## PROTECT+

### ALL-NATURAL BETA GLUCAN FOOD SUPPLEMENT

















### **HIGHLIGHTS REGARDING PROTECT+**

Protect+ is an all-natural supplement that supports your immune system, so you can feel well and stay well. It contains the effective vegan vitamins D<sub>3</sub> and C, which contribute to a normal immune system, and high-potency, clinically proven 1-3, 1-6 beta glucans.

Protect works best when taken daily, as the key innate immune cells are renewed every 1-2 days and they all need priming in order to work effectively.

**Content:** 60 capsules

### **ALL-NATURAL INGREDIENTS**

- ▶ 1-3, 1-6 beta glucans derived from baker's yeast
- ▶ Vitamin C derived from acerola berries
- Vitamin D<sub>3</sub> derived from lichen
- Excipients derived from coconut, rice and corn



### **UNIQUE BETA GLUCAN BLEND**

Ultra-effective triple source combination of 1-3, 1-6 beta glucans. All derived from highly purified baker's yeast.



### **IMMUNE SUPPORT**

Combination of vitamin C and vitamin D<sub>3</sub> supporting your immune system to be at its best.1,2



### **PROTECTION INSIDE**

The vitamin C from acerola and vitamin  $D_3$  from lichen work together to protect your cells form oxidative damage (rusting) and support the rebuilding of cells.3,4,5,6



### **NEXT GEN NUTRITION**

Protect+ is an all-natural supplement uniquely designed for you to be well and stay well.



Synergistic blend of all-natural and purely vegan ingredients, and registered with The Vegan Society.

### SUPPLEMENT FACTS

### **NUTRITION INFORMATION**

Serving Size 1 Tablets Servings per Container 60		
	Amount Per Serving	% Daily Value
Energy	2.2 Kcal	0.1%
Protein	0 g	0%
Fat, total	0 g	0.1%
saturated fat	0 g	0.1%
trans fat	0 g	t
Carbohydrate	0.5 g	0.2%
sugars	0 g	
Sodium	2.2 mg	0.1%
Blend of 1-3, 1-6 beta glucans from yeast		
(Saccharomyces cerevisiae)	200 mg	
Vitamin D <sub>3</sub>	20 mcg	100%
Vitamin C	20 mg	22%
† Daily Value not established		

**RECOMMENDED DAILY DOSAGE:** Adults and children over 12 years: 1 capsule per day. Do not exceed recommended daily dose. Food supplements are not intended as a substitute for a balanced and varied diet.

**INGREDIENTS:** Bulking agent (pregelatinized starch from corn), 1-3, 1-6 beta glucan blend from yeast (Saccharomyces cerevisiae), capsule shell (hydroxypropyl methylcellulose), vitamin C from acerola extract (Malpighia glabra), vegan vitamin D<sub>3</sub> (cholecalciferol), anti-caking agents (medium chain triglycerides (MCT) oil from coconut, rice hull concentrate).

**STORAGE:** Dry at room temperature. Keep out of reach of children.

**ZINZINO PROTECT BLEND:** 1-3, 1-6 beta glucans sourced from Norway, the USA and Asia, vegan vitamin D<sub>3</sub> (cholecalciferol) from lichen, and vitamin C from acerola.

### **OUR TWO IMMUNE SYSTEMS**

We have two immune systems: the innate immune system and the adaptive immune system. Most of the time, the innate immune system is more important in protecting us against infection. It consists of specialized cells and enzymes that are always present and ready to fight microbes at the site of infection as soon as the threat appears. The adaptive immune system can remember specific pathogens so it can provide long-lasting defence and protection against recurrent infections. Vitamin D is crucial to activating all our immune defences, and without sufficient intake of the vitamin, the immune system is less able to fight off infections in the body.

### VITAMIN D

The most important form of vitamin D for your health is vitamin D<sub>3</sub> (cholecalciferol). It is produced in your skin when you get enough sunlight, but also occurs in vegan foods like mushrooms and non-vegan sources such as fatty fish, shrimps, egg and beef liver. In the northern part of the world, sun exposure is limited during the winter season, and therefore the skin does not produce enough vitamin D<sub>3</sub>. Insufficient vitamin D intake is common, and supplements play a crucial role in preventing and treating low vitamin D status.

There is only one vegan source for production of vitamin D<sub>3</sub>, namely lichen. The vegan vitamin D₃ in Protect+ is derived from organically grown, GMO-free lichen.

