

ESSENT+ PREMIUM

POLYPHENOL OMEGA BALANCE FOOD SUPPLEMENT



KETO-FRIENDLY



NON-GMO



SOY-FREE



GLUTEN-FREE



SUGAR-FREE



NATURALLY SOURCED INGREDIENTS



SPORT

PRODUCT HIGHLIGHTS

A new era of Omega supplements. Essent+ Premium takes our range of all-natural Polyphenol Omega Balance food supplements to yet another level of superiority. The easily digested softgels will safely restore your body's fatty acid balance, protect your blood lipids from oxidation and support normal heart and brain function. Each capsule contains concentrated pure fish oil rich in the Omega-3 fatty acids EPA and DHA, as well as powerful, bioactive polyphenols derived from our proprietary extra virgin olive oil (R.E.V.O.O), olive fruit extract and cocoa powder.

ALL-NATURAL INGREDIENTS

- ▶ Natural triglyceride fish oil
- ▶ Cold-pressed R.E.V.O.O (Revolutionary Extra Virgin Olive Oil)
- ▶ Vitamin D₃ from lanolin
- ▶ Mixed tocopherols from a vegetable source



POLYPHENOL PROTECTION

A daily dose of 5 mg olive hydroxytyrosol contributes to the protection of blood lipids from oxidative stress.¹



GET BALANCED

Bring your Omega-6:3 ratio to 3:1 balance in 120 days.



TEST-BASED NUTRITION

See your individualized before and after test results.



ULTRA PURE

Molecularly tested for toxins to ensure freshness, safety and purity you can trust.



NEXT GEN NUTRITION

Synergistic formula that contributes to normal heart², brain³ and immune⁴ function. 3 softgels daily contains 600 mg DHA, 1080 mg EPA and 20 mcg vitamin D.



CARE FOR THE FUTURE, TODAY

By choosing Essent+ Premium, you're supporting a balanced ocean ecosystem with a certified sustainable source of wild-caught fish.

ZINZINO

ESSENT+ PREMIUM: FISH AND OLIVE OIL IN HARMONY FOR PROVEN RESULTS

The scientific formulation inside Essent+ Premium combines a unique fish oil grade with beneficial amounts of Omega-3 along with a scientifically certified measure of olive oil that provides polyphenols, phytonutrients, and Omega-9 and thus contributes to the enhanced oxidative stability of Omega-3 lipids.

The polyphenols bind to the Omega-3s and act as effective antioxidants, preventing the lipids from oxidating⁶. The enhanced polyphenols of R.E.V.O.O mimic the polyphenols naturally present in fish and transfer the fragile Omega-3 through the body until delivering them securely within the cell membranes. The polyphenols and the marine lipids collaborate in a highly synergetic way, making it possible for the body to safely absorb, adjust, and maintain the Omega-3 levels above the required 8% necessary to achieve an Omega-6:3 balance below 3:1.

THE REVOLUTIONARY EXTRA VIRGIN OLIVE OIL IN ESSENT+ PREMIUM

Essent+ Premium capsules are made with extra virgin olive oil from a patented production process that gives us the proprietary R.E.V.O.O from certified Koroneiki olives with unparalleled levels of polyphenols⁵, oleic acid, several phytonutrients and more. In fact, R.E.V.O.O is up to 30 times higher in polyphenols than standard extra virgin olive oils. Its richness in Omega-9 (Oleic acid) is another important feature, which actively supports the normalization of blood lipid levels¹. It is a high premium component and individually retails at €69.00 per 250 ml.

THE SPECIALIST BLEND OF NATURAL FISH OIL CONCENTRATE SUPPORTING THE CARDIOVASCULAR SYSTEM AND BRAIN FUNCTION

The fish oil used in Essent+ Premium capsules comes from two selectively sourced natural Omega-3 triglyceride concentrates for the best possible result. These high-quality triglyceride concentrates contain 85% EPA and DHA, and with such a high concentration only small amounts are needed to get the necessary results in our bodies so they are perfect to be used in capsules.

