

LEANSHAKE

MEAL REPLACEMENT SHAKE MIX FOR WEIGHT CONTROL



HIGHLIGHTS REGARDING LEANSHAKE

Zinzino LeanShake is a delicious and nutritious meal replacement. Use it to lose weight in a healthy way, as a healthy meal or before and after exercise.

LeanShake is high in protein, dietary fibers and contains vitamins, minerals and other nutritious ingredients. It is free from gluten, soybean and contains only natural flavors.

Choose between two delicious flavors - **Strawberry** and **Chocolate**.

Content: 16 SACHETS. NET WT 1.06 LB (480 g)

KEY BENEFITS

- ▶ **Lose weight**
- ▶ **Build muscles**
- ▶ **Gut health**
- ▶ **Ultra low glycemic index/glycemic load**
- ▶ **High in protein with milk protein concentrate, whey protein isolate and collagen peptides**
- ▶ **Good source of fiber with the ZinoBiotic fiber blend**
- ▶ **Only 110 calories per serving**
- ▶ **Sweeteners and flavors from natural sources**
- ▶ **Free from gluten**
- ▶ **Source of 25 vitamins and minerals**

PRODUCT FACTS

SUGGESTED USE: Mix 1.06 oz powder (30 g) with 8 fl oz of milk or 2 x 1.06 oz powder with 8 fl oz of water and shake in a shake bottle for a few seconds.

FOR BALANCED NUTRITION AND WEIGHT MAINTENANCE:

Replace one of the main meals per day with LeanShake. An effective weight management program should include an ongoing balanced nutrition plan and regular exercise for lasting results. It is important to maintain adequate fluid intake. It is important to follow the given directions.

NOTICE: Before using this product or any weight control program, it is advisable to consult with a physician. This product should not be used by children under the age of four years or women who are pregnant or nursing or persons with eating disorders. Persons with medical conditions should not use this product without consulting a physician.

STORAGE: Dry and cool with closed sachets.

INGREDIENTS (STRAWBERRY): Whey protein isolate, **milk** protein concentrate, coconut palm sap powder, collagen peptide (bovine), safflower oil, digestion resistant starch, natural strawberry flavor, flax seed oil, potassium citrate, calcium phosphate, potassium phosphate, sodium citrate, magnesium citrate, ferric pyrophosphate, manganese sulfate, zinc sulfate, copper sulfate, potassium iodide, sodium selenite, chrome chloride, sodium molybdate, medium chain triglyceride (MCT) oil, psyllium husk powder, beta glucans from oat bran, maltodextrin, Less than 2% inulin, quinoa powder, coconut oil powder, honey powder, xanthan gum, pineapple extract powder (bromelain), papaya extract powder (papain), ascorbic acid, nicotinamide, tocopherol, calcium pantothenate, riboflavin, thiamine, pyridoxine hydrochloride, retinol, folic acid, biotin, cholecalciferol, cyanocobalamin, tricalcium phosphate, red beet powder (color), stevia rebaudioside A extract. **Contains milk and coconut.**

INGREDIENTS (CHOCOLATE): Whey protein isolate, **milk** protein concentrate, coconut palm sap powder, collagen peptide (bovine), safflower oil, cocoa powder, digestion resistant starch, flax seed oil, potassium citrate, calcium phosphate, potassium phosphate, sodium citrate, magnesium citrate, ferric pyrophosphate, manganese sulfate, zinc sulfate, copper sulfate, potassium iodide, sodium selenite, chrome chloride, sodium molybdate, medium chain triglyceride (MCT) oil, psyllium husk powder, beta glucans from oat bran, maltodextrin, Less than 2% inulin, natural chocolate flavor, quinoa powder, coconut oil powder, honey powder, xanthan gum, pineapple extract powder (bromelain), papaya extract powder (papain), ascorbic acid, nicotinamide, tocopherol, calcium pantothenate, riboflavin, thiamine, pyridoxine hydrochloride, retinol, folic acid, biotin, cholecalciferol, cyanocobalamin, tricalcium phosphate, stevia rebaudioside A extract. **Contains milk and coconut.**

 Norwegian Formulation. Produced in Norway.

Nutrition Facts

16 Serving per container

Serving Size

1 Sachet 1.06 oz (30 g)

Amount per serving

Calories

110

	% Daily Value*
Total Fat 3 g	4%
Saturated Fat 1.5 g	5%
Trans Fat 0 g	
Polyunsaturated Fat 2 g	
Monounsaturated Fat 0.5 g	
Cholesterol 0 mg	0%
Sodium 160 mg	7%
Total Carbohydrate 15 g	6%
Dietary Fiber 4 g	7%
Sugars 3 g	
Includes 3 g Added Sugars	7%
Protein 11 g	18%
Vitamin D 1.2 mcg 6%	180 mg Calcium 15%
Iron 3 mg 15%	Potas. 460 mg 10%
Vitamin A 10%	Vitamin C 15%
Vitamin E 20%	Vitamin K 0%
Thiamin 25%	Riboflavin 25%
Niacin 25%	Vitamin B ₆ 20%
Folate 75 mcg DFE (44 mcg Folic acid)	20%
Vitamin B ₁₂ 15%	Biotin 15%
Pantothenic acid 20%	Phosphorus 10%
Zinc 20%	Selenium 20%
Copper 30%	Manganese 15%
Chromium 25%	Molybdenum 25%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

QUALITY + SYNERGY = RESULTS

LeanShake is formulated with the best available proteins, fibers, fatty acids, vitamin and minerals to provide optimal effects during weight loss and sports.

LOSE WEIGHT

LeanShake is a meal replacement product specifically designed to substitute one meal per day for losing or maintaining weight. It is a nutritious meal formulated with the best available ingredients; high quality proteins, five dietary fibers, various fatty acids and 25 different vitamins and minerals. It provides you with all nutrition your body needs while containing less calories than your normal meal.

BUILD MUSCLES

Proteins contribute to growth in muscle mass during training. LeanShake is formulated with the best available proteins on the market. Several of the minerals and also some of the vitamins support normal muscle function. LeanShake could also be consumed as a complimentary meal before or after physical exercise.

BALANCE YOUR GUT

The dietary fibers in LeanShake are the same as in ZinoBiotic and stimulate the growth of the good bacteria in all parts of the colon. The good bacteria need dietary fibers as food to stay healthy and to outgrow the less wanted bacteria. The good bacteria contribute in many important body functions, such as fermenting undigested foods, producing vitamins and educating our immune system. A healthy gut is essential for a healthy body.