

FLAT

DAILY WELLNESS FOOD SUPPLEMENT WITH ENZYME COMPLEX AND BACTERIAL CULTURES



KETO-FRIENDLY



SOY-FREE



SUGAR-FREE



CAFFEINE-FREE



PRODUCT OVERVIEW

FLAT is a daily food supplement developed to complement your wellness routine with a balanced blend of nutrients and plant-based ingredients. This carefully formulated capsule combines niacin (vitamin B₃), digestive enzymes, dietary fiber, bacterial cultures, and botanical extracts to support everyday nutritional intake. Niacin contributes to normal energy-yielding metabolism¹, making FLAT a practical addition to a balanced diet and active lifestyle.

Featuring DigeZyme[®] enzymes, *Bacillus subtilis* DE111[®] culture, and botanical ingredients such as fennel, ginger, and dandelion. Each serving delivers a blend of enzymes (amylase, protease, lactase, cellulase, and lipase), dietary fiber sources including chicory inulin, and plant extracts—all in a convenient capsule designed for daily use with meals.

- ▶ Vitamin B₃ (niacin) contributes to normal energy-yielding metabolism¹
- ▶ Contains digestive enzymes and⁴ *Bacillus subtilis* DE111[®] culture
- ▶ Includes fiber with pea hull fiber and chicory root inulin
- ▶ Botanical extracts including dandelion, fennel, ginger, turmeric, and spearmint
- ▶ Convenient daily capsule format

DE111[®]: *Bacillus subtilis* DE111[®] is a shelf-stable, spore-forming bacterial strain that has been the subject of human research. It is included in food supplements as a well-characterized strain.

DigeZyme[®] is a multi-enzyme blend containing five enzymes: alpha-amylase, protease, lipase, lactase, and cellulase. Each enzyme targets a different type of food component as part of the blend's enzymatic profile.

SUPPLEMENT FACTS

Nutrition information	2 x capsules	% NRV*
Bacillus subtilis DE111®	1 × 10 ⁹ CFU** (15 mg)	-
Herbal blend	400 mg	-
-Dandelion	200 mg	-
-Fennel	100 mg	-
-Ginger	60 mg	-
-Turmeric	10 mg	-
-Spearmint	10 mg	-
-Papaya	10 mg	-
-Citrus pectin	10 mg	-
Multienzyme blend for food	160 mg	-
-DigeZyme®	150 mg	-
-Bromelain	10 mg	-
Dietary fibre blend	100 mg	-
-Pea hull fibre	96 mg	-
-Chicory inulin	4 mg	-
Vitamin B ₃ (Niacin)	4.8 mg NE	30%

*NRV = Nutrient reference values
**1 billion CFU (colony forming units)

DE111® is a registered trademark of Deerland Probiotics & Enzymes, Inc.

DigeZyme® is a registered trademark of Sabinsa Europe GmbH.

RECOMMENDED DAILY DOSAGE: Adults: take 1 (one) capsule twice daily before meals. Do not exceed the recommended daily intake.

WARNING: Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. This product should be consumed by adults only. It should not be consumed by pregnant or lactating women or children under 18 years of age. Keep out of reach of children. It should not be consumed if other food supplements containing curcumin and/or curcuminoids are taken on the same day. People taking medications should only consume the product under medical supervision.

STORAGE: Protect from heat, light, and moisture. Store at room temperature.

INGREDIENTS: Dandelion leaf extract (*Taraxacum officinale* L.) (France) 21%, capsule shell [glazing agent (hydroxypropyl methyl cellulose), colour (copper complexes of chlorophylls and chlorophyllins)], DigeZyme® multienzyme blend for food (α-amylase, neutral protease, β-galactosidase (lactase), cellulase, lipase) (India) 16%, bulking agent (microcrystalline cellulose), fennel fruit extract (*Foeniculum vulgare* Mill.) (China) 10%, pea hull fibre, ginger rhizome powder (*Zingiber officinale* Rosc.), anti-caking agents (silicon dioxide, magnesium salts of fatty acids), *Bacillus subtilis* DE111® (USA) 1.5%, bromelain, turmeric rhizome powder (*Curcuma longa* L.), spearmint leaf powder (*Mentha spicata* L.), papaya fruit powder (*Carica papaya* L.), citrus pectin, niacin (nicotinamide) (India), native chicory inulin.

CONTENT: 60 capsules, Net weight 29 g

Produced in Spain

KEY BENEFITS

Energy- yielding metabolism¹

- ▶ FLAT provides niacin (vitamin B₃), which contributes to normal energy-yielding metabolism¹, supporting the body's natural processes for converting food into energy. Taken daily alongside balanced nutrition, FLAT offers a convenient way to include niacin in your daily routine.

Multi-enzyme blend for everyday use

- ▶ FLAT includes DigeZyme®, a multi-enzyme complex containing amylase, protease, lipase, lactase, and cellulase. Each enzyme targets different food components such as carbohydrates, proteins, fats, lactose, and plant fiber. Included in the formula alongside meals, this carefully balanced enzyme blend complements the body's natural digestive processes as part of everyday nutrition.

Bacillus subtilis DE111® culture

- ▶ FLAT contains *Bacillus subtilis* DE111®, a shelf-stable, spore-forming bacterial culture that has been studied in human research. This well-characterized bacterial strain is included as part of the formula's diverse ingredient profile for everyday wellness routine.

Fiber and botanical ingredients for everyday use

- ▶ FLAT also includes dietary fiber from chicory root inulin and pea hull fiber, two plant-based fiber sources commonly used in foods and supplements. The formula is further complemented by botanical extracts including fennel, ginger, dandelion, turmeric, and spearmint – ingredients traditionally used in culinary and herbal preparations and selected to complement the product's overall plant-based ingredient blend.

HEALTH CLAIMS

¹ Vitamin B₃ (niacin) contributes to normal energy-yielding metabolism.