Choosing the triglyceride form is important since this is the form naturally found in fish and plant species and thus the form the body most easily recognizes and absorbs. In fact, over 98% of all fats ingested from foods are in the triglyceride form. Triglyceride fish oils are more complicated and take longer to produce, but for us there's no other way. The chosen natural Omega-3 concentrates are made from pure anchovies from the unpolluted waters of the South Pacific and are certified by Friend of the Sea and meet the highest standard for sustainable fishing.

VITAMIN D₃

Essent+ Premium contains vitamin D₃ (cholecalciferol) and 3 softgel capsules provide 20 µg. We use a natural vitamin D₃ (cholecalciferol) made from lanolin. Lanolin is a naturally occurring fat found in sheep's wool. The vitamin D₃ is made by dissolving a precursor to vitamin D₃ from the lanolin. It is then chemically altered and activated by exposure to ultraviolet (UV) light. The chemical process is comparable to the process which occurs in the human skin when it produces vitamin D₃.

CACAO POWDER

Cacao powder from defatted cocoa seeds contains high amounts of polyphenols, particularly a sub-class known as flavanols with nutritional benefits. A daily dose of 3 softgel capsules provides 17.9 mg of polyphenols.

NATURAL HYDROXYTYROSOL

The hydroxytyrosol in Essent+ Premium is a 100% natural extract obtained by cold-pressing olive fruits, followed by water-based extraction. Hydroxytyrosol is the major phenolic compound found in olives and is considered to provide most of the health benefits of both the olive fruit and extra virgin olive oil. Hydroxytyrosol supports blood lipid maintenance and protects essential Omega fatty acids.

The European Food Safety Authority (EFSA) approved a health claim stating that hydroxytyrosol and its derivatives contribute to the protection of blood lipids from oxidative damage, a key risk factor of cardiovascular disorders, if 5 mg is consumed daily. This is the dose of hydroxytyrosol found in 3 softgel capsules.

GELATIN FROM FISH

The softgel capsules are made of high-grade pharmaceutical fish gelatin derived from fish skin and are free from any artificial colors.

FISH AND OLIVE OIL SYNERGY = RESULTS

Our scientists have formulated Essent+ Premium as a blend of several high-quality Omega-3 fatty acids in a concentrated form, but as natural triglycerides, with an extra high content (85%) of EPA & DHA; and the fatty acid Omega-9 from extra virgin olive oil. Essent+ Premium also contains a very significant amount of polyphenols (23 mg) in a special blend of hydroxytyrosol and flavanols. Hydroxytyrosol is derived from olive oil and olive fruit extract, while flavanol is derived from cocoa powder.

PROOF OF BALANCE IN 120 DAYS

Our certified laboratories are responsible for analyzing the dried blood spot tests for eleven fatty acids in the blood, making our database the world's largest of its kind. The average Omega-6:3 ratio for people not taking an Omega-3 supplement is 12:1 for Northern Europe, 15:1 for Europe and 25:1 for the USA. After taking BalanceOil products for 120 days, the average ratio for most people is below 3:1.



Norwegian Formulation. Produced in Spain.

ZINZINO

KEY BENEFITS

- ▶ **Helps maintain polyphenol levels in your body to protect blood lipids from oxidative stress¹**
- ▶ **When 3 softgel capsules or more are consumed daily, it contributes to the protection of blood lipids from oxidative damage¹ since the daily dosage contains 5 mg or more of hydroxytyrosol**
- ▶ **Contributes to normal heart function² since the daily dosage contains 1080 mg EPA and 600 mg DHA**
- ▶ **Contributes to normal brain function³ since the daily dosage contains 600 mg DHA**
- ▶ **Contributes to normal immune⁴ function since the daily dosage contains 20 µg of vitamin D₃**
- ▶ **Supports healthy and normal eye function since it contains 600 mg of DHA⁶**
- ▶ **4 softgel capsules or more per day helps maintain triglyceride⁸ and blood pressure levels⁹ that are already within normal limits since the daily dosage contains 2240 mg of EPA and DHA**
- ▶ **Contributes to healthy bones,¹¹ muscles,¹² teeth¹³ and cells¹⁴ since the daily dosage contains 20 µg of vitamin D₃**
- ▶ **Helps maintain good levels of EPA and DHA in your body**
- ▶ **Helps maintain optimal Omega-6:3 levels in your body**

BRAIN FUNCTION

EPA and DHA have approved health claims for maintaining normal brain function.³ For pregnant and lactating women, DHA contributes to normal brain development of the fetus and breastfed infants.³ The long-chained Omega-3 fatty acids are important for our health, and for the health of the next generation, too.

