

ESSENTOIL+

ALL-NATURAL POLYPHENOL OMEGA BALANCE FOOD SUPPLEMENT



PRODUCT HIGHLIGHTS

EssentOil+ is an all-natural Polyphenol Omega Balance food supplement high in olive polyphenols, Omega-3 and vitamin D₃. It safely adjusts and maintains EPA + DHA levels and the Omega-6:3 Balance in your body while protecting your cells from oxidation. It contains a premium blend of oils derived from wild-caught small fish and pre-harvest extra virgin olive oil.

ALL-NATURAL INGREDIENTS

- ▶ The fish oil, from wild-caught small fish
- ▶ Cold-pressed extra virgin olive oil
- ▶ Vitamin D₃ is derived from a natural source
- ▶ Contains only natural flavours



GET BALANCED

Bring your Omega-6:3 ratio to 3:1 balance in 120 days.



TEST-BASED NUTRITION

See your individualized test results before and after you start taking EssentOil+.



ULTRA-PURE

Molecularly tested for toxins to ensure freshness, safety and purity you can trust.



NEXT GEN NUTRITION

Synergistic formula that contributes to normal heart,² brain¹ and immune³ function.



CARE FOR THE FUTURE, TODAY

By choosing EssentOil+, you're supporting a balanced ocean ecosystem with a certified sustainable source of wild-caught fish.

ESSENTOIL+: FISH AND OLIVE OIL IN PERFECT BALANCE WITH PROVEN RESULTS

The scientific formulation inside EssentOil+ combines a unique fish oil grade with beneficial amounts of both Omega-3 and Omega-7, along with a scientifically certified measure of olive oil that provides polyphenols, phytonutrients, and Omega-9 in high quantities, and thus contributes to the enhanced oxidative stability of Omega-3 lipids.⁴

The polyphenols bind to the Omega-3s and act as effective anti-oxidants, preventing the lipids from oxidating.⁴ The polyphenols of the olive oil mimic the polyphenols naturally present in fish and transfer the fragile Omega-3 through the body until delivering them securely within the cell membranes. The polyphenols and the marine lipids collaborate in a highly synergetic way, making it possible for the body to safely absorb, adjust, and maintain the Omega-3 levels above the required 8% necessary to achieve an Omega-6:3 balance below 3:1.

The average Omega-6:3 ratio for people not taking an Omega-3 supplement is 12:1 for Northern Europe, 15:1 for Europe, and 25:1 for USA, as revealed by researching the world's largest database of essential fatty acids, with 600,000+ tests analyzed at the independent laboratory, Vitas Analytical Services. After taking EssentOil+ products for 120-days, the average ratio in all of these geographical areas is below 3:1.

SPANISH EXTRA VIRGIN OLIVE OIL IN ESSENTOIL+

Balance Oil+ is made with extra virgin olive oil from the Spanish Picual olive which is selected for its richness in Omega-9 and very high antioxidant content. Omega-9 (Oleic acid) is an important feature, which actively supports the normalization of blood cholesterol levels.⁴ The olives are of pre-harvest quality and in the process the stones are taken out and only the fruits are cold-pressed, resulting in an extra virgin oil, rich in Omega-9 (Oleic acid) with very high content of antioxidants called polyphenols (above 750 mg/kg), both with several beneficial effects.¹⁵ The polyphenols protect the EssentOil+ in the bottle but even more importantly, also your cells.

EXTRA VIRGIN OLIVE OIL PHYTONUTRIENT PROFILE

Olive Polyphenols	750 mg / kilo
Hydroxytyrosol & Tyrosol	330 mg / kilo
Oleocanthal + Oleacein	490 mg / kilo
Oleuropein	64 mg / kilo
Squalene	4 230 mg / kilo
Vitamin E	300 mg / kilo
Maslinic acid	100 mg / kilo

THE UNIQUE BLEND OF FISH OIL SUPPORTING NORMAL HEART AND BRAIN FUNCTION

The fish oil used in EssentOil+ products is a selectively sourced fish oil grade 20/10 EPA/DHA (vs the industry standard of 18/12), with a unique essential fatty acid profile for both Omega-3 (EPA, DHA, DPA) and Omega-7 (POA, VA). The fish oils we choose are derived from short-lived, wild-caught, small pelagic fish. Primarily, these are anchovies, but we also include sardines and mackerel. All of our oil is derived from fishing areas certified by Friend of the Sea for sustainable fishing in unpolluted waters, something that is ecologically imperative and essential when it comes to getting a high-quality oil free from heavy metals, PCBs, and other toxins.

The fish are carefully steam cooked (no chemicals or solvents are used in this process at any stage), and then the whole fish is pressed in order to retrieve the oil (approx. 3-5% of the fish). As with all fish oils, the oil needs to be refined through a 4-step process. This is done by the manufacturer, LYSI in Iceland, and it eliminates flavours, odors, and any environmental contaminants that otherwise could spoil the quality of the product. Hence our fish oil complies with all EU, FDA, and other strict regulations that are found around the globe. LYSI meets all regulatory quality requirements and are GMP certified for food and pharmaceutical products. Thus, the EssentOil+ products are also GMP certified.