### VITAMIN C

The oxidative stress in our body varies both in different periods of life and from day to day. In situations when the oxidative stress increases, for example as a result of air pollution, heat and sun exposure, traveling and high-intensity exercise, our body needs more antioxidants. Antioxidants play an important role as internal neutralizers and protect our cells from oxidative damage (rusting). Protect+ contains the highly potent antioxidant known as vitamin C, which contributes to the protection of cells from oxidative stress.

### 1-3, 1-6 BETA GLUCANS

The 1-3, 1-6 beta glucans in Protect+ are a specialized and standardized form of beta glucans derived from a proprietary strain of baker's yeast. The 1-3, 1-6 beta glucans prime innate immune cells, allowing them to work more effectively. 1-3, 1-6 beta glucans are naturally found in foods such as baker's yeast, shiitake mushrooms, and some cereal grains but these are rarely consumed in today's modern diet.

### **KEY BENEFITS**

- Contains vitamin C and D that contribute to the normal function of the immune system<sup>1,2</sup>
- Contains vitamin C and D that contribute to normal energy-yielding metabolism3 and normal psychological function4
- Contains vitamin D that has a role in the process of cell division<sup>5</sup>
- Contains vitamin C that contributes to the protection of cells from oxidative stress<sup>6</sup>

### PROTECT+ HEALTH CLAIMS (EFSA)

<sup>1</sup>Vitamin D contributes to the normal function of the immune system. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>2</sup>Vitamin C contributes to the normal function of the immune system. The claim may be used only for food which is at least a source of vitamin C as referred to in the claim SOURCE O vitamin C as listed in the Annex to Regulation (EC) No 1924/2006

³Vitamin C contributes to normal energy-yielding metabolism. The claim may be used only for food which is at least a source of vitamin C as referred to in the claim SOURCE OF vitamin C as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>4</sup>Vitamin C contributes to normal psychological function. The claim may be used only for food which is at least a source of vitamin C as referred to in the claim SOURCE OF vitamin C and as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>5</sup>Vitamin D has a role in the process of cell division. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>6</sup>Vitamin C contributes to the protection of cells from oxidative stress. The claim may be used only for food which is at least a source of vitamin C as referred to in the claim SOURCE O vitamin C as listed in the Annex to Regulation (EC) No 1924/2006



Norwegian Formulation. Produced in Norway.



# PROTECT+ 益力宝

## 纯天然 β-葡聚糖食品补充剂

















### PROTECT+ 益力宝特色

Protect+是一款支持免疫系统的纯天然补充剂,可以改善和保持人体健康。它内含有利于免疫系统正常功能的有效的纯素维生素  $D_3$  和维生素 C,以及临床证明具有高效力的 1-3/1-6  $\beta$ -葡聚糖。

每日使用效果更佳,因为我们人体关键的免疫细胞每 1-2 天更新一次,因此它们都需要营养激活才能有效运作。

含量: 60 粒

### 纯天然成分

- 源自酵母的 1-3/1-6 β-葡聚糖
- ▶ 源自针叶樱桃的维生素 C
- ▶ 源自地衣的维生素 D₃
- ▶ 辅料源自椰子、大米和玉米



### 独特的 β-葡聚糖复合成分

卓效的三重来源 1-3/1-6 复合 β-葡聚糖。全部来自高纯度 酵母。



#### 免疫支持

结合维生素 C 和维生素  $D_3$ ,支持免疫系统保持最佳状态。 $^{1,2}$ 



### 内在保护

来自针叶樱桃的维生素 C 和来自地衣的维生素  $D_3$  共同保护人体细胞免受氧化损伤并且支持重建细胞。 $^{3,4,5,6}$ 



### 新一代营养素

Protect+ 是一款特别设计的纯天然补充剂,致力于改善和保持人体健康。



#### **幼**妻

复合纯天然纯素成分, 并在素食协会 (Vegan Society) 登记备案。

### 营养成分

### 营养资料

食用份量1片 每个容器所含食用份量数目60

	每份服用剂量的营养成分	% 每日价值
能量	2.2 千卡	0.1%
蛋白质	0克	0%
总脂肪	0克	0.1%
饱和脂肪	0克	0.1%
反式脂肪	0克	†
碳水化合物	0.5 克	0.2%
糖	0克	Ť
钠	2.2 毫克	0.1%
来自酵母的 1-3/1-6 B-葡萄	聚糖	
(酿酒酵母)	200 毫克	<u> </u>
维生素 D₃	20 微克	100%
维生素 (	20 毫克	22%