HEART FUNCTION

EPA and DHA have approved health claims for heart health. They contribute to the normal function of our hearts.²

THE IMMUNE SYSTEM

Essent+ Premium contains vitamin D₃, vitally important for the immune system as it contributes to its normal function.⁴

OXIDATION PROTECTION

Hydroxytyrosol from olives contributes to the protection of blood lipids from oxidative damage when the daily dose is 5 mg or more.¹ Lipids are fat-like substances found in your blood and body tissues, such as cholesterol or triglycerides which are important for our heart health.

SUPPLEMENT FACTS

NUTRITION INFORMATION

Average Quantity	Per 2 Softgels	Per 3 Softgels	Per 100 g
Serving size (Based on Serving Suggestions) (Servings per pack)	2 Softgels 30	3 Softgels 20	
Energy	90 kJ 22 kcal	136 kJ 33 kcal	2660 kJ 643 kcal
Protein	0.7 g	1 g	19 g
Total Fat	2 g	3 g	58 g
Saturated fat	<1 g	<1 g	2.7 g
Trans fat	<1 g	<1 g	0 g
Carbohydrate	0 g	0.5 g	11 g
Sugars	0 g	0 g	0 g
Dietary fibre	0 g	0 g	0 g
Sodium	0 mg	0 mg	0 mg
Omega-3 Fatty Acids	1120 mg	1680 mg	33.0 g
of which EPA	720 mg	1080 mg	21.2 g
of which DHA	400 mg	600 mg	11.8 g
Olive Oil	340 mg	510 mg	10.0 g
of which oleic acid (Omega-9)	255 mg	382.5 mg	7.5 g
Polyphenols	18.3 mg	27.4 mg	0.54 g
of which hydroxytyrosol	5.8 mg	8.7 mg	0.17 g
Squalene	1.3 mg	1.9 mg	0.04 g
Vitamin D	13.4 mcg*	20.1 mcg*	0.39 mg
	*268% Daily Value	*402% Daily Value	

ZINZINO POLYPHENOL BLEND: Hydroxytyrosol, cacao and olive polyphenols.

ZINZINO BALANCE BLEND: EPA, DHA and Omega-9.

NATURAL: Essent+ Premium is made from ingredients coming from natural sources.

GMO-FREE: Our products are GMO-free (i.e. free of genetically modified organisms).

RECOMMENDED DAILY DOSAGE: 1 softgel per circa 30 kg body weight. Adjust serving size based on body weight. Adults with body weight 50–60 kg: 2 softgels daily. Adults with body weight 80–90 kg: 3 softgels daily. Maximum 5 softgels per day. Do not exceed recommended daily dose. Food supplements are not intended as a substitute for a balanced and varied diet and a healthy lifestyle.

INGREDIENTS: Fish oils*, capsule shell (fish gelatine, glycerol), cold-pressed extra virgin olive oil, thickener (beeswax), cocoa seed powder, emulsifier (rapeseed lecithin), olive fruit extract (*Olea europaea*), vitamin D₃ (cholecalciferol). *Non-EU origin.

CAUTION: If taking blood-thinning medicine or if you have a medical condition, consult your doctor before using Essent+ Premium.

STORAGE: Store in a dark dry place at room temperature or in refrigerator. Keep out of reach of children.

CONTENT: 60 softgels in individual blister packs for optimal freshness.

