

BALANCEOIL+

ALL-NATURAL FORMULATED SUPPLEMENTARY SPORTS FOOD



HIGHLIGHTS REGARDING BALANCEOIL+

BalanceOil+ is an all-natural formulated supplementary sports food high in olive polyphenols, Omega-3 and vitamin D₃. It safely adjusts and maintains EPA + DHA levels and the Omega-6:3 Balance in your body. It contains a premium blend of pre-harvest extra virgin olive oil and oil derived from wild-caught small fish.

Content: 300 mL

ALL-NATURAL INGREDIENTS

- ▶ Cold-pressed extra virgin olive oil
- ▶ The fish oil, from wild-caught small fish
- ▶ Vitamin D₃ is derived from a natural source
- ▶ Contains only natural flavours



GET BALANCED

Bring your Omega-6:3 ratio to 3:1 balance in 120 days.



TEST-BASED NUTRITION

See your individualized before and after test results.



ULTRA-PURE

Molecularly tested for toxins to ensure freshness, safety and purity you can trust.



NEXT GEN NUTRITION

Synergistic formula that as part of regular exercise contributes to heart health.



CARE FOR THE FUTURE, TODAY

By choosing BalanceOil+, you're supporting a balanced ocean ecosystem with a certified sustainable source of wild-caught fish.

ZINZINO

SUPPLEMENT FACTS

NUTRITION INFORMATION

Serving size (Based on Serving Suggestions)	7.5 mL	12 mL	
Servings per pack	40	25	
Average Quantity	Per 7.5 mL	Per 12.0 mL	Per 100 mL
Energy	251 kJ 60 Cal	402 kJ 96 Cal	3347 kJ 800 Cal
Protein	< 1 g	< 1 g	< 1 g
Fat, total	7 g	11.2 g	93.3 g
saturated	1.5 g	2.4 g	20 g
Carbohydrate	< 1 g	< 1 g	< 1 g
sugars	< 1 g	< 1 g	< 1 g
Dietary fibre	< 1 g	< 1 g	< 1 g
Sodium	< 5 g	< 5 g	< 5 g
Omega-3 Fatty Acids	1500 mg	2400 mg	20 g
EPA	802 mg	1283 mg	10.7 g
DHA	427 mg	683 mg	5.7 g
Olive Oil	2557 mg	4091 mg	34 g
of witch oleic acid (Omega-9)	1918 mg	3069 mg	26 g
of which Olive Polyphenols	2.2 mg	3.5 mg	29 mg
Vitamin D	12.5 mcg 500 IU	20 mcg 800 IU	166.7 mcg

EPA = Eicosapentaenoic Acid DHA = Docosahexaenoic Acid

* Percentage daily intakes are based on an average adult diet of 8700 kJ.

INGREDIENTS: fish oil (anchovy, mackerel, sardine), cold pressed olive oil, antioxidant (tocopherols), natural flavour*, cholecalciferol. Contains fish.

- * Natural vanilla flavour
- * Natural lemon flavour
- * Natural orange lemon mint flavour
- * Natural grapefruit lemon lime flavour

SERVING SUGGESTION: Serving size for adults is based on weight i.e. 0.15 mL x kilo body weight. Adults with body weight 50 kg: 7.5 mL daily, 80 kg: 12 mL daily, 100 kg: 15 mL daily, 120 kg: 18 mL daily etc. Do not exceed recommended daily dose one serve.

WARNING: Not suitable for children under 15 years of age or pregnant women: Should only be used under medical or dietetic supervision. This is not a sole source of nutrition and should be consumed in conjunction with a nutritious diet, and should be used in conjunction with an appropriate physical training or exercise program.

STORAGE: Store unopened bottles in a dark dry place at room temperature or in refrigerator. Store opened bottles in refrigerator and use within 45 days. The oil may become cloudy at temperatures lower than 4 °C due to the solidification of the olive oil. The oil will clear at room temperature. Keep out of reach of children.

ZINZINO POLYPHENOL BLEND: Hydroxytyrosol, Tyrosol, Oleuropein, Oleocanthal, Flavonoids.

ZINZINO BALANCE BLEND: Omega-3 (EPA, DHA, DPA), Omega-7, Omega-9 and Vitamin D₃.

NATURAL: BalanceOil+ is made only from ingredients coming from natural sources.

GMO-FREE: Our products are GMO-free (i.e. free of genetically modified organisms).

FISH OIL

The fish oils used in BalanceOil+ products have a strict specification for EPA and DHA that efficiently optimises the Omega-6:3 Fatty Acid balance in the body within 120 days. The fish oils we use are primarily derived from short-lived, small pelagic fish such as sardines and anchovies. The fish oils are derived from whole, unprocessed fish. The oil goes through a refining process to remove environmental contaminants (if any is present) and is certified as free from heavy metals and other toxins. LYSI, the manufacturer of BalanceOil+, meets all regulatory requirements for production, and follows GMPs (Good Manufacturing Practices) for food and pharmaceutical products.



Norwegian Formulation. Produced in Iceland.

EXTRA VIRGIN OLIVE OIL

The Spanish Picual olive is selected due to its richness in Omega-9 and very high antioxidant content. The olives are of pre-harvest quality and in the process the stones are taken out and only the fruits are cold-pressed, resulting in an extra virgin oil, rich in Omega-9 (Oleic acid) with very high content of antioxidants called polyphenols (above 750 mg/kg), both with several beneficial effects. The polyphenols protect the BalanceOil+ in the bottle but even more importantly, also your cells.

VITAMIN D₃

BalanceOil+ contains vitamin D₃ (cholecalciferol). We use a natural vitamin D₃ (cholecalciferol) made from lanolin. Lanolin is a naturally occurring fat found in sheep's wool. The vitamin D is made by dissolving a precursor to vitamin D from the lanolin. It is then chemically altered and activated by exposure to ultraviolet (UV) light. The chemical process is comparable to the process which occurs in the human skin when it produces vitamin D.

NATURAL TOCOPHEROLS

Mixed tocopherols are commonly used anti-oxidant in dietary supplements. The natural tocopherols used are made from GMO-free, highly refined soy bean oil distillates, which undergo further refining and therefore do not contain any soy proteins. This means there are no allergens present. The typical composition is: alpha-, beta-, gamma- and delta-tocopherols.

FISH AND OLIVE OIL SYNERGY = RESULTS

Our scientists formulated BalanceOil+ to combine the Omega-3 with the correct amounts of olive oil that provides Omega-9 and anti-oxidants in extra high amounts. This synergistic combination makes it possible to safely adjust and maintain the Omega-3 in your body to achieve an Omega-6:3 Balance below 3:1.

PROOF OF BALANCE IN 120 DAYS

Our certified laboratories are responsible for analysing the dried blood spot tests for eleven fatty acids in the blood, making our database the worlds largest of its kind. The average Omega-6:3 ratio for people not taking an Omega-3 supplement is 12:1 for Northern Europe, 15:1 for Europe and 25:1 for USA. After taking BalanceOil+ for 120 days, the average ratio is for most people below 3:1.

KEY BENEFITS

- ▶ **Good source of Omega-3 Fatty Acids**
- ▶ **As part of regular exercise contributes to heart health**
- ▶ **Contains vitamin D**
- ▶ **Helps support your body and nutrition goals**