DHA intake in infants up to 12 month contribute to normal visual development<sup>3</sup>, and in general, DHA contributes to the maintenance of normal vision<sup>4</sup>.

## SUPPLEMENT FACTS

NUTRITION INFORMATION		
5 mL per serving This pack contains 60 servings		
	per serving	per 100 mL
Energy	44 kcal	873 kcal
Protein	0 g	0 g
Total Fat	4.9 g	97 g
Saturated fat	1.1 g	22 g
Trans fat	0 g	0 g
Carbohydrates	0 g	0 g
Sugar	0 g	0 g
Sodium	0 mg	0 mg
Omega-3 Fatty Acids	1033 mg	20653 mg
EPA Eicosapentaenoic Acid	535 mg	10700 mg
DHA Docosahexaenoic Acid	285 mg	5693 mg
Omega-9 Fatty Acids	1279 mg	25573 mg
Vitamin D	8.3 mcg	166.7 mcg

**RECOMMENDED DAILY DOSAGE:** Age 2-10 years (or up to 40 kg): 0.20 ml per kilo body weight. Example: A child who weighs 25 kg takes 5 ml daily. Age 11+ and adults: 0.15 ml per kilo body weight. Example Adults who weigh 80 kg takes 12 ml daily. Do not exceed recommended daily dose. Food supplements are not intended as a substitute for a balanced and varied diet and healthy lifestyle.

**CAUTION:** If taking blood-thinning medication, consult your doctor before using BalanceOil Tutti Frutti.

**STORAGE:** Store unopened bottles in a dark dry place at room temperature or in a refrigerator. Store opened bottles in a refrigerator and use within 45 days. The oil may become cloudy at temperatures lower than 4 °C due to the solidification of the olive oil. The oil will clear at room temperature. Keep out of reach of children.

**INGREDIENTS:** Fish oils (from anchovy, mackerel, sardine), extra virgin olive oil, tocopherol-rich extract (antioxidants), Tutti Frutti flavor, vitamin D<sub>3</sub> (cholecalciferol).

**GMO-FREE:** Our products are GMO-free (i.e. free of genetically modified organisms).

**ZINZINO POLYPHENOL BLEND:** Hydroxytyrosol, tyrosol, oleuropein, oleocanthal and flavonoids.

**ZINZINO BALANCE BLEND:** Omega-3 (EPA, DHA, DPA), Omega-7, Omega-9 and vitamin D<sub>3</sub>.

**CONTENT:** 300 ml

## BALANCEOIL TUTTI FRUTTI HEALTH CLAIMS (EU)

<sup>1</sup> EFSA, *Essential fatty acids are needed for normal growth and development of children.*, in Art.14(1)(b) - Children's Health and Development Claims. Information to the consumer that the beneficial effect is obtained with a daily intake of 2 g of  $\alpha$ -linolenic acid (ALA) and a daily intake of 10 g of linoleic acid (LA).

<sup>2</sup> EFSA, *Docosahexaenoic acid (DHA) maternal intake contributes to the normal development of the eye of the foetus and breastfed infants.*, in Art.14(1)(b) - Children's Health and Development Claims. Information shall be given to pregnant and lactating women that the beneficial effect is obtained with a daily intake of 200 mg of DHA in addition to the recommended daily intake for omega-3 fatty acids for adults, i.e.: 250 mg DHA and eicosapentaenoic acid (EPA). The claim can be used only for food which provides a daily intake of at least 200 mg DHA

<sup>3</sup> EFSA, *Docosahexaenoic acid (DHA) intake contributes to the normal visual development of infants up to 12 months of age.*, in Art.14(1)(b) - Children's Health and Development Claims. Information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 100 mg of DHA. When the claim is used on follow-on formula, the food shall contain at least 0,3 % of the total fatty acids as DHA.

<sup>4</sup> EFSA, *Docosahexaenoic acid (DHA) contributes to the maintenance of normal vision.*, in Art.13(1) - General Function Health Claims. The claim may be used only for food which contains at least 40 mg of DHA per 100 g and per 100 kcal. In order to bear the claim information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 250 mg of DHA.

<sup>5</sup> EFSA, *Docosahexaenoic acid (DHA) maternal intake contributes to the normal brain development of the foetus and breastfed infants.*, in Art.14(1)(b) - Children's Health and Development Claims. Information shall be given to pregnant and lactating women that the beneficial effect is obtained with a daily intake of 200 mg of DHA in addition to the recommended daily intake for omega-3 fatty acids for adults, i.e.: 250 mg DHA and EPA. The claim can be used only for food which provides a daily intake of at least 200 mg DHA

<sup>6</sup> EFSA, *Docosahexaenoic acid (DHA) contributes to maintenance of normal brain function.*, in Art.13(1) - General Function Health Claims. The claim may be used only for food which contains at least 40 mg of DHA per 100 g and per 100 kcal. In order to bear the claim information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 250 mg of DHA.

