

# BALANCEOIL+

## ALL-NATURAL POLYPHENOL OMEGA BALANCE FOOD SUPPLEMENT



### PRODUCT HIGHLIGHTS

BalanceOil+ is our signature range of all-natural Polyphenol Omega Balance food supplements. Based on our unique, scientific formulation, this premium, innovative blend of oils derived from wild-caught small fish and pre-harvest extra virgin olive oil provides large amounts of polyphenols for an efficient and effective absorption and blood lipid protection. It safely increases and maintains your Omega-3 levels, adjusting your Omega-6:3 ratio, creating beneficial levels for your cholesterol, your heart<sup>2</sup>, and for your brain<sup>1</sup>.

### ALL-NATURAL INGREDIENTS

- ▶ Natural triglyceride fish oil
- ▶ Cold-pressed extra virgin olive oil
- ▶ Vitamin D<sub>3</sub> is derived from a natural source
- ▶ Certified natural flavors



### POLYPHENOL PROTECTION

Protect your cells from rusting (oxidation). Olive oil polyphenols contribute to the protection of blood lipids from oxidative damage.<sup>6</sup>



### GET BALANCED

Bring your Omega-6:3 ratio to 3:1 balance in 120 days.



### TEST-BASED NUTRITION

See your individualized test results before and after you start taking BalanceOil+.



### ULTRA-PURE

Molecularly tested for toxins to ensure freshness, safety and purity you can trust.



### NEXT GEN NUTRITION

Synergistic formula that contributes to normal heart<sup>2</sup>, brain<sup>1</sup> and immune<sup>3</sup> function.



### CARE FOR THE FUTURE, TODAY

By choosing BalanceOil+, you're supporting a balanced ocean ecosystem with a certified sustainable source of wild-caught fish.

## **BALANCEOIL+: FISH AND OLIVE OIL IN PERFECT BALANCE WITH PROVEN RESULTS**

The scientific formulation inside BalanceOil+ combines a unique fish oil grade with beneficial amounts of both Omega-3 and Omega-7, along with a scientifically certified measure of olive oil that provides polyphenols, phytonutrients, and Omega-9 in high quantities, and thus contributes to the enhanced oxidative stability of Omega-3 lipids.<sup>4</sup>

The polyphenols bind to the Omega-3s and act as effective anti-oxidants, preventing the lipids from oxidating.<sup>4</sup> The polyphenols of the olive oil mimic the polyphenols naturally present in fish and transfer the fragile Omega-3 through the body until delivering them securely within the cell membranes. The polyphenols and the marine lipids collaborate in a highly synergetic way, making it possible for the body to safely absorb, adjust, and maintain the Omega-3 levels above the required 8% necessary to achieve an Omega-6:3 balance below 3:1.

The average Omega-6:3 ratio for people not taking an Omega-3 supplement is 12:1 for Northern Europe, 15:1 for Europe, and 25:1 for USA, as revealed by researching the world's largest database of essential fatty acids, with 700,000+ tests analyzed at the independent laboratory, Vitas Analytical Services. After taking BalanceOil+ products for 120-days, the average ratio in all of these geographical areas is below 3:1.

### **SPANISH EXTRA VIRGIN OLIVE OIL IN BALANCEOIL+**

Balance Oil+ is made with extra virgin olive oil from the Spanish Picual olive which is selected for its richness in Omega-9 and very high antioxidant content. Omega-9 (Oleic acid) is an important feature, which actively supports the normalization of blood cholesterol levels.<sup>4</sup> The olives are of pre-harvest quality and in the process the stones are taken out and only the fruits are cold-pressed, resulting in an extra virgin oil, rich in Omega-9 (Oleic acid) with very high content of antioxidants called polyphenols (above 750 mg/kg), both with several beneficial effects.<sup>15</sup> The polyphenols protect the BalanceOil+ in the bottle but even more importantly, also your cells.