HEALTH CLAIMS (EU)

¹Olive oil polyphenols contribute to the protection of blood lipids from oxidative stress. The claim may be used only for olive oil which contains at least 5 mg of hydroxytyrosol and its derivatives (e.g. oleuropein complex and tyrosol) per 20 g of olive oil. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 20 g of olive oil.

²EPA and DHA contribute to the normal function of the heart. The claim may be used only for food which is at least a source of EPA and DHA as referred to in the claim SOURCE OF Omega-3 FATTY ACIDS as listed in the Annex to Regulation (EC) No 1924/2006. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 250 mg of EPA and DHA.

³DHA contributes to the maintenance of normal brain function. The claim may be used only for food which contains at least 40 mg of DHA per 100 g and per 100 kcal. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 250 mg of DHA. Docosahexaenoic acid (DHA) maternal intake contributes to the normal brain development of the fetus and breastfed infants. Information shall be given to pregnant and lactating women that the beneficial effect is obtained with a daily intake of 200 mg of DHA in addition to the recommended daily intake for Omega-3 fatty acids for adults, i.e. 250 mg DHA and EPA. The claim can be used only for food which provides a daily intake of at least 200 mg DHA.

⁴Vitamin D contributes to the normal function of the immune system. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF Vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

⁵The extra virgin oil used in Essent+ Premium comes from Koroneiki olives from Cyprus that are cold-pressed and specially selected for their high polyphenol content (above 2600 mg/kg). Analyzed and certified at source.

⁶DHA contributes to the maintenance of normal vision. The claim may be used only for food which contains at least 40 mg of DHA per 100 g and per 100 kcal. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 250 mg of DHA. Docosahexaenoic acid (DHA) intake contributes to the normal visual development of infants up to 12 months of age. Information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 100 mg of DHA. When the claim is used on follow-on formula, the food shall contain at least 0.3% of the total fatty acids as DHA.

⁷A claim that a food is high in Omega-3 fatty acids, and any claim likely to have the same meaning for the consumer, may only be made where the product contains at least 0.6 g alpha-linolenic acid per 100 g and per 100 kcal, or at least 80 mg of the sum of eicosapentaenoic acid and docosahexaenoic acid per 100 g and per 100 kcal. Analysed and certified at source.

⁸DHA and EPA contribute to the maintenance of normal blood triglyceride levels. The claim may be used only for food which provides a daily intake of 2 g of EPA and DHA. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 2 g of EPA and DHA. When the claim is used on food supplements and/or fortified foods, information shall also be given to consumers not to exceed a supplemental daily intake of 5 g of EPA and DHA combined. DHA contributes to the maintenance of normal blood triglyceride levels. The claim may be used only for food which provides a daily intake of 2 g of DHA and which contains DHA in combination with eicosapentaenoic acid (EPA). In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 2 g of DHA. When the claim is used on food supplements and/or fortified foods, information shall also be given to consumers not to exceed a supplemental daily intake of 5 g of EPA and DHA combined.

⁹DHA and EPA contribute to the maintenance of normal blood pressure. The claim may be used only for food which provides a daily intake of 3 g of EPA and DHA. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 3 g of EPA and DHA. When the claim is used on food supplements and/or fortified foods, information shall also be given to consumers not to exceed a supplemental daily intake of 5 g of EPA and DHA combined.

¹⁰Vitamin D contributes to normal blood calcium levels. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF Vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

¹¹Vitamin D contributes to the maintenance of normal bones. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF Vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

¹²Vitamin D contributes to the maintenance of normal muscle function. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF Vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

¹³Vitamin D contributes to the maintenance of normal teeth. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF Vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

¹⁴Vitamin D has a role in the process of cell division. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF Vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

特级 ESSENT+

多酚欧米茄类脂肪酸平衡营养补充品



适合生酮饮食



非转基因



不含大豆



无麸质



无糖



天然成分



SPORT

产品亮点

欧米茄补充剂的新时代。特级 Essent+ 将我们的纯天然多酚欧米茄类平衡营养补充剂的优势推上了新高度。易消化的软胶囊会安全恢复您体内的脂肪酸平衡，防止血脂氧化，维持心脏和脑部的正常机能。每粒胶囊都富含欧米茄-3 脂肪酸 EPA 和 DHA 的浓缩纯鱼油，以及从我们专有的特级初榨橄榄油 (R.E.V.O.O)、橄榄果提取物和可可粉中提取的功能强大的生物活性多酚。