<sup>7</sup> EFSA, *Vitamin D is needed for normal growth and development of bone in children.*, in Art.14(1)(b) - Children's Health and Development Claims. The claim can be used only for food which is at least a source of Vitamin D as referred to in the claim SOURCE OF [NAME OF VITAMIN/S] AND/OR [NAME OF MINERAL/S] as listed in the Annex to Regulation 1924/2006.

<sup>8</sup> EFSA, *Vitamin D contributes to the normal function of the immune system in children.*, in Art.14(1)(b) - Children's Health and Development Claims. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF [NAME OF VITAMIN/S] AND/OR [NAME OF MINERAL/S] as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>9</sup> EFSA, *Olive oil polyphenols contribute to the protection of blood lipids from oxidative stress.*, in Art.13(1) - General Function Health Claims. The claim may be used only for olive oil which contains at least 5 mg of hydroxytyrosol and its derivatives (e.g. oleuropein complex and tyrosol) per 20 g of olive oil. In order to bear the claim information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 20 g of olive oil.

<sup>10</sup> EFSA, *High omega-3 fatty acids.*, in Permitted nutrition claims in Annex of Regulation (EC) No 1924/2006. The product contains at least 0.6g  $\alpha$ -linolenic acid per 100g AND per 100kcal, or at least 80mg of the sum of eicosapentaenoic acid and docosahexaenoic acid per 100g AND per 100kcal.

# BALANCEOIL TUTTI FRUTTI

兒童多酚 OMEGA 平衡營養補充品



## 產品特色

BalanceOil Tutti Frutti 是一種 Omega 補充品，風味清爽，適合兒童。我們創新的 Omega 平衡多酚營養補充品是由以下油品創新調製而成，包括來自野生小魚的萃取油，以及特級初榨橄欖油，以便能夠快速有效地吸收。綜合水果口味配方易於入口，適合全家人。對兒童攝取量的精確建議讓我們得以輕鬆迎合他們對 Omega 的個別需求，安全地重建兒童體內脂肪酸的平衡，並有助於其正常的生長及發育<sup>1</sup>。

## 天然成分

- ▶ 天然三酸甘油酯魚油
- ▶ 冷壓特級初榨橄欖油
- ▶ 萃取自羊毛脂的維生素 D<sub>3</sub>

## 獲得平衡



依照量身訂製的攝取量指示，在 120 天內讓您孩子體內的 Omega-6:3 比例達到 5:1 的平衡，並將其體內 Omega-3 脂肪酸含量安全地提高至兒童所需的 6% 以上。

## 按測試結果調製的營養



在您開始服用 BalanceOil Tutti Frutti 之前與之後，查看您的個人化測試結果。

## 超純



分子檢測毒素，確保您可信賴的新鮮度、安全性和純度。

## 兒童的成長與發育



有助於兒童的正常成長與發育<sup>1</sup>，包含眼睛<sup>2-4</sup>、腦部<sup>5,6</sup>、骨骼<sup>7</sup>及其免疫系統之正常運作<sup>8</sup>的綜合增效配方。

## 從今天守護未來



您可以透過選擇 BalanceOil Tutti Frutti，使用具永續資源認證的野生魚獲，來聲援海洋平衡生態系統。

### 經實驗證明，魚油與橄欖油的完美平衡

BalanceOil Tutti Frutti 的科學配方結合了獨特等級的魚油，其中所含 Omega-3 與 Omega-7 已達到有益含量；再加上經科學認證的橄欖油量，可提供大量的多酚、植物營養素和 Omega-9，因而有助於提升 Omega-3 脂質的氧化穩定性。<sup>9</sup>

多酚和 Omega-3 脂肪酸結合後成為有效的抗氧化劑，可防止脂質氧化。<sup>9</sup> 橄欖油多酚就像魚類原先就含有的多酚一樣，可將脆弱的 Omega-3 脂肪酸傳輸到體內，直到安全地送到細胞膜中。多酚和海洋生物脂質結合產生高度協同作用，使人體能夠安全地吸收、調整，並將 Omega-3 脂肪酸的濃度維持在兒童所需的 6% 及成人所需的 8% 以上，以使 Omega-6:3 平衡能夠低於 3:1 或兒童所需的低於 5:1。