### **EXTRA VIRGIN OLIVE OIL PHYTONUTRIENT PROFILE**

Olive Polyphenols	750 mg / kilo
Hydroxytyrosol & Tyrosol	330 mg / kilo
Oleocanthal + Oleacein	490 mg / kilo
Oleuropein	64 mg / kilo
Squalene	4.230 mg / kilo
Vitamin E	300 mg / kilo
Maslinic acid	100 mg / kilo

### **THE UNIQUE BLEND OF FISH OIL SUPPORTING NORMAL HEART AND BRAIN FUNCTION**

The fish oil used in BalanceOil+ products is a selectively sourced fish oil grade 20/10 EPA/DHA (vs the industry standard of 18/12), with a unique essential fatty acid profile for both Omega-3 (EPA, DHA, DPA) and Omega-7 (POA, VA). The fish oils we choose are derived from short-lived, wild-caught, small pelagic fish. Primarily, these are anchovies, but we also include sardines and mackerel. All of our oil is derived from fishing areas certified by Friend of the Sea for sustainable fishing in unpolluted waters, something that is ecologically imperative and essential when it comes to getting a high-quality oil free from heavy metals, PCBs, and other toxins.

The fish are carefully steam cooked (no chemicals or solvents are used in this process at any stage), and then the whole fish is pressed in order to retrieve the oil (approx. 3-5% of the fish). As with all fish oils, the oil needs to be refined through a 4-step process. This is done by the manufacturer, LYSI in Iceland, and it eliminates flavours, odors, and any environmental contaminants that otherwise could spoil the quality of the product. Hence our fish oil complies with all EFSA, FDA, and other strict regulations that are found around the globe. LYSI meets all regulatory quality requirements and are GMP certified for food and pharmaceutical products. Thus, the BalanceOil+ products are also GMP certified.

### **NATURAL TOCOPHEROLS**

Mixed tocopherols are a commonly used antioxidant in dietary supplements. The natural tocopherols used are specifically made from GMO-free, highly refined, soybean oil distillates, which undergo further refining to ensure that they do not contain any soy proteins. This means that no allergens are present within the product. The typical composition inside BalanceOil+ is alpha-, beta-, gamma-, and delta-tocopherols.

### **PURE VITAMIN D<sub>3</sub>**

BalanceOil+ contains vitamin D<sub>3</sub> (cholecalciferol). We use a natural vitamin D<sub>3</sub> made from lanolin, a naturally occurring fat found in sheep's wool. The vitamin D<sub>3</sub> is made by dissolving a precursor to vitamin D<sub>3</sub> from the lanolin. It is then chemically altered and activated by exposure to ultraviolet (UV) light. The chemical process is comparable to the process which occurs in the human skin when it produces vitamin D<sub>3</sub> from sunlight exposure.



Norwegian Formulation. Produced in Iceland.

**ZINZINO**

## KEY BENEFITS

- ▶ **Contributes to normal brain function<sup>1</sup> as the daily dosage contains 700 mg DHA**
- ▶ **Contributes to a normal immune system<sup>3</sup> as the daily dosage contains 20 µg Vitamin D<sub>3</sub>**
- ▶ **Helps maintain sufficient levels of EPA and DHA in your body**
- ▶ **Helps maintain optimal Omega-6:3 levels in your body**
- ▶ **Helps maintain polyphenol levels in your body to protect blood lipids from oxidative stress<sup>6</sup>**
- ▶ **Supports healthy and normal eye function as it contains 700 mg DHA<sup>7</sup>**
- ▶ **Contributes to normal bones<sup>11</sup>, muscle function<sup>12</sup>, normal teeth<sup>13</sup> and cell division<sup>14</sup> since the daily dosage contains 20 µg Vitamin D<sub>3</sub>**
- ▶ **Supports normal blood triglyceride levels<sup>8</sup>, normal blood pressure<sup>9</sup> and normal blood calcium levels<sup>10</sup>**

### BRAIN FUNCTION

EPA and DHA have approved health claims for maintaining normal brain function.<sup>1</sup> For pregnant and lactating women, DHA contributes to normal brain development of the fetus and breastfed infants.<sup>1</sup> The long-chained Omega-3 fatty acids are important for our health, and for the health of the next generation too.

### HEART FUNCTION

EPA and DHA have approved health claims for heart health. They contribute to the normal function of our hearts.<sup>2</sup>

### THE IMMUNE SYSTEM

BalanceOil+ contains vitamin D<sub>3</sub>, which is vitally important for the immune system as it contributes to its normal function.<sup>3</sup>

### OXIDATION PROTECTION

Hydroxytyrosol from olives contributes to the protection of blood lipids from oxidative damage when the daily dose is 5 mg or more.<sup>6</sup> Lipids are fat-like substances found in your blood and body tissues, such as cholesterol or triglycerides which are important for our heart health.

