

ESSENT+ PREMIUM

POLYPHENOL OMEGA BALANCE DIETARY SUPPLEMENT



KETO-FRIENDLY



NON-GMO



NATURALLY SOURCED
INGREDIENTS



SPORT

PRODUCT HIGHLIGHTS

Essent+ Premium takes our range of all-natural Polyphenol Omega Balance dietary supplements to yet another level of superiority.

The easily digested softgels contain a synergistic, proprietary blend of pure, concentrated high grade natural fish oil rich in the Omega-3 fatty acids EPA and DHA, and bioactive polyphenols and phytonutrients with extremely powerful antioxidant capacity derived from R.E.V.O.O (extra virgin olive oil), olive fruit extract and cocoa powder. As a result, Essent+ Premium offers unparalleled levels of efficient and effective absorption and blood lipid protection. This is why Essent+ Premium enables more efficient and effective absorption and blood lipid protection than ever; safely increasing your Omega-3 levels, adjusting your Omega-6:3 ratio, creating beneficial levels for your blood lipids, your cardiovascular system, your brain and the immune system.

ALL-NATURAL INGREDIENTS

- ▶ Natural triglyceride fish oil
- ▶ Cold-pressed R.E.V.O.O (Revolutionary Extra Virgin Olive Oil)
- ▶ Vitamin D₃ from lanolin
- ▶ Mixed tocopherols from a vegetable source



POLYPHENOL PROTECTION

Protect your cells from rusting (oxidation). A daily dose of 5 mg olive hydroxytyrosol contributes to the protection of blood lipids from oxidative damage.



GET BALANCED

May assist to improve your Omega 6:3 ratio to 3:1 balance in 120 days.



TEST-BASED NUTRITION

See your individualized before and after test results.



ULTRA PURE

Molecularly tested for toxins to ensure freshness, safety and purity you can trust.



NEXT GEN NUTRITION

This formula contributes to the support of normal heart, brain and immune function. 3 softgels daily contains 600 mg DHA, 1080 mg EPA and 20 mcg vitamin D.



CARE FOR THE FUTURE, TODAY

By choosing Essent+ Premium, you're supporting a balanced ocean ecosystem with a certified sustainable source of wild-caught fish.

ZINZINO

ESSENT+ PREMIUM: FISH AND OLIVE OIL IN HARMONY FOR PROVEN RESULTS

The scientific formulation inside Essent+ Premium combines a unique fish oil grade with beneficial amounts of Omega-3 along with a scientifically certified measure of olive oil that provides polyphenols, phytonutrients, and Omega-9 and thus contributes to the enhanced oxidative stability of Omega-3 lipids.

The polyphenols bind to the Omega-3s and act as effective antioxidants, preventing the lipids from oxidating⁶. The enhanced polyphenols of R.E.V.O.O mimic the polyphenols naturally present in fish and transfer the fragile Omega-3 through the body until delivering them securely within the cell membranes. The polyphenols and the marine lipids collaborate in a highly synergetic way, making it possible for the body to safely absorb, adjust, and maintain the Omega-3 levels above the required 8% necessary to achieve an Omega-6:3 balance below 3:1.

THE REVOLUTIONARY EXTRA VIRGIN OLIVE OIL IN ESSENT+ PREMIUM

Essent+ Premium capsules are made with extra virgin olive oil from a patented production process that gives us the proprietary R.E.V.O.O from certified Koroneiki olives with unparalleled levels of polyphenols, oleic acid, several phytonutrients and more. In fact, R.E.V.O.O is up to 30 times higher in polyphenols than standard extra virgin olive oils. Its richness in Omega-9 (Oleic acid) is another important feature, which actively supports the normalization of blood lipid levels. It is a high premium component and individually retails at \$165 AUD per 250 ml.