每日推荐剂量: 成人和 12 岁以上儿童: 每日 1 粒。请勿超过每日推 荐剂量。营养补充品不可替代均衡多样的膳食。

成分: 膨松剂(玉米预糊化淀粉)、1-3/1-6复合酵母 B-葡聚糖(酿 酒酵母)、胶囊衣(羟丙基甲基纤维素)、针叶樱桃提取物维生素 C(西印度樱桃)、纯素维生素 D。(胆钙化醇)、抗结块剂(中链甘 油三酯椰油、稻壳浓缩纤维)。

保存方式: 室温干燥保存。避免儿童接触。

**ZINZINO 复合保护成分:** 来自挪威、美国和亚洲的 1-3/1-6 复合  $\beta$ -葡 聚糖、源自地衣的纯素维生素 D。(胆钙化醇)以及源自针叶樱桃的维 生素C。

### 人体两大免疫系统

人体有两个免疫系统: 先天免疫系统与适应性免疫系统。大多数时 候,先天免疫系统在保护我们免受感染方面发挥着更为重要的作用。 它由专门的细胞和酵素组成,一旦受到感染,这些细胞和酵素就会马上 出现在感染部位并准备与微生物斗争。适应性免疫系统可以记住特定 的病原体,从而提供长久保护并防止复发性感染。维生素D对于激活 人体所有的免疫防御能力都非常重要,如果没有摄入足量的维生素, 免疫系统对抗体内感染的能力就较差。

### 维生素 D

我们人体健康最重要的维生素 D 就是维生素 D3 (胆钙化醇)。人体皮 肤获得充分日照时可以产生维生素 D3,但蘑菇等素食以及含脂鱼 类、虾类、鸡蛋和牛肝等非素食中也有一定含量。北半球冬季日照不 充分,皮肤不能产生足量的维生素 D3。维生素 D 摄入不足是常见现 象,因此补充剂在预防和应对低维生素 D 情况有着非常重要的角色。 地衣是生产维生素 D<sub>3</sub> 仅有的素食来源。Protect+中的纯素维生素 D<sub>3</sub> 源自有机种植的非转基因地衣。

### 维生素←

人体内部的氧化应激在生命的各个阶段都有所不同,每天也会有所差 异。氧化应激升高时,如面临空气污染、高温和暴晒环境,旅行和高 强度锻炼,我们人体就需要更多抗氧化剂。抗氧化剂是重要的内部中 和剂,可以保护细胞免受氧化损伤。Protect+含有高效抗氧化剂维生 素C,可以帮助细胞对抗氧化应激。

### 1-3/1-6 B-葡聚糖

Protect+中的 1-3/1-6 β-葡聚糖是从专有酵母菌株中提取的一种专门 的标准化β-葡聚糖。1-3/1-6β-葡聚糖激活内在先天免疫细胞,让它 们更有效地运作。1-3/1-6β-葡聚糖天然存在于现代饮食中不常摄入 的酵母、香菇、蘑菇和一些坚果及谷物等食物中。

### 主要功效

- 含有维生素 C 和维生素 D, 能够促进免疫系统的正常功能<sup>1,2</sup>
- 含有维生素 C 和维生素 D,有益于机体正常的新陈代谢3和 正常的心理功能4
- 含有维生素 D,在细胞分裂过程中起着一定的作用<sup>5</sup>
- 含有维生素 C,有助于保护细胞对抗氧化应激<sup>6</sup>

### PROTECT+保健功效声明(EFSA)

<sup>1</sup>维生素 D 有助于维持免疫系统的正常功能。此声明仅可用于至少 是《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 D 来源声明中提及的一种含维生素 D 的食物。

<sup>2</sup>维生素 C 有助于维持免疫系统的正常功能。此声明仅可用于至少 是《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 C来源声明中提及的一种含维生素 C的食物。

3维生素 C 有益于机体正常的新陈代谢。此声明仅可用于至少是《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 C来源声明中提及的一种含维生素 C的食物。

4维生素 C 有助于维持正常的心理功能。此声明仅可用于至少是《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 C来源声明中提及的一种含维生素 C的食物。

5维生素 D 在细胞分裂过程中起着一定的作用。此声明仅可用于至 少是《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 D来源声明中提及的一种含维生素 D的食物。

6维生素 C 有助于保护细胞对抗氧化应激。此声明仅可用于至少是《欧 盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 C 来源声明中提及的一种含维生素 C 的食物。



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