## SUPPLEMENT FACTS

Nutritional value and contents in:	12 ml
Fish oil	6627 mg
Omega-3 fatty acids	2478 mg
of which C20:5 (EPA)	1283 mg
of which C22:6 (DHA)	683 mg
Olive oil	4092 mg
of which oleic acid (Omega-9)	3069 mg
of which polyphenols	3.5 mg
Vitamin D <sub>3</sub> (400% of RV*)	20 µg
*RV = reference value	

**ZINZINO POLYPHENOL BLEND:** Hydroxytyrosol, tyrosol, oleuropein, oleocanthal and flavonoids.

**ZINZINO BALANCE BLEND:** Omega-3 (EPA, DHA, DPA), Omega-7, Omega-9 and Vitamin D<sub>3</sub>.

**NATURAL:** BalanceOil+ is made from naturally sourced ingredients only.

**GMO-FREE:** Our products are GMO-free (i.e. free of genetically modified organisms).

**RECOMMENDED DAILY DOSAGE:** 0.15 ml per kilo body weight. Adjust serving size based on body weight. Adults with body weight 50 kg: 7.5 ml daily. Adults with body weight 80 kg: 12 ml daily. Do not exceed recommended daily dose. Food supplements are not intended as a substitute for a balanced and varied diet.

**INGREDIENTS:** Fish oils (from anchovy, mackerel, sardine), cold-pressed olive oil, mixed tocopherols (antioxidants), natural flavors\*, vitamin D<sub>3</sub> (cholecalciferol).

\* Natural vanilla flavor

\* Natural lemon flavor

\* Natural orange lemon mint flavor

\* Natural grapefruit lemon lime flavor

**CAUTION:** If taking blood-thinning medication, consult your doctor before using BalanceOil+.

**STORAGE:** Store unopened bottles in a dark dry place at room temperature or in a refrigerator. Store opened bottles in a refrigerator and use within 45 days. The oil may become cloudy at temperatures lower than 4 °C due to the solidification of the olive oil. The oil will clear at room temperature. Keep out of reach of children.

**CONTENT:** 300 ml

## BALANCEOIL+ HEALTH CLAIMS (EFSA)

<sup>1</sup> DHA contributes to the maintenance of normal brain function. The claim may be used only for food which contains at least 40 mg of DHA per 100 g and per 100 kcal. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 250 mg of DHA. Docosahexaenoic acid (DHA) maternal intake contributes to the normal brain development of the fetus and breastfed infants. Information shall be given to pregnant and lactating women that the beneficial effect is obtained with a daily intake of 200 mg of DHA in addition to the recommended daily intake of Omega-3 fatty acids for adults, i.e. 250 mg DHA and EPA. The claim may be used only for food which provides a daily intake of at least 200 mg DHA.

<sup>2</sup> EPA and DHA contribute to the normal function of the heart. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 250 mg of EPA and DHA.

<sup>3</sup> Vitamin D contributes to the normal function of the immune system.

<sup>4</sup> A claim that a food is high in Omega-3 fatty acids, and any claim likely to have the same meaning for the consumer, may only be made where the product contains at least 0.6 g alpha-linolenic acid per 100 g and per 100 kcal, or at least 80 mg of the sum of eicosapentaenoic acid and docosahexaenoic acid per 100 g and per 100 kcal. Analyzed and certified at source.

<sup>5</sup> The extra virgin oil used in BalanceOil+ comes from Picual olives that are cold-pressed and specially selected for their high polyphenol content (above 750 mg/kg). Analyzed and certified at source.

<sup>6</sup> Olive oil polyphenols contribute to the protection of blood lipids from oxidative stress. The claim may be used only for olive oil which contains at least 5 mg of hydroxytyrosol and its derivatives (e.g. oleuropein complex and tyrosol) per 20 g of olive oil. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 20 g of olive oil.

<sup>7</sup> DHA contributes to the maintenance of normal vision. The claim may be used only for food which contains at least 40 mg of DHA per 100 g and per 100 kcal. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 250 mg of DHA. Docosahexaenoic acid (DHA) intake contributes to the normal visual development of infants up to 12 months of age. Information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 100 mg of DHA. When the claim is used on follow-on formula, the food shall contain at least 0.3% of the total fatty acids as DHA.