THE SPECIALIST BLEND OF NATURAL FISH OIL CONCENTRATE SUPPORTING THE CARDIOVASCULAR SYSTEM AND BRAIN FUNCTION

The fish oil used in Essent+ Premium capsules comes from two selectively sourced natural Omega-3 triglyceride concentrates for the best possible result. These high-quality triglyceride concentrates contain 85% EPA and DHA, and with such a high concentration only small amounts are needed to get the necessary results in our bodies so they are perfect to be used in capsules.

Choosing the triglyceride form is important since this is the form naturally found in fish and plant species and thus the form the body most easily recognizes and absorbs. In fact, over 98% of all fats ingested from foods are in the triglyceride form. Triglyceride fish oils are more complicated and take longer to produce, but for us there's no other way. The chosen natural Omega-3 concentrates are made from pure anchovies from the unpolluted waters of the South Pacific and are certified by Friend of the Sea and meet the highest standard for sustainable fishing.

VITAMIN D₃

Essent+ Premium contains vitamin D₃ (cholecalciferol) and 3 softgel capsules provide 20 µg. We use a natural vitamin D₃ (cholecalciferol) made from lanolin. Lanolin is a naturally occurring fat found in sheep's wool. The vitamin D₃ is made by dissolving a precursor to vitamin D₃ from the lanolin. It is then chemically altered and activated by exposure to ultraviolet (UV) light. The chemical process is comparable to the process which occurs in the human skin when it produces vitamin D₃.

CACAO POWDER

Cacao powder from defatted cocoa seeds contains high amounts of polyphenols, particularly a sub-class known as flavanols with nutritional benefits. A daily dose of 3 softgel capsules provides 17.9 mg of polyphenols.

NATURAL HYDROXYTYROSOL

The hydroxytyrosol in Essent+ Premium is a 100% natural extract obtained by cold-pressing olive fruits, followed by water-based extraction. Hydroxytyrosol is the major phenolic compound found in olives and is considered to provide most of the health benefits of both the olive fruit and extra virgin olive oil. Hydroxytyrosol supports blood lipid maintenance and protects essential Omega fatty acids.

The European Food Safety Authority (EFSA) approved a health claim stating that hydroxytyrosol and its derivatives contribute to the protection of blood lipids from oxidative damage, a key risk factor of cardiovascular disorders, if 5 mg is consumed daily. This is the dose of hydroxytyrosol found in 3 softgel capsules.

GELATIN FROM FISH

The softgel capsules are made of high-grade pharmaceutical fish gelatin derived from fish skin and are free from any artificial colors.

FISH AND OLIVE OIL SYNERGY = RESULTS

Our scientists have formulated Essent+ Premium as a blend of several high-quality Omega-3 fatty acids in a concentrated form, but as natural triglycerides, with an extra high content (85%) of EPA & DHA; and the fatty acid Omega-9 from extra virgin olive oil. Essent+ Premium also contains a very significant amount of polyphenols (23 mg) in a special blend of hydroxytyrosol and flavanols. Hydroxytyrosol is derived from olive oil and olive fruit extract, while flavanol is derived from cocoa powder.

PROOF OF BALANCE IN 120 DAYS

Our certified laboratories are responsible for analyzing the dried blood spot tests for eleven fatty acids in the blood, making our database the world's largest of its kind. The average Omega-6:3 ratio for people not taking an Omega-3 supplement is 12:1 for Northern Europe, 15:1 for Europe and 25:1 for the USA. After taking BalanceOil products for 120 days, the average ratio for most people is below 3:1.



Norwegian Formulation. Produced in Spain.