NATURAL TOCOPHEROLS

Mixed tocopherols are commonly used anti-oxidant in dietary supplements. The natural tocopherols used are made from GMO-free, highly refined soy bean oil distillates, which undergo further refining and therefore do not contain any soy proteins. This means there are no allergens present. The typical composition is: alpha-, beta-, gamma- and delta-tocopherols.

PURE VITAMIN D₃

EssentOil+ contains vitamin D₃ (cholecalciferol). We use a natural vitamin D₃ (cholecalciferol) made from lanolin. Lanolin is a naturally occurring fat found in sheep's wool. The vitamin D₃ is made by dissolving a precursor to vitamin D₃ from the lanolin. It is then chemically altered and activated by exposure to ultraviolet (UV) light. The chemical process is comparable to the process which occurs in the human skin when it produces vitamin D₃.



Norwegian Formulation. Produced in Iceland.

ZINZINO

KEY BENEFITS

- ▶ **Contributes to normal brain function and heart function since the daily dosage contains 700 mg DHA**
- ▶ **Contributes to a normal immune system since the daily dosage contains Vitamin D₃**
- ▶ **Helps maintain good levels of EPA and DHA in your body**
- ▶ **Helps maintain optimal Omega-6:3 levels in your body**
- ▶ **Supports healthy and normal eye function since it contains 700 mg DHA**
- ▶ **Contributes to normal bones, muscle function, since the daily dosage contains Vitamin D₃**
- ▶ **Supports normal blood calcium levels**
- ▶ **Oleic acid, from olive oil, is replacing saturated fats in the diet with unsaturated fats and this contributes to the maintenance of normal blood cholesterol levels.**

BRAIN FUNCTION

EPA and DHA have approved health claims for maintaining normal brain function. For pregnant and lactating women, DHA contributes to normal brain development of the fetus and breastfed infants. The long-chained Omega-3 fatty acids are important for our health, and for the health of the next generation too.

HEART FUNCTION

EPA and DHA have approved health claims for heart health. They contribute to the normal function of our hearts.

THE IMMUNE SYSTEM

EssentOil+ contains vitamin D₃, vitally important for the immune system as it contributes to its normal function.

SUPPLEMENT FACTS

Nutritional Information (Approximate values)		
Serving Size- 0.15 ml per kilo body weight	12 ml	
Servings per container	25	
Nutrients	12 ml	% RDA
Energy (kcal)	96.0	4.8
Protein (g)	0	0
Carbohydrate (g)	0	-
Total sugar (g)	0	-
added sugar	0	-
Total Fats (g)	11.2	56
Omega-3 fatty acids (mg)	2478.4	-
EPA (Eicosapentaenoic acid) (mg)	1283.2	-
DHA (Docosahexaenoic acid) (mg)	683.2	-
Omega-6 fatty acids (mg)	347.2	-
Omega-7 fatty acids (mg)	840.0	-
Omega-9 fatty acids (mg)	3068.8	-
Saturated fatty acids (g)	2.0	-
MUFA (Monounsaturated fatty acid) (g)	5.0	-
PUFA (Polyunsaturated fatty acid) (g)	3.0	-
Trans Fatty Acids (g)	0	-
Cholesterol (mg)	0	-
Sodium (mg)	0	0
Olive polyphenols (mg)	3.5	-
Vitamin D ₃ (µg)	6.4*	42.6*

Percentage RDA based on 2000 k diet by ICMR (Indian Council of Medical Research) 2010. (-) RDA (Recommended dietary allowances) not Established.
*Appropriate overages have been added to compensate the losses on storage.

ZINZINO POLYPHENOL BLEND: Hydroxytyrosol, tyrosol, oleuropein, oleocanthal and flavonoids.

ZINZINO BALANCE BLEND: Omega-3 (EPA, DHA, DPA), Omega-7, Omega-9 and Vitamin D₃.

NATURAL: EssentOil+ is made only from ingredients coming from natural sources.

GMO-FREE: Our products are GMO-free (i.e. free of genetically modified organisms).

RECOMMENDED DAILY DOSAGE: 0.15 ml per kg body weight. Adjust serving size based on body weight. Adults with body weight 50 kg: 7.5 ml daily. Adults with body weight 80 kg: 12 ml daily. Do not exceed recommended daily usage. Product is not to be used as a substitute for a varied diet. The product is not intended to treat, cure, mitigate or prevent any specific disease, disorder or condition.

INGREDIENTS: Fish Oil (60%), Cold-pressed olive oil (38%), Natural flavouring substances*, Vitamin D₃ (Cholecalciferol) (0.00021%), Antioxidant (tocopherol-rich extract). CONTAINS FISH.

* Natural lemon flavor

* Natural orange lemon mint flavor

* Natural grapefruit lemon lime flavor

CAUTION: If taking blood-thinning medication, consult your doctor before using EssentOil+. Not for medicinal use.

STORAGE: Store unopened bottles in a dark dry place at room temperature. After opening, refrigerate the bottles and use within 45 days. The oil may become cloudy at temperature lower than 4 °C due to the solidification of the olive oil. The oil will clear at room temperature. Keep out of reach of children.

CONTENT: 300 ml