纯天然成分

- ▶ 天然甘油三酯鱼油
- ▶ 冷压 R.E.V.O.O (Revolutionary Extra Virgin Olive Oil)
- ▶ 羊毛脂萃取维生素 D₃
- ▶ 植物来源混合生育酚



多酚保护

每日服用 5 毫克橄榄中的羟基酪醇，有助于保护血脂免受氧化损伤。¹



均衡调理

让体内的欧米茄 6: 3 比例在 120 天内实现 3: 1 的平衡比例。



营养功效经过验证

观察您个人服用特级 Essent+ 前后的效果。



超纯

经过分子毒素检测，确保新鲜性、安全性和纯度值得信赖。



NEXT GEN 营养

采用综合增效配方，实现协同作用，有助于维持心脏²、大脑³和免疫系统⁴的正常机能。3 粒软胶囊含有 600 毫克 DHA、1080 毫克 EPA 和 20 微克维生素 D₃。



普惠当下，关怀未来

特级 Essent+ 选用具有可持续认证的野生捕捞鱼类作为原材料，选择特级 Essent+ 即是支持海洋生态平衡保护事业。

ZINZINO

特级 ESSENT+: 鱼油搭配橄榄油, 效果久经验证

特级 Essent+ 配比科学, 优等鱼油成分富含有益人体的欧米茄-3, 橄榄油添加经过科学认证, 富含多酚、植物营养素和欧米茄-9, 有助于增强欧米茄-3 脂质的氧化稳定性。

多酚与欧米茄-3 结合, 有力充当抗氧化剂, 防止脂质氧化⁶。R.E.V.O.O 多酚含量更高, 模拟鱼类体内的天然多酚类物质, 安全输送稳定性较低的欧米茄-3, 经过全身直至抵达细胞膜中。多酚和海洋脂质紧密协同作用, 让人体安全吸收、调整并维持欧米茄-3 高于 8% 的标准水平, 以实现欧米茄 6: 3 平衡比例低于 3: 1。

特级 ESSENT+ 添加 REVOLUTIONARY EXTRA VIRGIN OLIVE OIL

特级 Essent+ 胶囊蕴含专有特级初榨橄榄油 R.E.V.O.O, 以专利生产工艺压榨认证级 Koroneiki 橄榄, 多酚⁵、油酸和多种植物营养素含量极为丰富。确切而言, R.E.V.O.O 的多酚含量高达标准特级初榨橄榄油的 30 倍。富含欧米茄-9 (油酸) 是它的又一重要特色, 能有力支持血脂水平恢复正常化¹。这是一种优质成分, 每 250 毫升单独零售价 69.00 欧元。

专业天然浓缩鱼油配比, 呵护心血管系统和大脑的正常机能

特级 Essent+ 胶囊所含的鱼油精选自两大天然来源欧米茄-3 浓缩甘油三酯, 实现上佳效果。这些优质浓缩甘油三酯含有 85% 的 EPA 和 DHA, 高浓度下少量摄入即可在体内实现预期成效, 因此十分适合胶囊剂型。

选择甘油三酯形式至关重要, 因为这一形式在鱼类和植物种群中天然存在, 最易被人体识别和吸收。事实上, 从食物中摄取的 98% 以上的脂肪均以甘油三酯的形式存在。甘油三酯鱼油工艺更复杂, 生产用时更久, 但它是我们的不二之选。甄选天然浓缩欧米茄-3 精纯采自南太平洋无污染水域鳀鱼, 经过海洋之友 (Friend of the Sea) 认证, 符合可持续捕捞的最高标准。