ZINZINO

KEY BENEFITS

- ▶ **Helps maintain polyphenol levels in your body to protect blood lipids from oxidative stress**
- ▶ **When 3 softgel capsules or more are consumed daily, it contributes to the protection of blood lipids from oxidative damage since the daily dosage contains 5 mg or more of hydroxytyrosol**
- ▶ **Contributes to normal cardiovascular system since the daily dosage contains 1080 mg EPA and 600 mg DHA**
- ▶ **Contributes to normal brain function since the daily dosage contains 600 mg DHA**
- ▶ **Contributes to normal immune function since the daily dosage contains 20 µg of vitamin D₃**
- ▶ **Supports healthy and normal eye function since it contains 600 mg of DHA**
- ▶ **4 softgel capsules or more per day helps maintain healthy blood lipids and cardiovascular levels that are already within normal limits since the daily dosage contains 2240 mg of EPA and DHA**
- ▶ **Contributes to healthy bones, muscles, teeth and cells since the daily dosage contains 20 µg of vitamin D₃**
- ▶ **Helps maintain good levels of EPA and DHA in your body**
- ▶ **Helps maintain optimal Omega-6:3 levels in your body**

BRAIN FUNCTION

EPA and DHA claims for maintaining normal brain function. The long-chained Omega-3 fatty acids are important for our health, and for the health of the next generation, too.

CARDIOVASCULAR SYSTEM FUNCTION

EPA and DHA have approved health claims for cardiovascular system health. They contribute to the normal function of our hearts.

THE IMMUNE SYSTEM

Essent contains vitamin D₃, vitally important for the immune system as it contributes to its normal function.

BLOOD LIPID SUPPORT

Hydroxytyrosol from olives contributes to the protection of blood lipids from oxidative damage when the daily dose is 5 mg or more. Lipids are fat-like substances found in your blood and body tissues, such as cholesterol or triglycerides which are important for our cardiovascular health.

SUPPLEMENT FACTS

EACH SOFTGEL CAPSULE CONTAINS

Colecalciferol (Vitamin D) 6.7 micrograms
Extra Virgin Olive Oil (R.E.V.O.O) 170 mg
Equivalent to Oleic Acid (Omega-9) 127.5 mg
Equivalent to Olive Polyphenols 460 micrograms
Equivalent to Hydroxytyrosol 230 micrograms
Equivalent to Squalene 640 micrograms
Olea europea fruit extract dry (HytOlive) 16.7 mg
from Olea europea fruit dry 3.34 g
Equivalent to Hydroxytyrosol 2.2 mg
Equivalent to Tyrosol 500 micrograms
Theobroma cacao seed extract dry 50 mg
from Theobroma cacao dry seed 1 g
Equivalent to Polyphenols 6 mg
Concentrated fish Omega-3 triglycerides 400 mg
Equivalent - Eicosapentaenoic acid (EPA) 200 mg
Equivalent - Docosahexaenoic acid (DHA) 80 mg
Concentrated fish Omega-3 triglycerides 400 mg
Equivalent - Eicosapentaenoic acid (EPA) 160 mg
Equivalent - Docosahexaenoic acid (DHA) 120 mg

ZINZINO POLYPHENOL BLEND: Hydroxytyrosol, cacao and olive polyphenols.

ZINZINO BALANCE BLEND: EPA, DHA and Omega-9.

NATURAL: Essent+ Premium is made from ingredients coming from natural sources.

GMO-FREE: Our products are GMO-free (i.e. free of genetically modified organisms).

RECOMMENDED DAILY DOSAGE: 1 softgel per circa 30 kg body weight. Adjust serving size based on body weight. Adults with body weight 50–60 kg: 2 softgels daily. Adults with body weight 80–90 kg: 3 softgels daily. Do not exceed recommended daily dose.

INGREDIENTS: Encapsulating Aids (fish gelatine, glycerol, beeswax, rapeseed lecithin, maltodextrin, medium chain triglycerides, silicon dioxide).

WARNING: If taking blood-thinning medicine or if you have a medical condition, consult your doctor before using Essent+ Premium. Vitamins, minerals and nutrients should not replace a balanced diet.

STORAGE: Store in a dark dry place at room temperature or in refrigerator. Keep out of reach of children.

CONTENT: 60 softgels capsules in individual blister pack for optimal freshness.