<sup>8</sup> DHA and EPA contribute to the maintenance of normal blood triglyceride levels. The claim may be used only for food which provides a daily intake of 2 g of EPA and DHA. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 2 g of EPA and DHA. When the claim is used on food supplements and/or fortified foods, information shall also be given to consumers not to exceed a supplemental daily intake of 5 g of EPA and DHA combined. DHA contributes to the maintenance of normal blood triglyceride levels. The claim may be used only for food which provides a daily intake of 2 g of DHA and which contains DHA in combination with eicosapentaenoic acid (EPA). In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 2 g of DHA. When the claim is used on food supplements and/or fortified foods, information shall also be given to consumers not to exceed a supplemental daily intake of 5 g of EPA and DHA combined.

<sup>9</sup> DHA and EPA contribute to the maintenance of normal blood pressure. The claim may be used only for food which provides a daily intake of 3 g of EPA and DHA. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 3 g of EPA and DHA. When the claim is used on food supplements and/or fortified foods, information shall also be given to consumers not to exceed a supplemental daily intake of 5 g of EPA and DHA combined.

<sup>10</sup> Vitamin D contributes to normal blood calcium levels.

<sup>11</sup> Vitamin D contributes to the maintenance of normal bones. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>12</sup> Vitamin D contributes to the maintenance of normal muscle function.

<sup>13</sup> Vitamin D contributes to the maintenance of normal teeth.

<sup>14</sup> Vitamin D has a role in the process of cell division.

<sup>15</sup> Oleic acid (Omega-9) is an unsaturated fat. Replacing saturated fats in the diet with unsaturated fats contributes to the maintenance of normal blood cholesterol levels.

# BALANCEOIL+

全天然多酚 OMEGA 平衡食品補充劑



## 魚和橄欖油的完美平衡

BalanceOil+ 是我們的招牌系列，包括全天然多酚 Omega 平衡食品補充劑。根據我們獨特、科學的配方，這種優質創新的混合油源自野生捕獲的小魚和收穫前特級初榨橄欖油，能提供大量多酚，可有效吸收和保護血脂。可以安全地增加和維持您的 Omega-3 水平，調整您的 Omega-6:3 比例，為您的膽固醇、心臟<sup>2</sup>，和大腦<sup>1</sup>創造有益健體的水平。

## 全天然成分

- ▶ 魚油，選用野生捕撈的小魚製成
- ▶ 冷壓特級初榨橄欖油
- ▶ 維生素 D<sub>3</sub> 取自天然來源
- ▶ 經認證的天然香料



### 多酚保護

保護您的細胞免於生鏽（氧化）。橄欖油多酚有助於保護血脂免受氧化損傷。<sup>6</sup>



### 攝取平衡

在 120 天內使您的 Omega-6:3 比例達到 3:1 的平衡。



### 基於測試的營養

查看您的個人化前後測試結果。



### 超純淨

經分子毒素測試，確保新鮮、安全和純淨，值得您信賴。



### 新一代的保健營養

有助於正常心臟<sup>2</sup>、大腦<sup>1</sup> 和免疫<sup>3</sup> 功能的協同配方。



### 普惠當下，關懷未來

透過選擇 BalanceOil+，您能使用經認證的可持續野生捕撈魚類資源來支持平衡的海洋生態系統。

## BALANCEOIL+: 魚油和橄欖油的完美平衡, 效果顯著

BalanceOil+ 內的科學配方結合獨特的魚油等級和有益量的 Omega-3 和 Omega-7, 以及經過科學認證的橄欖油, 可提供大量多酚、植物營養素和 Omega-9, 從而有助於 Omega-3 脂質的氧化穩定性增強。<sup>44</sup>

多酚與 Omega-3 結合併充當有效的抗氧化劑, 防止脂質氧化。<sup>4</sup> 橄欖油中的多酚模仿魚類中天然存在的多酚, 並將脆弱的 Omega-3 轉移到身體中, 直到將它們安全地輸送到體內細胞膜。多酚和海洋脂質以高度協同的方式合作, 使身體能夠安全地吸收、調整和維持 Omega-3 水平高於所需的 8%, 以實現低於 3:1 的 Omega-6:3 平衡。

