

HSN

DAILY BEAUTY VITAMINS FOOD SUPPLEMENT FOR HAIR, SKIN & NAILS SUPPORT



SOY-FREE



SUGAR-FREE



CAFFEINE-FREE



PRODUCT OVERVIEW

Your secret to beautiful hair, skin, and nails.^{1,2} HSN is a daily hair, skin and nails food supplement designed to complement your beauty routine from within. This carefully balanced formula combines biotin, zinc and selenium which contribute to the maintenance of normal hair, skin and nails, alongside vitamin C which contributes to normal collagen formation for the normal function of skin and to the protection of cells from oxidative stress. Copper contributes to normal hair and skin pigmentation, while additional vitamins and plant extracts complete this comprehensive beauty blend. Convenient capsules make it simple to support your everyday nutrition and self-care routine as part of a balanced diet and healthy lifestyle.

- ▶ Biotin, zinc and selenium contribute to the maintenance of normal hair, skin and nails^{1,2,3}
- ▶ Vitamin C contributes to normal collagen formation for the normal function of skin⁵
- ▶ Vitamin C and vitamin E contribute to the protection of cells from oxidative stress⁶
- ▶ Copper contributes to normal hair and skin pigmentation⁴
- ▶ Vitamin B₆ and pantothenic acid contribute to normal energy-yielding metabolism⁷
- ▶ Easy daily capsule format to complement your beauty routine

SUPPLEMENT FACTS

Nutrition value	Per 2 Capsules:
Vitamin C	180 mg (225% NRV*)
Vitamin E	21 mg α-TE (175% NRV*)
Vitamin B ₆	2 mg (143% NRV*)
Biotin	450 µg (900% NRV*)
Pantothenic acid	8 mg (133% NRV*)
Calcium	126 mg (16% NRV*)
Zinc	5 mg (50% NRV*)
Selenium	45 µg (82% NRV*)
Manganese	1 mg (50% NRV*)
Copper	0.15 mg (15% NRV*)
Astaxanthin	25 µg
Gotu kola	60 mg
Amla	30 mg
Grape seed extract	25 mg
Horsetail	14 mg
Kombu	5 mg
Olive leaf extract	1 mg

*NRV = Nutrition Reference Value

RECOMMENDED DAILY DOSAGE: Adults: Take 2 capsules daily with a meal and water.

WARNING: Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle. Not recommended for children, pregnant or breastfeeding women unless advised by a healthcare professional. Keep out of reach of young children.

STORAGE: Store in a cool, dry place away from heat, light and moisture. Do not use if seal is broken or missing.

INGREDIENTS: Bulking agent (microcrystalline cellulose), calcium (calcium carbonate), vitamin C (L-ascorbic acid), capsule shell [glazing agent (hydroxypropyl methylcellulose), carrot (*Daucus carota L.*) concentrate], gotu kola (*Centella asiatica L.*) leaf extract, vitamin E (D-alpha-tocopheryl succinate), amla (*Phyllanthus emblica L.*) fruit extract, grape (*Vitis vinifera L.*) seed extract standardized to 95% oligomeric proanthocyanidins, anti-caking agents (silicon dioxide, magnesium salts of fatty acids), zinc (zinc citrate), horsetail (*Equisetum arvense L.*) stem extract, manganese (manganese gluconate), selenium (L-selenomethionine), pantothenic acid (calcium D-pantothenate), kombu kelp (*Laminaria japonica*) extract, vitamin B₆ (pyridoxine hydrochloride), copper (cupric gluconate), astaxanthin rich oleoresin from *Haematococcus pluvialis* algae, olive (*Olea europaea L.*) leaf extract, melon (*Cucumis melo L.*) fruit juice concentrate, biotin (D-biotin).

CONTENT: 60 capsules, Net weight 54 g

KEY BENEFITS

Contributes to the maintenance of normal hair, skin and nails^{1,2,3}

- ▶ HSN provides biotin, zinc and selenium, which contribute to the maintenance of normal hair, skin and nails^{1,2,3}. This balanced formula supports your daily beauty routine as part of a varied and balanced diet.

Supports normal collagen formation for skin function⁵

- ▶ With vitamin C, HSN contributes to normal collagen formation for the normal function of skin⁵. Collagen plays an important role in maintaining the structure and function of the skin.

Contributes to the protection of cells from oxidative stress⁶

- ▶ HSN includes vitamins C and E, which contribute to the protection of cells from oxidative stress⁶, helping support overall cellular health as part of a healthy lifestyle.

Contributes to normal energy-yielding metabolism and pigmentation^{4,7}

- ▶ This formula contains vitamin B₆ and pantothenic acid, which contribute to normal energy-yielding metabolism⁷, alongside copper, which contributes to normal hair and skin pigmentation⁴.

HEALTH CLAIMS (EU)

¹ Biotin contributes to the maintenance of normal hair and skin.

² Zinc contributes to the maintenance of normal hair, skin and nails.

³ Selenium contributes to the maintenance of normal hair and nails.

⁴ Copper contributes to normal hair and skin pigmentation.

⁵ Vitamin C contributes to normal collagen formation for the normal function of skin.

⁶ Vitamin C and vitamin E contribute to the protection of cells from oxidative stress.

⁷ Vitamin B₆ and pantothenic acid contribute to normal energy-yielding metabolism.