

BALANCEOIL+ AQUAX

ALL-NATURAL POLYPHENOL OMEGA BALANCE FOOD SUPPLEMENT



HIGHLIGHTS REGARDING BALANCEOIL+ AQUAX

BalanceOil+ AquaX is a breakthrough in Omega-3 science. AquaX is a form of BalanceOil that contains Aquacelle, a unique natural emulsifier that dissolves BalanceOil in water. This dramatically improves the taste, texture and in many cases the absorption of Omega-3. Just mix the daily dosage of BalanceOil+ AquaX in water or any cold liquid of your choice and experience how taste and texture of fish oil practically disappear. Simply shake the bottle, then pour, stir, drink and enjoy!

Content: 300 ml

ALL-NATURAL INGREDIENTS

- ▶ Fish oil from wild-caught small fish
- ▶ Cold-pressed extra virgin olive oil
- ▶ The emulsifier Aquacelle, which is made from natural sources
- ▶ Contains only natural flavour

POLYPHENOL PROTECTION



Protect your cells from rusting (oxidation). Olive oil polyphenols contribute to the protection of blood lipids from oxidative damage.⁶



GET BALANCED

Bring your Omega-6:3 ratio to 3:1 balance in 120 days.



TEST-BASED NUTRITION

See your individualized before and after test results.



ULTRA-PURE

Molecularly tested for toxins to ensure freshness, safety and purity you can trust.



NEXT GEN NUTRITION

Synergistic formula that contributes to normal heart², brain¹ and immune³ function.



CARE FOR THE FUTURE, TODAY

By choosing BalanceOil+, you're supporting a balanced ocean ecosystem with a certified sustainable source of wild-caught fish.

ZINZINO

SUPPLEMENT FACTS

Nutritional value and contents in:	7.5 ml	12 ml
Fish oil	4142 mg	6627 mg
Omega-3 fatty acids	1549 mg	2478 mg
of which EPA	802 mg	1283 mg
of which DHA	427 mg	683 mg
Olive oil	2557 mg	4092 mg
of which oleic acid (Omega-9)	1918 mg	3069 mg
of which polyphenols	2.2 mg	3.5 mg
Vitamin D ₃ (250% of RV*)	12.6 µg	
(400% of RV*)		20 µg
*RV = reference value		

SUGGESTED USE: 0.15 ml x kilo body weight. Adjust serving size based on body weight. Adults with body weight 50 kg: 7.5 ml daily. Adults with body weight 80 kg: 12 ml daily. Do not exceed recommended daily dosage. Food supplements are not intended as a substitute for a balanced and varied diet.

IMPORTANT: The daily dosage must always be blended with any cold liquid in a large glass minimum (1.5 dl / 15 cl /150 ml). The emulsifier inside the bottle is visible as a thick liquid, and in order to get the right amount of the emulsifier in your daily dosage, the bottle must be shaken properly every time before you pour your daily dose.

Add BalanceOil+ AquaX to water and you have a mild lemon flavour drink. Or, add it to orange juice, iced tea or any cold drink of your choice, but never hot drinks. Then stir it well with a spoon and drink at once because after 2-3 minutes some of the oil will reappear at the top of the glass.

INGREDIENTS: Fish oils, emulsifiers (coconut oil fractionated, polyglycerol polyricinoleate, mono- and diglycerides of fatty acids, oat oil, lecithin, citrus oil, olive oil), mixed tocopherols (antioxidant), natural lemon flavour, vitamin D₃ (cholecalciferol).

CAUTION: If taking blood-thinning medication, consult your doctor before using BalanceOil+.

STORAGE: Store unopened bottles in a dark dry place at room temperature or in a refrigerator. Store opened bottles in a refrigerator and use within 45 days. The oil may become cloudy at temperatures lower than 4 °C due to the solidification of the olive oil. The oil will clear at room temperature. Keep out of reach of children.

ZINZINO POLYPHENOL BLEND: Hydroxytyrosol, tyrosol, oleuropein, oleocanthal and flavonoids.

ZINZINO BALANCE BLEND: Omega-3 (EPA, DHA, DPA), Omega-7, Omega-9 and Vitamin D₃.

NATURAL: BalanceOil+ is made only from ingredients coming from natural sources.

GMO-FREE: Our products are GMO-free (i.e. free of genetically modified organisms).



Norwegian Formulation. Produced in Norway.