维生素 D₃

特级 Essent+ 含有维生素 D₃ (胆钙化醇), 3 粒软胶囊的维生素 D₃ 含量为 20 微克。我们使用的是羊毛脂制成的天然维生素 D₃ (胆钙化醇)。羊毛脂是绵羊毛中天然存在的脂肪。这种维生素 D₃ 通过将羊毛脂中的维生素 D₃ 前体溶解而得。当它暴露于紫外线下时就会发生化学变化并被激活。这种化学反应与人体皮肤产生维生素 D₃ 的过程相似。

可可粉

自脱脂可可籽中提取的可可粉富含多酚, 尤以营养价值丰富的子类物质黄烷醇为多。每日服用 3 粒软胶囊可补充 17.9 毫克多酚。

天然羟基酪醇

特级 Essent+ 中的羟基酪醇为百分百天然提取物, 冷榨橄榄果后通过水基萃取而得。羟基酪醇是在橄榄中发现的主要酚类化合物, 也是橄榄果和特级初榨橄榄油的大部分健康价值的来源。羟基酪醇有助于维持血脂, 保护必需的欧米茄脂肪酸。

欧洲食品安全局 (EFSA) 批准了一项健康声明, 指出每日摄入 5 毫克羟基酪醇及其衍生物, 有助于保护血脂免受氧化损伤, 而氧化损伤是心血管疾病的一大风险源头。服用 3 粒软胶囊即可达到这一羟基酪醇摄入量标准。

鱼皮明胶

软胶囊以鱼皮提取物优质药用级别鱼明胶制成, 不含任何人工色素。

鱼油与橄榄油协同 = 成效

我们的科学家将特级 Essent+ 配制为多种优质欧米茄-3 脂肪酸的浓缩混合物, 但天然甘油三酯成分仍富含 (85%) 的 EPA 和 DHA 以及来自特级初榨橄榄油的欧米茄-9 脂肪酸。特级 Essent+ 也特别配比羟基酪醇和黄烷醇, 多酚含量十分丰富 (23 毫克)。羟基酪醇来自橄榄油和橄榄果提取物, 而黄烷醇来自可可粉。

120 天见效证明

我们的认证实验室负责分析血液中 11 种脂肪酸的干血点测试, 我们的数据库因而成为同类中的佼佼者。未服用欧米茄-3 补充剂人群的平均欧米茄 6:3 比例: 北欧人为 12:1, 欧洲人为 15:1, 美国人为 25:1。服用平衡油 (BalanceOil) 产品 120 天后, 大部分人的平均比例降至 3:1 以下。

主要益处

- ▶ 帮助维持人体内部多酚水平, 保护血脂对抗氧化应激¹
- ▶ 每日服用 3 粒或以上软胶囊, 有助于保护血脂免受氧化损伤¹, 因为每日剂量包含 5 毫克或以上羟基酪醇
- ▶ 有利于维持心脏正常机能², 因为每日剂量包含 1080 毫克 EPA 和 600 毫克 DHA
- ▶ 有利于维持脑部正常机能³, 因为每日剂量包含 600 毫克 DHA
- ▶ 有益于免疫系统的正常机能⁴, 因为每日剂量包含 20 微克维生素 D₃
- ▶ 支持眼部健康和正常机能, 因为含有 600 毫克 DHA⁶
- ▶ 每日服用 4 粒或以上软胶囊, 有利于维持原本处于正常范围内的甘油三酯⁸和血压水平⁹, 因为每日剂量包含 2240 毫克 EPA 和 DHA
- ▶ 有益于强健骨骼、¹¹肌肉、¹²牙齿¹³和细胞¹⁴, 因为每日剂量包含 20 微克维生素 D₃
- ▶ 帮助维持人体内部的 EPA 和 DHA 水平
- ▶ 帮助优化人体内部的欧米茄 6: 3 水平

脑部机能

已证实 EPA 和 DHA 具有维持正常脑部机能的保健功效。³对于妊娠期和哺乳期女性来说, DHA 有助于胎儿和母乳喂养婴儿大脑的正常发育。³欧米茄-3 长链脂肪酸对亲子两代人的健康都非常重要。

