

IT WORKS! SKNY HYDRATE – COCOMANGO

DAILY HYDRATION FOOD SUPPLEMENT WITH ELECTROLYTES, VITAMINS & MINERALS



PRODUCT OVERVIEW

A great-tasting way to support your daily hydration routine. SKNY Hydrate – Cocomango is a refreshing daily electrolyte food supplement designed to complement your hydration and energy routine. This convenient single-serve powder blends coconut water, essential electrolytes, and key vitamins and minerals in a smooth tropical flavor. Magnesium and vitamin C contribute to the reduction of tiredness and fatigue¹, while manganese contributes to normal energy-yielding metabolism². Magnesium also contributes to electrolyte balance¹, and potassium together with vitamin D contribute to normal muscle function³. With added vitamin C, which contributes to the normal function of the immune system and to the protection of cells from oxidative stress⁴, SKNY Hydrate offers a simple, great-tasting way to complement your hydration routine and everyday well-being. Just mix with water and enjoy at home, at work, or after activity as part of a balanced diet and a healthy lifestyle.

- ▶ Magnesium contributes to electrolyte balance¹
- ▶ Magnesium and vitamin C contribute to the reduction of tiredness and fatigue¹
- ▶ Manganese contributes to normal energy-yielding metabolism²
- ▶ Potassium and vitamin D contribute to normal muscle function³
- ▶ Vitamin C contributes to the normal function of the immune system⁴
- ▶ Vitamin C contributes to the protection of cells from oxidative stress⁴
- ▶ Convenient single-serve sachets with refreshing Cocomango flavor

SUPPLEMENT FACTS

Serving size:	1 packet (5.7 g)	Per 100 g
Magnesium	150 mg (40%*)	2,632 mg
Potassium	345 mg (17%*)	6,051 mg
Sodium	87 mg	1,524 mg
Vitamin C	160 mg (200%*)	2,807 mg
Vitamin D ₃	400 IU (10 µg) (200%*)	7,018 IU (175 µg)
Manganese	0.3 mg (15%*)	5.2 mg
Coconut water powder	1,500 mg	26.3 g
Organic acerola extract	59 mg	1,032 mg
Kola nut extract	40 mg	702 mg
Elderberry fruit extract	21.43 mg	376 mg

*Nutrient reference values (NRV)

RECOMMENDED DAILY DOSAGE: *Adults:* Mix one packet (5.7 g) into 250 ml of water and stir well. Take once daily.

WARNING: Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Not recommended for children, pregnant or breastfeeding women. Keep out of reach of young children. Do not use if seal is broken or missing. Drink adequate fluids throughout the day (approx. 2 liters of water).

STORAGE: Protect from heat, light and moisture. Store at room temperature.

INGREDIENTS: Coconut (*Cocos nucifera* L.) water powder, magnesium salts of citric acid, natural flavorings, acids (malic acid, citric acid), potassium salts of orthophosphoric acid, sodium citrate, potassium citrate, vitamin C (L-ascorbic acid), magnesium malate, colors (beetroot red, curcumin), acerola (*Malpighia glabra* L.) extract, anti-caking agent (silicon dioxide), sweetener (steviol glycosides from stevia), kola (*Cola nitida*) nut extract, thickener (xanthan gum), elderberry (*Sambucus nigra* L.) fruit extract, vitamin D (cholecalciferol), manganese bisglycinate, sodium chloride.

CONTENT: 15 × 5.7 g

Produced in UK

KEY BENEFITS

Contributes to electrolyte balance and the reduction of tiredness and fatigue¹

- ▶ SKNY Hydrate provides magnesium, which contributes to electrolyte balance and to the reduction of tiredness and fatigue¹. Maintaining electrolyte balance is important for normal body function, while supporting reduced tiredness helps maintain daily energy levels as part of a balanced diet and a healthy lifestyle.

Supports normal energy-yielding metabolism²

- ▶ This formula includes manganese, which contributes to normal energy-yielding metabolism². Energy metabolism plays a key role in how the body converts nutrients into usable energy, supporting everyday well-being.

Contributes to normal muscle function³

- ▶ SKNY Hydrate provides potassium and vitamin D, which contribute to normal muscle function³. These nutrients support the body's normal muscular activity, which is important during daily movement and physical activity.

Supports immune function and the protection of cells from oxidative stress⁴

- ▶ SKNY Hydrate contains vitamin C, which contributes to the normal function of the immune system and to the protection of cells from oxidative stress⁴. Including vitamin C as part of your daily intake helps support overall well-being and normal physiological function.

HEALTH CLAIMS (EU)

¹ Magnesium contributes to electrolyte balance and to the reduction of tiredness and fatigue.
² Manganese contributes to normal energy-yielding metabolism.
³ Potassium and vitamin D contribute to normal muscle function.
⁴ Vitamin C contributes to the normal function of the immune system and to the protection of cells from oxidative stress.