FISH OIL

The fish oils used in BalanceOil+ have a strict specification for EPA and DHA that efficiently optimizes the Omega-6:3 fatty acid balance in the body within 120 days. The fish oils we use are primarily derived from short-lived, small pelagic fish such as sardines and anchovies. The fish oils are derived from whole, unprocessed fish. The oil goes through a refining process to remove environmental contaminants (if any is present) and is certified as free from heavy metals and other toxins. LYSI, the manufacturer of BalanceOil+, meets all regulatory requirements for production, and follows GMPs (Good Manufacturing Practices) for food and pharmaceutical products.

EXTRA VIRGIN OLIVE OIL

The Spanish Picual olive is selected due to its richness in Omega-9 and very high antioxidant content. The olives are of pre-harvest quality and in the process the stones are taken out and only the fruits are cold-pressed, resulting in an extra virgin oil rich in Omega-9 (oleic acid) with very high content of antioxidants called polyphenols (above 750 mg/kg⁵), both with several beneficial effects.¹⁵ The polyphenols protect BalanceOil+ in the bottle but even more importantly, also your cells.⁶

VITAMIN D₃

BalanceOil+ contains vitamin D₃ (cholecalciferol). We use a natural vitamin D₃ (cholecalciferol) made from lanolin. Lanolin is a naturally occurring fat found in sheep's wool. The vitamin D₃ is made by dissolving a precursor to vitamin D₃ from the lanolin. It is then chemically altered and activated by exposure to ultraviolet (UV) light. The chemical process is comparable to the process which occurs in the human skin when it produces vitamin D₃.

NATURAL TOCOPHEROLS

Mixed tocopherols are commonly used antioxidants in dietary supplements. The natural tocopherols used are made from GMO-free, highly refined soy bean oil distillates, which undergo further refining and therefore do not contain any soy proteins. This means there are no allergens present. The typical composition is: alpha-, beta-, gamma- and delta-tocopherols.

AQUACELLE – A NATURAL EMULSIFIER

The emulsifier used in BalanceOil+ AquaX is made only from natural sources e.g. coconut oil, citrus oil, oat oil and similar. When AquaX is mixed with a cold liquid, the emulsifier dissolves the AquaX into very small droplets and thus it blends with the liquid. The texture and the taste of the AquaX almost disappears. Blend it with orange juice or any other drink with a strong flavour and the taste will totally disappear. Never blend AquaX with warm liquids.

IMPORTANT

It is very important to shake the bottle properly every time you want to pour your daily dosage into your glass.

KEY FEATURES OF BALANCEOIL+ AQUAX

Traditional fish oils have a taste and smell that many simply do not like. BalanceOil+ AquaX being a fish oil / olive oil blend, which tastes better than pure fish oil but there is still a slight taste of fish and olive and the texture of oil that you will experience in your mouth. Some people, especially children, struggle with oils in general, and some are poor absorbers. When BalanceOil+ AquaX is blended with water, however, the Aquacelle emulsifier almost makes the taste and the texture disappear.

FISH AND OLIVE OIL SYNERGY = RESULTS

Our scientists formulated BalanceOil+ to combine the Omega-3 with the correct amounts of olive oil that provides Omega-9 and antioxidants in extra high amounts. This synergistic combination makes it possible to safely adjust and maintain good Omega-3 levels in your body to achieve an Omega-6:3 Balance below 3:1.

PROOF OF BALANCE IN 120 DAYS

Our certified laboratories are responsible for analyzing the dried blood spot tests for eleven fatty acids in the blood, making our database the world's largest of its kind. The average Omega-6:3 ratio for people not taking an Omega-3 supplement is 12:1 for Northern Europe, 15:1 for Europe and 25:1 for the USA. After taking BalanceOil+ products for 120 days, the average ratio for most people is below 3:1.

BRAIN FUNCTION

BalanceOil+ contains EPA and DHA which maintain normal brain function.¹ For pregnant and lactating women, DHA contributes to the normal brain development of the fetus and breastfed infants.¹ The long-chained Omega-3 fatty acids are important for our health, and for the health of the next generation, too.

HEART FUNCTION

EPA and DHA have approved health claims for heart health. They contribute to the normal function of our hearts.²

IMMUNE SYSTEM

BalanceOil+ contains vitamin D₃, vitally important for the immune system as it contributes to its normal function.³

OXIDATION PROTECTION

Hydroxytyrosol from olives contributes to the protection of blood lipids from oxidative damage when the daily dose is 5 mg or more.⁶ Lipids are fat-like substances found in your blood and body tissues, such as cholesterol or triglycerides which are important for our heart health.