研究世界上最大的必需品數據庫顯示, 不服用 Omega-3 補充劑的人的平均 Omega-6:3 比例在北歐為 12:1, 在歐洲為 15:1, 在美國為 25:1 脂肪酸, 在獨立實驗室 Vitas Analytical Services 進行了 700,000 多項測試分析。服用 BalanceOil+ 產品 120 天後, 所有這些地理區域的平均比率低於 3:1。

## BALANCEOIL+ 西班牙特級初榨橄欖油

Balance Oil+ 由來自西班牙 Picual 橄欖的特級初榨橄欖油製成, 因其富含 Omega-9 和非常高的抗氧化劑含量而被選用。Omega-9 (油酸) 是一個重要的特性, 積極支持血液膽固醇水平的正常化。<sup>4</sup> 橄欖含收穫前的質量。在此過程中, 橄欖核被取出, 只有果實被冷榨。結果是在特級初榨油中富含 Omega-9 (油酸) 和非常高含量及被稱為多酚的抗氧化劑 (高於 750 毫克/公斤), 兩者都蘊含多種有益效果。<sup>15</sup> 多酚不但保護瓶中的 BalanceOil+, 更重要的是能保護您的細胞。

## 特級初榨橄欖油植物營養素概況

橄欖多酚	750 毫克/公斤
羥基醇和醇	330 毫克/公斤
油橄欖 + 油精	490 毫克/公斤
橄欖苦苷	64 毫克/公斤
角鯊烯	4 230 毫克/公斤
維生素 E	300 毫克/公斤
山楂酸	100 毫克/公斤

## 支持正常心腦功能的獨特魚油混合物

BalanceOil+ 產品中使用的魚油是一種特別選用的魚油等級 20/10 EPA/DHA (與 18/12 的行業標準相比), 具有獨特的 Omega-3 (EPA、DHA、DPA) 必需脂肪酸譜和 Omega-7 (POA、VA)。我們選擇的魚油來自短生命週期、野生捕撈的小型遠洋魚類。這些主要是鳳尾魚, 但我們也包括沙丁魚和鯖魚。我們所有的油都來自海洋之友認證的漁區, 可在未受污染的水域進行可持續捕撈, 這對於獲得不含重金屬、多氯聯苯和其他毒素的優質油來說, 是生態上非常重要的一環。

魚獲經細心蒸熟 (此過程的任何階段都沒有使用化學物質或溶劑), 然後整條魚被壓榨以取回油 (約魚的 3-5%)。與所有魚油一樣, 魚油需要通過 4 個步驟進行精煉。這是由冰島的 LYSI 製造商完成的, 並移除味道、氣味和任何可能影響產品質量的環境污染物。因此, 我們的魚油符合所有 EFSA、FDA 和全球其他嚴格規定。LYSI 符合所有監管質量要求, 並通過了食品和藥品的 GMP 認證。所以, BalanceOil+ 產品也通過 GMP 認證。

## 天然生育酚

混合生育酚是膳食補充劑中常用的抗氧化劑。所使用的天然生育酚由不含轉基因成分的高度精煉豆油蒸餾物製成, 經過進一步精煉以確保它們不含任何大豆蛋白。這表示產品中不存在過敏原。BalanceOil+ 中的一般成分是 $\alpha$ -、 $\beta$ -、 $\gamma$ -和 $\delta$ -生育酚。

## 純維生素 D<sub>3</sub>

BalanceOil+ 含有維生素 D<sub>3</sub> (膽鈣化醇)。我們使用由羊毛脂製成的天然維生素 D<sub>3</sub>, 羊毛脂是一種在羊毛中發現的天然脂肪。維生素 D<sub>3</sub> 是通過從羊毛脂中溶解維生素 D<sub>3</sub> 的前體製作而成。然後通過暴露在紫外線 (UV) 光下進行化學改變和激活。這種化學過程與人體皮膚在陽光照射下產生維生素 D<sub>3</sub> 的過程類似。