心脏机能

EPA 和 DHA 已经证实有益于心脏健康。它们有助于维持心脏的正常机能。²

免疫系统

特级 Essent+ 含有维生素 D₃, 它对于维持免疫系统的正常机能有着非常重要的作用。⁴

对抗氧化

每日服用 5 毫克或以上剂量时, 橄榄中的羟基酪醇有助于保护血脂免受氧化损伤。¹脂质是血液和身体组织中的脂肪类物质, 如胆固醇或甘油三酯, 它们对我们的心脏健康非常重要。

营养成分

NUTRITION INFORMATION

食用份量 (基于份量建议) (每包装所含食用份量数目)	2 粒软胶囊 30	3 粒软胶囊 20	
平均含量	每 2 粒软胶囊	每 3 粒软胶囊	每 100 克
能量	90 千焦 22 千卡	136 千焦 33 千卡	2660 千焦 643 千卡
蛋白质	0.7 克	1 克	19 克
总脂肪	2 克	3 克	58 克
饱和脂肪	<1 克	<1 克	2.7 克
反式脂肪	<1 克	<1 克	0 克
碳水化合物	0 克	0.5 克	11 克
糖	0 克	0 克	0 克
膳食纤维	0 克	0 克	0 克
钠	0 毫克	0 毫克	0 毫克
Omega-3 脂肪酸	1120 毫克	1680 毫克	33.0 克
其中 EPA	720 毫克	1080 毫克	21.2 克
其中 DHA	400 毫克	600 毫克	11.8 克
橄榄油	340 毫克	510 毫克	10.0 克
其中油酸 (Omega-9)	255 毫克	382.5 毫克	7.5 克
多酚	18.3 毫克	27.4 毫克	0.54 克
其中羟基酪醇	5.8 毫克	8.7 毫克	0.17 克
角鲨烯	1.3 毫克	1.9 毫克	0.04 克
维生素 D	13.4 微克*	20.1 微克**	0.39 毫克

*268% 推荐日摄入量 **402% 推荐日摄入量

ZINZINO POLYPHENOL BLEND: 羟基酪醇、可可和橄榄多酚。

ZINZINO BALANCE BLEND: EPA、DHA 和欧米茄-9。

天然: 特级 Essent+ 选用天然的原材料成分。

无转基因成分: 我们的产品无转基因成分 (即不含基因改造生物)。

每日推荐剂量: 每 30 公斤体重服用 1 粒软胶囊。根据体重调整使用量。体重 50—60 公斤的成人: 每日 2 粒软胶囊。体重 80—90 公斤的成人: 每日 3 粒软胶囊。每日总服用量不超过 5 粒软胶囊。请勿超过每日推荐剂量。营养补充品不可替代均衡多样的膳食。

成分: 鱼油*、胶囊壳 (鱼皮明胶、甘油)、特级冷压初榨橄榄油、增稠剂 (蜂蜡)、可可籽粉、乳化剂 (油菜籽卵磷脂)、橄榄果提取物 [橄榄油]、维生素 D₃ (胆钙化醇)。

注意事项: 如果正在服用血液稀释药物或者身体不适, 请在服用特级 Essent+ 前咨询自己的医生。

保存方式: 可室温或冷藏保存在避光干燥处。避免儿童接触。

内容物: 粒软胶囊 独立泡壳包装以实现最佳新鲜度。

保健功效声明 (EU)

¹橄榄油多酚有助于保护血脂对抗氧化应激。此声明仅可用于每 20 克至少含有 5 毫克羟基酪醇及其衍生物 (如橄榄苦苷复合物和酪醇) 的橄榄油。为履行声明责任, 应告知消费者, 每日摄入 20 克橄榄油才能获得相应保健功效。

²EPA 和 DHA 有助于维持心脏的正常机能。此声明仅可用于至少是《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列欧米茄-3 脂肪酸来源声明中提及的一种含 EPA 和 DHA 的食物。为履行声明责任, 应告知消费者, 每日摄入 250 毫克 EPA 和 DHA 才能获得相应保健功效。

