

BALANCEOIL+ VEGAN

ALL-NATURAL OMEGA SUPPLEMENT



PRODUCT HIGHLIGHTS

A synergistic blend of marine micro-algae oil high in EPA, DHA and DPA, extra virgin pre-harvest olive oil high in OA and polyphenols, Ahiflower® seed oil high in SDA, ALA and GLA, and vegan vitamin D₃.

It safely adjusts and maintains EPA+DHA levels and the Omega-6:3 Balance in your body.

ALL-NATURAL INGREDIENTS

- ▶ Cold-pressed extra virgin olive oil
- ▶ Marine algae oil from *Schizochytrium sp.*
- ▶ Cold-pressed Ahiflower® seed oil
- ▶ Vitamin D₃ derived from lichen



GET BALANCED

Bring your Omega-6:3 ratio to 3:1 balance in 120 days.



TEST-BASED NUTRITION

See your individualized test results before and after you start taking BalanceOil+.



ULTRA-PURE

Molecularly tested for toxins to ensure freshness, safety and purity you can trust.



NEXT GEN NUTRITION

Synergistic formula that contributes to normal heart, brain and immune function.



VEGAN

Synergistic blend of all-natural and purely vegan ingredients, and registered with The Vegan Society.

ZINZINO

ALGAE OIL

The oil derived from the marine microalgae *Schizochytrium sp.* is rich in the Omega-3 fatty acids Eicosapentaenoic acid (EPA) and Docosahexaenoic acid (DHA). This is the first vegetarian EPA/DHA product on the market that provides a bio-alternative to traditional fish oils. Produced in an FDA-inspected and rigorously controlled facility in the USA, it is a concentrated and consistent product.

AHIFLOWER® OIL

Ahiflower oil contains more biologically advanced omegas than any other natural plant source. Its Latin name is *Buglossoides arvensis*. Ahiflower seeds are pressed to produce a superior omega-rich, containing more biologically advanced plant omegas (like stearidonic acid, SDA) than any other natural plant source. Ahiflower also contains GLA, an essential omega-6 fatty acid. The cold-pressed Ahiflower® seed oil is treated in a low temperature cleansing process where it is physically refined, bleached and deodorized to give it a clear pale yellowish look and neutral smell. It is GMO-free, rich in the Omega-3 fatty acids Omega-3 SDA and ALA, as well as the Omega-6 fatty acid GLA. A superb choice for vegetarians and vegans, Ahiflower® seed oil has an ideal fatty acid profile. Primarily, it contains Omega-3 as Omega-6, and can therefore help to balance the Omega-6 to Omega-3 ratio. This is in contrast to most vegetarian oils, which contain excessive Omega-6's. Secondly, Ahiflower® seed oil contains the rare Omega-3 fatty acid SDA, which is converted five times better to EPA in the body than the typical plant Omega-3 ALA, e.g. in flaxseed. Ahiflower® seed oil also contains the valuable Omega-6 fatty acid GLA.

EXTRA VIRGIN OLIVE OIL

The Spanish Picual olive is selected for its richness in Omega-9 and very high antioxidant content. The olives are of pre-harvest quality and in the process the stones are taken out and only the fruits are cold-pressed, resulting in an extra virgin oil rich in Omega-9 (Oleic acid) with very high amounts of antioxidants called polyphenols (above 750 mg/kg), both with several beneficial effects. The polyphenols protect the BalanceOil+ Vegan in the bottle but even more importantly, also your cells.

EXTRA VIRGIN OLIVE OIL PHYTONUTRIENT PROFILE

Olive Polyphenols	750 mg / kilo
Hydroxytyrosol & Tyrosol	330 mg / kilo
Oleocanthal + Oleacein	490 mg / kilo
Oleuropein	64 mg / kilo
Squalene	4 230 mg / kilo
Vitamin E	300 mg / kilo
Maslinic acid	100 mg / kilo

NATURAL TOCOPHEROLS

Mixed tocopherols are commonly used antioxidants in dietary supplements. Natural tocopherols are made from GMO-free, highly refined soy bean oil distillates, which undergo further refining and therefore do not contain any soy proteins. This means there are no allergens present. The typical composition is: alpha-, beta-, gamma- and delta-tocopherols.

VITAMIN D₃

Our exclusive vegan vitamin D₃ (cholecalciferol) comes from a special, organically grown, plant source called lichen. It can accumulate large levels of useful nutrients, including vitamin D₃. Once the vitamin D₃ is extracted, some coconut oil is added. The vitamin D₃ is vegan-certified and of course GMO-free.

PATENT PENDING

 Norwegian Formulation. Produced in Norway.

BRINGING YOUR BODY BACK IN BALANCE IN 120 DAYS

Our certified laboratories are responsible for analyzing the dried blood spot tests for eleven fatty acids in the blood, making our database the world's largest of its kind. The average Omega-6:3 ratio for people not taking an Omega-3 supplement is 12:1 in Northern Europe, 15:1 in Europe and 25:1 in the USA. After taking BalanceOil products for 120 days, the average ratio for most people is below 3:1.

IMPROVING

Vegan diets are often richer in some nutrients such as fiber, vitamin C and phytochemicals. But, these diets often lack essential nutrients, including vitamin D and Omega-3 fats. This means that it is difficult for vegans and vegetarians to get into Omega-6:3 Balance, and equally difficult to ensure they consume enough EPA and DHA to get the EFSA-approved (European Food Safety Authority) benefits of these nutrients. In population studies, it is shown that vegans have lower blood concentrations of Omega-3 fatty acids than those eating animal-based foods.