針對全球最大必需脂肪酸資料庫進行的研究，以及在獨立實驗室 Vitas Analytical Services 執行分析的超過 80 萬份的檢測顯示，未服用 Omega-3 脂肪酸補充劑的人，Omega-6:3 的平均比例在北歐為 12:1、歐洲為 15:1，而美國則為 25:1。在服用 BalanceOil 產品 120 天後，多數兒童的平均比例低於 5:1，多數成人則低於 3:1。

### BALANCEOIL TUTTI FRUTTI 內含西班牙特級初榨橄欖油

BalanceOil Tutti Frutti 中的西班牙特級初榨橄欖油是用西班牙皮夸爾橄欖壓榨的特級初榨橄欖油製成，選用這種橄欖油的原因是其富含 Omega-9 和極高抗氧化成分。我們使用新鮮成熟的橄欖，將果核取出後，只有果肉經過冷壓，產生富含 Omega-9 (油酸) 的特級初榨油，以及稱為多酚的高單位 (高於 750 毫克/公斤) 抗氧化劑。多酚不僅能保護瓶內的 BalanceOil Tutti Frutti，更重要的是，它還能保護您的細胞。

### 特級初榨橄欖油的植物營養素含量

橄欖多酚	750 毫克 / 公斤
羥基酪醇與酪醇	330 毫克 / 公斤
橄欖油刺激醛 + 裂環烯醚萜	490 毫克 / 公斤
橄欖苦苷	64 毫克 / 公斤
鯊烯	4 230 毫克 / 公斤
維生素 E	300 毫克 / 公斤
山楂酸	100 毫克 / 公斤

### 獨家調和魚油，有助於成長及大腦功能的正常運作

BalanceOil Tutti Frutti 中使用的是精選來源的 20/10 EPA/DHA 等級魚油 (相較於 18/12 的業界標準)，含有獨特的 Omega-3 (EPA、DHA、DPA) 及 Omega-7 (POA、VA) 等必需脂肪酸。我們選擇的魚油萃取自生命週期較短，且以野生方式捕獲的小型遠洋魚類。主要為鯷魚，但也包括沙丁魚與鯖魚。我們取得魚油的所有海域，都是經過海洋之友認證，以永續漁業為目標的未受污染水域。這對獲得不含重金屬、多氯聯苯及其他毒物的高品質魚油來說，在生態上是必要的關鍵。魚經過精心蒸餾，過程中任何階段皆不使用化學物質或溶劑，接著為整條魚加壓以榨取魚油 (約是魚本身的 3-5%)。與所有魚油相同，榨取出的魚油需以四個步驟進行精煉。這些步驟由冰島的 LYSI 公司完成，可以消除味道、氣味及任何可能損害產品品質的環境污染物。因此，我們的魚油皆符合歐洲食品安全局 (EFSA)、美國食品藥物管理局 (FDA) 及全球各地嚴格的法規。LYSI 符合所有品質控管之要求，並通過食品與藥品的 GMP 認證。因此，BalanceOil Tutti Frutti 之產品也經過 GMP 認證。

### 天然生育酚

調和生育酚是膳食補充劑中常用的抗氧化劑。我們使用的天然生育酚僅以非基改成分裂成，由高度精煉的大豆油蒸餾萃取後再經過進一步精製，以確保其未含任何大豆蛋白，這代表產品未含過敏原。BalanceOil Tutti Frutti 中典型的組合物為  $\alpha$ -、 $\beta$ -、 $\gamma$ -、 $\delta$ -生育酚。

### 純正維生素 D<sub>3</sub>

BalanceOil Tutti Frutti 內含維生素 D<sub>3</sub> (膽鈣醇)。我們使用由羊毛脂製成的天然維生素 D<sub>3</sub>，這是一種羊毛中自然生成的油脂。維生素 D<sub>3</sub> 是透過溶解自羊毛脂取得的維生素 D<sub>3</sub> 先質而得。接著，透過暴露於紫外線 (UV) 光來改變和啟動化學變化。這項化學反應相當於在人體皮膚曬太陽後產生維生素 D<sub>3</sub> 的過程。

## 主要優勢

- ▶ 由於本產品是必需脂肪酸的來源，因此有助於兒童的正常成長與發育<sup>1</sup>
- ▶ 促進正常腦部發育<sup>5,6</sup>，因每日劑量含有 285 毫克的 DHA
- ▶ 有助於兒童免疫系統的正常運作<sup>8</sup>，因每日劑量含有 8.3 微克的維生素 D<sub>3</sub> (NRV 的 160%)
- ▶ 由於本產品富含 Omega-3 脂肪酸，因此有助於維持體內 EPA 與 DHA 的足夠濃度<sup>10</sup>
- ▶ 由於本產品富含 Omega-3 脂肪酸，因此有助於維持體內最理想的 Omega-6:3 濃度比例<sup>10</sup>
- ▶ 有助於視力的正常發展<sup>2-4</sup>，因每日劑量含有 285 毫克的 DHA
- ▶ 有助於兒童正常發育及骨骼發展<sup>7</sup> 因每日劑量含有 8.3 微克的維生素 D<sub>3</sub>