³DHA 有利于维持脑部正常机能。此声明仅可用于每 100 克和每 100 千卡中至少含有 40 毫克 DHA 的食物。为履行声明责任, 应告知消费者, 每日摄入 250 毫克 DHA 才能获得相应保健功效。母体摄入二十二碳六烯酸 (DHA) 有助于胎儿和母乳喂养婴儿大脑的正常发育。应告知妊娠期和哺乳期的女性, 为了达到有益功效, 每日除服用 200 毫克 DHA 外, 还建议摄入成人欧米茄-3 脂肪酸, 即 250 毫克 DHA 和 EPA。此声明仅可用于每日摄入量能提供至少 200 毫克 DHA 的食物。

⁴维生素 D 有助于维持免疫系统的正常功能。此声明仅可用于至少为《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 D 来源声明中提及的一种含维生素 D 的食物。

⁵特级 Essent+ 中的特级初榨橄榄油来自冷压的塞浦路斯 Koroneiki 橄榄, 之所以特别选择这个品种是因为它们的多酚类物质含量高 (大于 2,600 毫克/公斤)。来源经过分析和认证。

⁶DHA 有利于维持视力健康。此声明仅可用于每 100 克和每 100 千卡中至少含有 40 毫克 DHA 的食物。为履行声明责任, 应告知消费者, 每日摄入 250 毫克 DHA 才能获得相应保健功效。二十二碳六烯酸 (DHA) 的摄入有助于 12 个月以内婴儿视力的正常发育。应告知消费者, 每日摄入 100 毫克 DHA 才能获得相应保健功效。当此声明用于 6-12 个月婴儿的配方时, 食物总脂肪酸含量中应至少有 0.3% 为 DHA。

⁷向消费者表示食物中欧米茄-3 脂肪酸含量较高以及具有相同意义的任何类似声明, 仅适用于每 100 克和每 100 千卡中至少含有 0.6 克 α -亚麻酸的产品, 或每 100 克和每 100 千卡中二十碳五烯酸和二十二碳六烯酸总量超过 80 毫克的产品。来源经过分析和认证。

⁸DHA 和 EPA 有利于维持正常的血甘油三酯水平。此声明仅可用于能提供每日 2 克 EPA 和 DHA 摄入量的食物。为履行声明责任, 应告知消费者, 每日摄入 2 克 EPA 和 DHA 才能获得相应保健功效。当此声明用于营养补充品和/或强化食品时, 应告知消费者 EPA 和 DHA 组合的每日补充摄入量不得超过 5 克。DHA 有利于维持正常的血甘油三酯水平。此声明可用于能提供每日 2 克 DHA 摄入量且含有结合了二十碳五烯酸 (EPA) 的 DHA 的食物。为履行声明责任, 应告知消费者, 每日摄入 2 克 DHA 才能获得相应保健功效。当此声明用于营养补充品和/或强化食品时, 应告知消费者 EPA 和 DHA 组合的每日补充摄入量不得超过 5 克。

⁹DHA 和 EPA 有利于维持正常的血压水平。此声明仅可用于能提供每日 3 克 EPA 和 DHA 摄入量的食物。为履行声明责任, 应告知消费者, 每日摄入 3 克 EPA 和 DHA 才能获得相应保健功效。当此声明用于营养补充品和/或强化食品时, 应告知消费者 EPA 和 DHA 组合的每日补充摄入量不得超过 5 克。

¹⁰维生素 D 有利于维持正常的血钙水平。此声明仅可用于至少为《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 D 来源声明中提及的一种含维生素 D 的食物。

¹¹维生素 D 有利于维持骨骼健康。此声明仅可用于至少为《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 D 来源声明中提及的一种含维生素 D 的食物。

¹²维生素 D 有利于维持肌肉健康。此声明仅可用于至少为《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 D 来源声明中提及的一种含维生素 D 的食物。

¹³维生素 D 有利于维持牙齿健康。此声明仅可用于至少为《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 D 来源声明中提及的一种含维生素 D 的食物。

¹⁴维生素 D 在细胞分裂过程中起着一定的作用。此声明仅可用于至少为《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 D 来源声明中提及的一种含维生素 D 的食物。