

MULTI+

DAILY MULTIVITAMIN GUMMIES FOOD SUPPLEMENT



GLUTEN-FREE



SOY-FREE



SUGAR-FREE



CAFFEINE-FREE



PRODUCT OVERVIEW

MULTI+ are delicious, berry-flavored, sugar-free multivitamin gummies designed for the whole family. Each daily serving provides a balanced blend of essential vitamins and minerals to complement everyday nutrition in a convenient, chewable format. B vitamins contribute to normal energy-yielding metabolism, while vitamins C and D, zinc, and iron contribute to the normal function of the immune system¹. Vitamin D also contributes to the maintenance of normal bones and is needed for normal growth and development of bone in children². Easy to take and great-tasting, MULTI+ makes daily supplementation simple for both children and adults as part of a balanced diet and healthy lifestyle.

MULTI+ combines essential micronutrients with natural fruit flavors in a soft gummy format that's easy for the whole family to enjoy. With carefully selected vitamins and minerals, these gummies provide a convenient way to complement everyday nutrition without added sugar. Ideal for children aged 4+ and adults who prefer a tasty alternative to tablets or capsules.

- ▶ Niacin, pantothenic acid, thiamine, vitamin B₂, vitamin B₁₂, and vitamin B₆ contribute to normal energy-yielding metabolism¹.
- ▶ Vitamins C, D, zinc, and iron contribute to the normal function of the immune system².
- ▶ Vitamin D contributes to the maintenance of normal bones and is needed for normal bone development in children³.
- ▶ Iron contributes to normal cognitive development of children and to normal cognitive function⁴.
- ▶ Vitamin C increases iron absorption⁶.
- ▶ Sugar-free, berry-flavored gummies for easy daily use.

SUPPLEMENT FACTS

Nutrition information:	2 × gummies	4 × gummies
Vitamin B ₁ (Thiamin)	0.165 mg (15%*)	0.33 mg (30%*)
Vitamin B ₂ (Riboflavin)	0.21 mg (15%*)	0.42 mg (30%*)
Vitamin B ₃ (Niacin)	2.4 mg NE (15%*)	4.8 mg NE (30%*)
Vitamin B ₅ (Pantothenic acid)	3 mg (50%*)	6 mg (100%*)
Vitamin B ₆	0.21 mg (15%*)	0.42 mg (30%*)
Vitamin B ₇ (Biotin)	25 µg (50%*)	50 µg (100%*)
Vitamin B ₉ (Folic acid)	100 µg (50%*)	200 µg (100%*)
Vitamin B ₁₂	1.25 µg (50%*)	2.5 µg (100%*)
Vitamin C	20 mg (25%*)	40 mg (50%*)
Vitamin D ₃	5 µg (100%*)	10 µg (200%*)
Iron	2.1 mg (15%*)	4.2 mg (30%*)
Zinc	2.5 mg (25%*)	5 mg (50%*)
Manganese	0.3 mg (15%*)	0.6 mg (30%*)
Iodine	30 µg (20%*)	60 µg (40%*)
Açai berry	10 mg	20 mg
Cranberry	10 mg	20 mg
Blackberry	10 mg	20 mg
Beetroot	10 mg	20 mg
Sour cherry	10 mg	20 mg

**Nutrient reference values (NRV)*

RECOMMENDED DAILY DOSAGE: *Children 4–11 years:* take two gummies per day. *Teenagers and adults 12 years+:* take two to four gummies per day.

WARNING: Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of the reach of young children. Excessive consumption may induce laxative effects.

MULTI+ is not recommended for pregnant or breastfeeding women. Please read the product information and instructions for use to determine if this product is right for you. Consult your physician before using any new product if you are taking medication or have ongoing medical conditions.

STORAGE: Protect from heat, light, and moisture. Store at room temperature.