## 主要好處

- ▶ 每日劑量中包含 700 毫克 DHA, 有助於正常的大腦功能<sup>1</sup>
- ▶ 每日劑量中含有 20 微克維生素 D<sub>3</sub>, 有助於正常的免疫系統<sup>3</sup>
- ▶ 有助於保持體內足夠的 EPA 和 DHA 水平
- ▶ 有助於維持體內最佳 Omega-6:3 水平
- ▶ 有助於維持體內多酚水平, 保護血脂免受氧化應激<sup>6</sup>
- ▶ 含有 700 毫克 DHA, 支持健康和正常的眼部功能
- ▶ 每日劑量包含 20 微克維生素 D<sub>3</sub>, 有助於正常骨骼<sup>11</sup>、肌肉功能<sup>12</sup>、正常牙齒<sup>13</sup> 和細胞分裂<sup>14</sup>
- ▶ 支持正常的血液甘油三酯水平<sup>8</sup>, 正常的血壓<sup>9</sup> 和正常的血鈣水平<sup>10</sup>

## 大腦功能

有關維持正常大腦功能的健康聲明獲得 EPA 和 DHA 認可。<sup>1</sup> 對於孕婦和哺乳期婦女, DHA 有助於胎兒和母乳喂養嬰兒的正常大腦發育。<sup>1</sup> 長鏈 Omega-3 脂肪酸對我們及下一代的健康異常重要。

## 心臟功能

有關心臟健康的健康聲明獲得 EPA 和 DHA 認可。能幫助我們的心臟維持正常功能。<sup>2</sup>

## 免疫系統

BalanceOil+ 含有維生素 D<sub>3</sub>, 對免疫系統非常重要, 能促進其正常運作。<sup>3</sup>

## 氧化保護

當每日劑量為 5 毫克或更多時, 橄欖中的羥基醇有助於保護血脂免受氧化損傷。<sup>6</sup> 脂質是存在於血液和身體組織中的類似脂肪的物質, 例如對我們的心臟健康很重要的膽固醇或甘油三酯。

## 營養資料

營養標示		
每一份量7.5毫升 本包裝含40份		
	每份	每100毫升
熱量	66大卡	873大卡
蛋白質	0公克	0公克
脂肪	7.3公克	97公克
飽和脂肪	1.6公克	22公克
反式脂肪	0公克	0公克
碳水化合物	0公克	0公克
糖	0公克	0公克
鈉	0公克	0公克
Omega-3 脂肪酸	1549毫克	20653毫克
EPA 二十碳五烯酸	802毫克	10700毫克
DHA 二十二碳六烯酸	427毫克	5700毫克
Omega-9 脂肪酸	1918毫克	26000毫克
維生素 D	12.5微克	166.7微克

**ZINZINO 多酚類複合成分：** 羥基酪醇、酪醇、橄欖苦苷、油橄欖和黃酮類化合物。

**ZINZINO 平衡類複合成分：** Omega-3 (EPA、DHA、DPA)、Omega-7、Omega-9 和維生素 D<sub>3</sub>。

**天然：** BalanceOil+ 僅由天然原料製成。

**不含轉基因：** 我們的產品不含轉基因成分（即不含轉基因生物）。

**食用方式：** 每公斤體重 0.15 毫升。根據體重調整份量。體重 50 公斤的成年人：每天 7.5 毫升。體重 80 公斤的成年人：每天 12 毫升。不要超過建議的每日劑量。食品補充劑不能替代均衡多樣的飲食

**成分：** 魚油（來自鯷魚、鯖魚、沙丁魚）、冷榨橄欖油、混合生育酚（抗氧化劑）、天然香料\*、維生素 D<sub>3</sub>（膽鈣化醇）。

\* 天然橙檸檬薄荷味

\* 天然柚子檸檬酸橙味

**注意事項：** 如有服用稀釋血液的藥物，請在使用 BalanceOil+ 之前諮詢您的醫生。

**保存方式：** 將未開封的瓶子存放在室溫下或冰箱中的陰暗乾爽處。將已開封的瓶子存放在冰箱中，並在 45 天內使用。由於橄欖油會產生凝固，油在低於 4 °C 的溫度下可能會變得混濁。油會在室溫下保持清淨。請將本品放在兒童不能接觸的地方。

**含量：** 300 毫升

## BALANCEOIL+ 健康聲明 (EFSA)

<sup>1</sup> DHA 有助於維持正常的大腦功能。此聲明僅應用於每 100 克和每 100 大卡含有至少 40 毫克 DHA 的食品。為了承擔此聲明，應向消費者提供資訊，即每天攝入 250 毫克 DHA 可獲得有益效果。二十二碳六烯酸 (DHA) 母親攝入量有助於胎兒和母乳喂養嬰兒的正常大腦發育。應告知孕婦和哺乳婦女，除了成人每日推薦攝入的 Omega-3 脂肪酸（即 250 毫克 DHA 和 EPA）外，每日攝入 200 毫克 DHA 亦可獲得有益效果。此聲明僅可用於提供每日至少 200 毫克 DHA 攝入量的食品。

