

# PROTECT+

## ALL-NATURAL BETA GLUCAN FOOD SUPPLEMENT



NON-GMO



SOY-FREE



GLUTEN-FREE



VITAMIN C



NATURALLY SOURCED  
INGREDIENTS



KETO-FRIENDLY



### HIGHLIGHTS REGARDING PROTECT+

Protect+ is an all-natural supplement that supports your immune system, so you can feel well and stay well. It contains the effective vegan vitamins D<sub>3</sub> and C, which contribute to a normal immune system, and high-potency, clinically proven 1-3, 1-6 beta glucans.

Protect works best when taken daily, as the key innate immune cells are renewed every 1-2 days and they all need priming in order to work effectively.

**Content:** 60 capsules

### ALL-NATURAL INGREDIENTS

- ▶ 1-3, 1-6 beta glucans derived from baker's yeast
- ▶ Vitamin C derived from acerola berries
- ▶ Vitamin D<sub>3</sub> derived from lichen
- ▶ Excipients derived from coconut, rice and corn



### UNIQUE BETA GLUCAN BLEND

Ultra-effective triple source combination of 1-3, 1-6 beta glucans. All derived from highly purified baker's yeast.



### IMMUNE SUPPORT

Combination of vitamin C and vitamin D<sub>3</sub> supporting your immune system to be at its best.<sup>1,2</sup>



### PROTECTION INSIDE

The vitamin C from acerola and vitamin D<sub>3</sub> from lichen work together to protect your cells from oxidative damage (rusting) and support the rebuilding of cells.<sup>3,4,5,6</sup>



### NEXT GEN NUTRITION

Protect+ is an all-natural supplement uniquely designed for you to be well and stay well.



### VEGAN

Synergistic blend of all-natural and purely vegan ingredients, and registered with The Vegan Society.

ZINZINO

## SUPPLEMENT FACTS

### Nutritional value per capsule:

|   |        |
|---|--------|
| Blend of 1-3, 1-6 beta glucans from yeast ( <i>Saccharomyces cerevisiae</i> ) | 200 mg |
| Vitamin D <sub>3</sub> (400% of RV*)  | 20 µg  |
| Vitamin C (25% of RV*)  | 20 mg  |

\*RV = reference value

**RECOMMENDED DAILY DOSAGE:** Adults and children over 12 years: 1 capsule per day. Do not exceed recommended daily dose. Food supplements are not intended as a substitute for a balanced and varied diet.

**INGREDIENTS:** Bulking agent (pregelatinized starch from corn), 1-3, 1-6 beta glucan blend from yeast (*Saccharomyces cerevisiae*), capsule shell (hydroxypropyl methylcellulose), vitamin C from acerola extract (*Malpighia glabra*), vegan vitamin D<sub>3</sub> (cholecalciferol), anti-caking agents (medium chain triglycerides (MCT) oil from coconut, rice hull concentrate).

**STORAGE:** Dry at room temperature. Keep out of reach of children.

**ZINZINO PROTECT BLEND:** 1-3, 1-6 beta glucans sourced from Norway, the USA and Asia, vegan vitamin D<sub>3</sub> (cholecalciferol) from lichen, and vitamin C from acerola.

## OUR TWO IMMUNE SYSTEMS

We have two immune systems: the innate immune system and the adaptive immune system. Most of the time, the innate immune system is more important in protecting us against infection. It consists of specialized cells and enzymes that are always present and ready to fight microbes at the site of infection as soon as the threat appears. The adaptive immune system can remember specific pathogens so it can provide long-lasting defence and protection against recurrent infections. Vitamin D is crucial to activating all our immune defences, and without sufficient intake of the vitamin, the immune system is less able to fight off infections in the body.

## VITAMIN D

The most important form of vitamin D for your health is vitamin D<sub>3</sub> (cholecalciferol). It is produced in your skin when you get enough sunlight, but also occurs in vegan foods like mushrooms and non-vegan sources such as fatty fish, shrimps, egg and beef liver. In the northern part of the world, sun exposure is limited during the winter season, and therefore the skin does not produce enough vitamin D<sub>3</sub>. Insufficient vitamin D intake is common, and supplements play a crucial role in preventing and treating low vitamin D status.

There is only one vegan source for production of vitamin D<sub>3</sub>, namely lichen. The vegan vitamin D<sub>3</sub> in Protect+ is derived from organically grown, GMO-free lichen.

## VITAMIN C

The oxidative stress in our body varies both in different periods of life and from day to day. In situations when the oxidative stress increases, for example as a result of air pollution, heat and sun exposure, traveling and high-intensity exercise, our body needs more antioxidants. Antioxidants play an important role as internal neutralizers and protect our cells from oxidative damage (rusting). Protect+ contains the highly potent antioxidant known as vitamin C, which contributes to the protection of cells from oxidative stress.

## 1-3, 1-6 BETA GLUCANS

The 1-3, 1-6 beta glucans in Protect+ are a specialized and standardized form of beta glucans derived from a proprietary strain of baker's yeast. The 1-3, 1-6 beta glucans prime innate immune cells, allowing them to work more effectively. 1-3, 1-6 beta glucans are naturally found in foods such as baker's yeast, shiitake mushrooms, and some cereal grains but these are rarely consumed in today's modern diet.

## KEY BENEFITS

- ▶ Contains vitamin C and D that contribute to the normal function of the immune system<sup>1,2</sup>
- ▶ Contains vitamin C and D that contribute to normal energy-yielding metabolism<sup>3</sup> and normal psychological function<sup>4</sup>
- ▶ Contains vitamin D that has a role in the process of cell division<sup>5</sup>
- ▶ Contains vitamin C that contributes to the protection of cells from oxidative stress<sup>6</sup>

## PROTECT+ HEALTH CLAIMS (EFSA)

<sup>1</sup>Vitamin D contributes to the normal function of the immune system. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>2</sup>Vitamin C contributes to the normal function of the immune system. The claim may be used only for food which is at least a source of vitamin C as referred to in the claim SOURCE OF vitamin C as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>3</sup>Vitamin C contributes to normal energy-yielding metabolism. The claim may be used only for food which is at least a source of vitamin C as referred to in the claim SOURCE OF vitamin C as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>4</sup>Vitamin C contributes to normal psychological function. The claim may be used only for food which is at least a source of vitamin C as referred to in the claim SOURCE OF vitamin C and as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>5</sup>Vitamin D has a role in the process of cell division. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>6</sup>Vitamin C contributes to the protection of cells from oxidative stress. The claim may be used only for food which is at least a source of vitamin C as referred to in the claim SOURCE OF vitamin C as listed in the Annex to Regulation (EC) No 1924/2006.



Norwegian Formulation. Produced in Norway.