### 生長與發育

兒童的正常生長與發育需要必需脂肪酸<sup>1</sup>，因為這對兒童的健康有益。正常的生長發育需要攝取足夠的能量和所有必需的營養素，包括必需脂肪酸 α-亞麻酸 (ALA)。它可以合成為長鏈脂肪酸，例如長鍊 Omega-3 脂肪酸、EPA 和 DHA。BalanceOil Tutti Frutti 是一種純淨新鮮的 Omega-3 脂肪酸來源，以三酸甘油酯分子的形式提供，魚類裡本來就有這種我們的身體最容易吸收的形式。

**大腦功能** 食用 DHA 的一項主要功能是它有助於維持正常的大腦運作。<sup>6</sup> 以兒童而言，他們對 Omega-3 脂肪酸的需求從在子宮中就開始了，是由母親提供。因此，母體攝取 DHA 有助於胎兒和親餵寶寶的大腦正常發育。<sup>5</sup> 長鍊 Omega-3 脂肪酸對於兒童與母親的健康來說，都非常重要。

### 免疫系統

BalanceOil Tutti Frutti 含有維生素 D<sub>3</sub>，對兒童的免疫系統來說扮演著關鍵角色，可促進其發揮正常功能<sup>8</sup>。

### 眼睛健康

眼睛需要像 DHA 這樣的必需脂肪酸，來執行強大的視覺功能。母體攝取 DHA 有助於胎兒和親餵寶寶的眼睛正常發育<sup>2</sup>，未滿 12 個月的寶寶攝取 DHA 有助於視力的正常發展<sup>3</sup>，而且一般來說，DHA 也有助於維持正常的視力<sup>4</sup>。

## 補充劑說明

營養標示		
每一份量 5 毫升 本包裝含 60 份		
	每份	每100毫升
熱量	44 大卡	873 大卡
蛋白質	0 公克	0 公克
脂肪	4.9 公克	97 公克
飽和脂肪	1.1 公克	22 公克
反式脂肪	0 公克	0 公克
碳水化合物	0 公克	0 公克
糖	0 公克	0 公克
鈉	0 毫克	0 毫克
Omega-3 脂肪酸	1033 毫克	20653 毫克
EPA 二十碳五烯酸	535 毫克	10700 毫克
DHA 二十二碳六烯酸	285 毫克	5693 毫克
Omega-9 脂肪酸	1279 毫克	25573 毫克
維生素 D	8.3 微克	166.7 微克

**建議每日劑量：**2-10 歲 (或不超過 40 公斤)：每公斤體重使用 0.20 毫升。範例：體重 25 公斤的小孩每天攝取 5 毫升。11 歲以上及成年人：每公斤體重使用 0.15 毫升。範例：體重 80 公斤的成年人每天攝取 12 毫升。請勿超過建議每日劑量。營養補充品並非用來替代平衡多樣的飲食及健康的生活方式。

**注意：**若您有服用血液稀釋藥物，在使用 BalanceOil Tutti Frutti 前請先諮詢您的醫生。

**保存方式：**將未開封的瓶子存放在室溫陰涼處或冰箱。開封後存放在冰箱內並於 45 天內使用完畢。橄欖油會在低於 4 °C 的溫度下凝固，使外觀變渾濁。在室溫下會恢復清澈。請放在兒童無法取得處。

**成分：**魚油 (來自鯉魚、鯖魚、沙丁魚)、特級初榨橄欖油、富含生育酚的萃取物 (抗氧化劑)、綜合水果風味劑、維生素 D<sub>3</sub> (膽鈣醇)。

**無基改成分：**我們的產品不含基改成分 (不含經基因改造的製品)。

**ZINZINO 多酚混合物：**羥基酪醇、酪醇、橄欖苦苷、裂環烯醚萜、類黃酮。

**ZINZINO 平衡混合物：**Omega-3 (EPA、DHA、DPA)、Omega-7、Omega-9 和維生素 D<sub>3</sub>。

**內容物：**300 毫升

# BALANCEOIL TUTTI FRUTTI

## 健康宣稱 (歐洲食品安全局)

<sup>1</sup> 根據歐洲食品安全局，兒童的正常成長與發育需要必需脂肪酸。此宣稱係歐盟規則 1924/2006 第 14 條 (1)(b) 規定之促進兒童健康與發展宣稱。消費者應知悉，每日攝取 2 克的  $\alpha$ -亞麻酸 (ALA) 與 10 克的亞麻油酸 (LA) 有益身體健康。