KEY BENEFITS

- ▶ **Contributes to normal brain function¹ and heart function² since the daily dosage contains 700 mg DHA**
- ▶ **Contributes to a normal immune system³ since the daily dosage contains 20 µg Vitamin D₃**
- ▶ **Helps maintain good levels of EPA and DHA in your body**
- ▶ **Helps maintain optimal Omega-6:3 levels in your body**
- ▶ **Helps maintain polyphenol levels in your body to protect blood lipids from oxidative stress⁶**
- ▶ **Supports healthy and normal eye function since it contains 700 mg DHA⁷**
- ▶ **Contributes to normal bones¹¹, muscle function¹², normal teeth¹³ and cell division¹⁴ since the daily dosage contains 20 µg Vitamin D₃**
- ▶ **Supports normal blood triglyceride levels⁸, normal blood pressure⁹ and normal blood calcium levels¹⁰**

BALANCEOIL+ HEALTH CLAIMS (EFSA)

¹DHA contributes to the maintenance of normal brain function. The claim may be used only for food which contains at least 40 mg of DHA per 100 g and per 100 kcal. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 250 mg of DHA. Docosahexaenoic acid (DHA) maternal intake contributes to the normal brain development of the fetus and breastfed infants. Information shall be given to pregnant and lactating women that the beneficial effect is obtained with a daily intake of 200 mg of DHA in addition to the recommended daily intake of Omega-3 fatty acids for adults, i.e. 250 mg DHA and EPA. The claim may be used only for food which provides a daily intake of at least 200 mg DHA.

²EPA and DHA contribute to the normal function of the heart. The claim may be used only for food which is at least a source of EPA and DHA as referred to in the claim SOURCE OF Omega-3 FATTY ACIDS as listed in the Annex to Regulation (EC) No 1924/2006. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 250 mg of EPA and DHA.

³Vitamin D contributes to the normal function of the immune system. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

⁴A claim that a food is high in Omega-3 fatty acids, and any claim likely to have the same meaning for the consumer, may only be made where the product contains at least 0.6 g alpha-linolenic acid per 100 g and per 100 kcal, or at least 80 mg of the sum of eicosapentaenoic acid and docosahexaenoic acid per 100 g and per 100 kcal. Analyzed and certified at source.

⁵The extra virgin oil used in BalanceOil+ comes from Picual olives that are cold-pressed and specially selected for their high polyphenol content (above 750 mg/kg). Analyzed and certified at source.

⁶Olive oil polyphenols contribute to the protection of blood lipids from oxidative stress. The claim may be used only for olive oil which contains at least 5 mg of hydroxytyrosol and its derivatives (e.g. oleuropein complex and tyrosol) per 20 g of olive oil. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 20 g of olive oil.

⁷DHA contributes to the maintenance of normal vision. The claim may be used only for food which contains at least 40 mg of DHA per 100 g and per 100 kcal. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 250 mg of DHA. Docosahexaenoic acid (DHA) intake contributes to the normal visual development of infants up to 12 months of age. Information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 100 mg of DHA. When the claim is used on follow-on formula, the food shall contain at least 0.3% of the total fatty acids as DHA.

⁸DHA and EPA contribute to the maintenance of normal blood triglyceride levels. The claim may be used only for food which provides a daily intake of 2 g of EPA and DHA. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 2 g of EPA and DHA. When the claim is used on food supplements and/or fortified foods, information shall also be given to consumers not to exceed a supplemental daily intake of 5 g of EPA and DHA combined. DHA contributes to the maintenance of normal blood triglyceride levels. The claim may be used only for food which provides a daily intake of 2 g of DHA and which contains DHA in combination with eicosapentaenoic acid (EPA). In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 2 g of DHA. When the claim is used on food supplements and/or fortified foods, information shall also be given to consumers not to exceed a supplemental daily intake of 5 g of EPA and DHA combined.

⁹DHA and EPA contribute to the maintenance of normal blood pressure. The claim may be used only for food which provides a daily intake of 3 g of EPA and DHA. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 3 g of EPA and DHA. When the claim is used on food supplements and/or fortified foods, information shall also be given to consumers not to exceed a supplemental daily intake of 5 g of EPA and DHA combined.

¹⁰Vitamin D contributes to normal blood calcium levels. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

¹¹Vitamin D contributes to the maintenance of normal bones. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

¹²Vitamin D contributes to the maintenance of normal muscle function. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

¹³Vitamin D contributes to the maintenance of normal teeth. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

¹⁴Vitamin D has a role in the process of cell division. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

¹⁵Oleic acid (Omega-9) is an unsaturated fat. Replacing saturated fats in the diet with unsaturated fats contributes to the maintenance of normal blood cholesterol levels.