INGREDIENTS: Sweeteners (maltitol, xylitol, sorbitol), gelling agent (citrus pectins), acid (citric acid), natural flavourings, maize starch, vitamin C (L-ascorbic acid), natural colourants [colours (anthocyanins, carotenes), spirulina concentrate (*Spirulina platensis*)], acidity regulator (sodium citrate), açai berry extract (*Euterpe oleracea*), cranberry fruit extract (*Vaccinium macrocarpon*), blackberry fruit powder (*Rubus fruticosus* L.), beetroot extract (*Beta vulgaris* L.), sour cherry extract (*Prunus cerasus* L.), zinc (zinc citrate), medium-chain triglycerides (MCT) from coconut oil, iron (ferrous fumarate), pantothenic acid (calcium D-pantothenate), coating [coconut oil, rapeseed oil, glazing agent (carnauba wax)], niacin (nicotinamide), vitamin D₃ (cholecalciferol), manganese (manganese sulphate), vitamin B₆ (pyridoxine hydrochloride), thiamin (thiamin mononitrate), vitamin B₂ (riboflavin), folic acid (calcium-L-methylfolate), iodine (potassium iodide), biotin (D-biotin), vitamin B₁₂ (methylcobalamin).

CONTENT: 60 gummies, Net weight 168 g

Produced in Spain

KEY BENEFITS

Contributes to normal energy-yielding metabolism¹

- ▶ MULTI+ provides a blend of B vitamins including thiamine (vitamin B₁), riboflavin (vitamin B₂), niacin, pantothenic acid, vitamin B₆, and vitamin B₁₂, which contribute to normal energy-yielding metabolism¹, a normal physiological process by which the body derives energy from food, when consumed as part of a varied and balanced diet and a healthy lifestyle.

Contributes to normal immune system function²

- ▶ MULTI+ includes vitamins C and D along with zinc and iron, which contribute to the normal function of the immune system². These essential nutrients contribute to the normal function of the immune system and are included as part of a balanced daily formula designed to complement everyday nutrition for both children and adults.

Contributes to normal bone development and maintenance³

- ▶ Vitamin D contributes to the maintenance of normal bones in adults and is needed for the normal growth and development of bone in children³. By including vitamin D in a convenient daily gummy format, MULTI+ provides a simple way to include this important nutrient in your family's daily nutrition routine.

Supports cognitive function and development⁴

- ▶ Iron contributes to normal cognitive function and to normal cognitive development in children⁴. Including iron as part of a balanced multivitamin formula provides a convenient way to complement intake of this essential nutrient that contributes to normal mental performance and development when consumed as part of a varied diet.

BENEFITS OF MULTI+ FOR CHILDREN

MULTI+ provides vitamins and minerals that contribute to:

- ▶ Normal energy-yielding metabolism (B vitamins)¹
- ▶ The normal function of the immune system (vitamins C & D, zinc, iron)²
- ▶ Normal growth and development of bone in children (vitamin D)³
- ▶ Normal cognitive development of children (iron)⁴

BENEFITS OF MULTI+ FOR ADULTS

MULTI+ provides nutrients that contribute to:

- ▶ Normal energy-yielding metabolism (B vitamins)¹
- ▶ The normal function of the immune system (vitamins C & D, zinc, iron)²
- ▶ Maintenance of normal bones (vitamin D)³
- ▶ Maintenance of normal vision (riboflavin and zinc)⁴
- ▶ Maintenance of normal hair, skin, and nails (zinc and biotin)⁵
- ▶ Increased iron absorption (vitamin C)⁶

HEALTH CLAIMS (EU)

¹ Thiamine, riboflavin, niacin, pantothenic acid, vitamin B₆ and vitamin B₁₂ contribute to normal energy-yielding metabolism.

² Vitamins C and D, zinc and iron contribute to the normal function of the immune system.

³ Vitamin D contributes to the maintenance of normal bones and is needed for normal growth and development of bone in children.

⁴ Iron contributes to normal cognitive function and to normal cognitive development of children.

⁵ Zinc contributes to the maintenance of normal hair, skin and nails. Biotin contributes to the maintenance of normal hair and skin.

⁶ Vitamin C increases iron absorption.