<sup>2</sup> 根據歐洲食品安全局，母體攝取二十二碳六烯酸 (DHA) 有助於胎兒和親眼寶寶的眼睛正常發展。此宣稱係歐盟規則 1924/2006 第 14 條 (1)(b) 規定之促進兒童健康與發展宣稱。孕婦及哺乳期女性應知悉，在成人每日的 Omega-3 脂肪酸建議攝取量，即 250 毫克的 DHA 和二十碳五烯酸 (EPA) 之外，再多攝取 200 毫克 DHA，方能獲得有益效果。該宣稱僅適用於每日可提供至少 200 毫克 DHA 的食物。

<sup>3</sup> 根據歐洲食品安全局，未滿 12 個月大的嬰兒攝取 DHA，有助於視覺正常發展。此宣稱係第 14 條 (1)(b) 規定之促進兒童健康與發展宣稱。消費者應知悉，每日攝入 100 毫克 DHA 方能獲得有益效果。當此宣稱用於後續配方時，食物的總脂肪酸應包含至少 0.3% 的 DHA。

<sup>4</sup> 根據歐洲食品安全局，DHA 有助於維護視覺功能的正常。此宣稱係第 13 條 (1) 規定之一般功效宣稱。此宣稱僅適用於每 100 克及每 100 大卡含至少 40 毫克 DHA 的食物。為達宣稱功效，消費者應知悉，每日攝入 250 毫克 DHA 方能獲得有益效果。

<sup>5</sup> 根據歐洲食品安全局，母體攝取 DHA 有助於胎兒和親眼寶寶的腦部正常發展。此宣稱係第 14 條 (1)(b) 規定之促進兒童健康與發展宣稱。孕婦及哺乳期女性應知悉，除了成人每日建議攝取的 Omega-3 脂肪酸如 250 毫克 DHA 和 EPA 之外，每日還需攝取 200 毫克 DHA，方能獲得有益效果。該宣稱僅適用於每日可提供至少 200 毫克 DHA 的食物。

<sup>6</sup> 根據歐洲食品安全局，DHA 有助於維護大腦功能的正常運作。此宣稱係歐盟規則 1924/2006 第 13 條 (1) 規定之一般功效宣稱。此宣稱僅適用於每 100 克及每 100 大卡含至少 40 毫克 DHA 的食物。為達宣稱功效，消費者應知悉，每日攝入 250 毫克 DHA 方能獲得有益效果。

<sup>7</sup> 根據歐洲食品安全局，兒童骨骼的正常成長與發育需要維生素 D。此宣稱係歐盟規則 1924/2006 第 14 條 (1)(b) 規定之促進兒童健康與發展宣稱。此宣稱僅可適用於，至少為歐盟規則 1924/2006 附錄規定之「[維生素名稱]和/或[礦物質名稱]來源」宣稱 (SOURCE OF [NAME OF VITAMIN/S] AND/OR [NAME OF MINERAL/S]) 所指之維生素 D 來源的食物。

<sup>8</sup> 根據歐洲食品安全局，兒童免疫系統的正常運作需要維生素 D。此宣稱係歐盟規則 1924/2006 第 14 條 (1)(b) 規定之促進兒童健康與發展宣稱。此宣稱僅得適用於，至少為歐盟規則 1924/2006 附錄規定之「[維生素名稱]和/或[礦物質名稱]來源」宣稱 (SOURCE OF [NAME OF VITAMIN/S] AND/OR [NAME OF MINERAL/S]) 所指之維生素 D 來源的食物。

<sup>9</sup> 根據歐洲食品安全局，橄欖油多酚有助於降低氧化壓力對血脂的影響。此宣稱係歐盟規則 1924/2006 第 13 條 (1) 規定之一般功效宣稱。此宣稱僅適用於每 20 克至少含有 5 毫克羥基醌醇及其衍生物 (如橄欖苦苷複合物及醌醇) 的橄欖油。為達宣稱功效，消費者應知悉，每日攝入 20 克的橄欖油方能獲得有益效果。

<sup>10</sup> 根據歐洲食品安全局，此為符合歐盟法規 1924/2006 附錄規定之允許營養品宣稱中的高含量 Omega-3 脂肪酸。產品每 100 克及每 100 大卡中，均含有至少 0.6 克的  $\alpha$ -亞麻酸，或均含有總量至少 80 毫克的 EPA 與 DHA。