<sup>2</sup> EPA 和 DHA 有助於心臟的正常功能。為了承擔此聲明，應向消費者提供資訊，即每天攝入 250 毫克 EPA 和 DHA 可獲得有益效果。

<sup>3</sup> 維生素 D 能促進免疫系統的正常運作。

<sup>4</sup> 聲稱食品富含 Omega-3 脂肪酸，以及任何可能對消費者俱有相同含義的聲明，只能在產品每 100 克和每 100 千卡至少含有 0.6 克 α 亞麻酸的情況下進行，或每 100 克和每 100 千卡至少含有 80 毫克的二十碳五烯酸和二十二碳六烯酸總和進行。來源經分析和認證。

<sup>5</sup> BalanceOil+ 中使用的特級初榨油來自冷壓的 Picual 橄欖，並因其高多酚含量（高於 750 毫克/千克）而被特別選用。來源經分析和認證。

<sup>6</sup> 橄欖油多酚有助於保護血脂免受氧化應激。此聲明僅應用於每 20 克橄欖油含有至少 5 毫克羥基酪醇及其衍生物（例如橄欖苦苷複合物和酪醇）的橄欖油。為了承擔此聲明，應向消費者提供每天攝入 20 克橄欖油可獲得有益效果的資訊。

<sup>7</sup> DHA 能促進維持正常視力。此聲明僅應用於每 100 克和每 100 大卡含有至少 40 毫克 DHA 的食品。為了承擔此聲明，應向消費者提供資訊，即每天攝入 250 毫克 DHA 可獲得有益效果。二十二碳六烯酸 (DHA) 的攝入量有助於 12 個月以下嬰兒的正常視力發育。應告知消費者每日攝入 100 毫克 DHA 可獲得有益效果。當聲明用於後續配方時，食品應含有至少 0.3% 的總脂肪酸作為 DHA。

<sup>8</sup> DHA 及 EPA 有助於維持正常的血液甘油三酯水平。此聲明僅應用於提供每日 2 克 EPA 和 DHA 攝入量的食品。為了承擔此聲明，應向消費者提供每天攝入 2 克 EPA 和 DHA 可獲得有益效果的資訊。當聲明應用於食品補充劑和/或強化食品時，亦應向消費者提供資訊，不得超過 5 克 EPA 和 DHA 的每日補充攝入量。DHA 有助於維持正常的血液甘油三酯水平。此聲明僅應用於提供每日攝入 2 克 DHA 且含有 DHA 和二十碳五烯酸 (EPA) 的食品。為了承擔此聲明，應向消費者提供每天攝入 2 克 DHA 可獲得有益效果的資訊。當聲明應用於食品補充劑和/或強化食品時，亦應向消費者提供資訊，不得超過 5 克 EPA 和 DHA 的每日補充攝入量。

<sup>9</sup> DHA 及 EPA 有助於維持正常血壓。此聲明僅應用於提供每日 3 克 EPA 和 DHA 攝入量的食品。為了承擔此聲明，應向消費者提供每天攝入 3 克 EPA 和 DHA 可獲得有益效果的資訊。當聲明應用於食品補充劑和/或強化食品時，亦應向消費者提供資訊，不得超過 5 克 EPA 和 DHA 的每日補充攝入量。

<sup>10</sup> 維生素 D 有助於維持正常的血鈣水平。

<sup>11</sup> 維生素 D 有助於維持正常骨骼。此聲明僅應用於至少是維生素 D 來源的食品，如法規 (EC) No 1924/2006 附件中所列的維生素 D 來源中所述。

<sup>12</sup> 維生素 D 有助於維持正常的肌肉功能。

<sup>13</sup> 維生素 D 有助於維持正常牙齒健康。

<sup>14</sup> 維生素 D 在細胞分裂過程中發揮作用。

<sup>15</sup> 油酸 (Omega-9) 是一種不飽和脂肪。以不飽和脂肪代替飲食中的飽和脂肪有助於維持正常的血液膽固醇水平。