For a vegan, these essential Omega-3 EPA and DHA fatty acids can be obtained by eating fortified foods or carefully selecting a diet containing these nutrients, but it's not easy. Supplementing with ALA has very little effect on increasing blood DHA concentrations because even though ALA can be converted into EPA and DHA in your body, this conversion is quite inefficient. The typical conversion rates are below 5% in women, and below 2% in men, so the problem remains.

But now there is an easy solution for all vegans, vegetarians and in fact anybody who wants an alternative to fish oils. Fish get their Omega-3's from cold water marine algae. These algae provide pure long-chain Omega-3's that can be extracted and consumed by humans.

Zinzino BalanceOil+ Vegan contains this marine algae oil with Omega-3 (EPA and DHA), and Ahiflower® seed oil rich in Omega-3 (SDA and ALA), Omega-6 (GLA) and Omega-9 (OA). It also contains the extra virgin pre-harvest olive oil rich in Omega-9 (OA) and with very high levels of polyphenols. It has a fair amount of the important vitamin D from a 100% vegan source.

As a result, our vegan oil offers you all of the same benefits as our regular BalanceOil+ made from fish oil. BalanceOil+ Vegan is tested, protected, effective and safely adjusts and maintains EPA+DHA levels and the Omega-6:3 Balance in your body. Finally, everyone can get into balance!

KEY BENEFITS

- ▶ **Good source of Omega-3 Fatty Acids**
- ▶ **Contributes for normal absorption and utilization of calcium and phosphorus**
- ▶ **Contributes to normal cell division**
- ▶ **Contributes for normal bone structure**
- ▶ **Contributes to normal blood calcium levels**
- ▶ **Contributes to the maintenance of normal muscle function**
- ▶ **Contributes to the maintenance of normal teeth**
- ▶ **Contributes to the normal function of the immune system**

ZINZINO POLYPHENOL BLEND: Hydroxytyrosol, tyrosol, oleuropein, oleocanthal and flavonoids.

ZINZINO BALANCE BLEND: Omega-3 (EPA, DHA, ALA, SDA, DPA), Omega-9 and Vitamin D₃.

NATURAL: BalanceOil+ Vegan is made only from ingredients coming from natural sources.

GMO-FREE: Our products are GMO-free (i.e. free of genetically modified organisms).

VEGAN: BalanceOil+ Vegan is made only from purely vegan ingredients, and registered with The Vegan Society.

SERVING SUGGESTION: 0.15 mL x kilo body weight. Adjust serving size based on body weight. Adults with body weight 50 kg: 7.5 mL daily. Adults with body weight 80 kg: 12 mL daily. Do not exceed recommended daily dose.

WARNING: This is not a sole source of nutrition and should be consumed in conjunction with a nutritious diet, and should be used in conjunction with an appropriate physical training or exercise program. Not suitable for children under 15 years of age or pregnant women: Should only be used under medical or dietetic supervision.

FLAVOUR: BalanceOil+ Vegan is available in two flavours: natural and lemon.

INGREDIENTS (NATURAL): Cold-pressed olive oil, algae oil from the micro-algae *Schizochytrium sp.*, refined Ahiflower® oil, antioxidants (tocopherol-rich extract), vitamin D₃ (cholecalciferol derived from plant extract).

NUTRITION INFORMATION

Serving Size (Based on Serving Suggestions)	7.5 mL		12 mL		
Servings per pack	40		25		
Average Quantity	Per 7.5 mL	% Daily Intake	Per 12.0 mL	% Daily Intake	Per 100 mL
Energy	258 kJ	3.0 %	409 kJ	4.8 %	3407 kJ
	61 Cal		99 Cal		829 Cal
Protein	< 1 g	0 %	< 1 g	0 %	< 1 g
Fat, total	7 g	9 %	11.1 g	14 %	92.1 g
saturated	1.2 g		1.9 g		15.6 g
Carbohydrate	< 1 g	0 %	< 1 g	0 %	< 1 g
sugars	< 1 g	0 %	< 1 g	0 %	< 1 g
Dietary fibre	< 1 g	0 %	< 1 g	0 %	< 1 g
Sodium	< 1 mg	0 %	< 1 mg	0 %	< 1 mg
Omega-3 Fatty Acids	1904 mg		3046 mg		25 g
EPA	482 mg		771 mg		6.4 g
DHA	702 mg		1123 mg		9.4 g
DPA	113 mg		180 mg		1503 mg
Ahiflower® oil	949 mg		1518 mg		12653 mg
SDA	180 mg		288 mg		2404 mg
ALA	427 mg		683 mg		5694 mg
GLA	59 mg		95 mg		791 mg
Olive Oil	3906 mg		6250 mg		52 g
of which oleic acid (Omega-9)	3213 mg		5141 mg		43 g
of which Olive Polyphenols	3.3 mg		5.3 mg		44 mg
Vitamin D	12.6 mcg	(125 %)	20 mcg	(200 %)	166.7 mcg
	500 IU		800 IU		

* Percentage daily intakes are based on an average adult diet of 8700 kJ.

INGREDIENTS (LEMON): Cold-pressed olive oil, algae oil from the micro-algae *Schizochytrium sp.*, refined Ahiflower® oil, flavour (natural lemon flavour), antioxidants (tocopherol-rich extract), vitamin D₃ (cholecalciferol derived from plant extract).

STORAGE: Store unopened bottles in a dark dry place at room temperature. Store opened bottles in a refrigerator and use within 45 days. The oil may become cloudy at temperatures lower than 4 °C due to the solidification of the olive oil. The oil will clear at room temperature. Keep out of reach of children.

CONTENT: 300 mL