

# SKNY COLD BREW - VANILLA

## VANILLA COFFEE WITH CHROMIUM AND B VITAMINS



KETO-FRIENDLY



SOY-FREE



SUGAR-FREE



### PRODUCT OVERVIEW

Vanilla cold brew coffee food supplement for energy-yielding metabolism<sup>1</sup>. SKNY Cold Brew is a refreshing instant cold brew coffee food supplement designed for busy days. This smooth vanilla-flavored blend combines premium Arabica coffee with chicory inulin, choline, chromium, vitamins B<sub>5</sub> and B<sub>6</sub>, and live bacterial cultures in a convenient single-serve format. Choline and chromium contribute to normal lipid and macronutrient metabolism<sup>1</sup>, while vitamins B<sub>5</sub> and B<sub>6</sub> contribute to normal energy-yielding metabolism<sup>2</sup> and the reduction of tiredness and fatigue. With naturally occurring caffeine to help increase alertness and improve concentration, SKNY Cold Brew is an easy and enjoyable addition to your daily routine. Simply mix with cold water and enjoy anytime, anywhere.

- ▶ Choline contributes to normal lipid metabolism<sup>1</sup>
- ▶ Chromium contributes to normal macronutrient metabolism and maintenance of normal blood glucose levels<sup>2</sup>
- ▶ Vitamins B<sub>5</sub> and B<sub>6</sub> contribute to normal energy-yielding metabolism<sup>3</sup>
- ▶ Vitamins B<sub>5</sub> and B<sub>6</sub> contribute to the reduction of tiredness and fatigue<sup>4</sup>
- ▶ Vitamin B<sub>5</sub> contributes to normal mental performance<sup>5</sup>
- ▶ Convenient cold-water instant format

## SUPPLEMENT FACTS

Nutritional value:	Per 1 packet	Per 2 packets
Arabica coffee	2800 mg	5600 mg
Inulin	1015 mg	2030 mg
Caffeine	100 mg	200 mg
Green tea extract	97.50 mg (EGCG 29.25 mg)	195 mg (EGCG 58.50 mg)
Choline	82.50 mg	165 mg
L-tryptophan	5 mg	10 mg
Guarana extract	5 mg	10 mg
Yerba mate extract	5 mg	10 mg
Brahmi extract	5 mg	10 mg
Rhodiola extract	5 mg	10 mg
HOWARU®	2 billion CFU**	4 billion CFU**
<i>Bifidobacterium lactis</i> BI-04®	(4.20 mg)	(8.40 mg)
Pantothenic acid	3 mg (50% NRV*)	6 mg (100% NRV*)
Vitamin B <sub>6</sub>	0.7 mg (50% NRV*)	1.4 mg (100% NRV*)
Chromium	12.43 µg (31% NRV*)	24.86 µg (62% NRV*)

\*NRV = Nutrient Reference Values  
\*\*CFU = Colony forming units

**RECOMMENDED DAILY DOSAGE:** Adults: Mix 1 packet (1 serving) with 250 ml cold water and stir well. Do not exceed the recommended intake. Contains caffeine (50 mg per 100 ml). Not recommended for children, pregnant or breastfeeding women.

**WARNING:** Not recommended for children, pregnant or breastfeeding women. Do not exceed 400 mg caffeine or 800 mg EGCG daily from all sources. Do not consume on an empty stomach or with other green tea products. Food supplements should not be used as a substitute for a varied, balanced diet and healthy lifestyle. Keep out of reach of children.

**STORAGE:** Store in a cool, dry place away from heat and light. Do not use if seal is broken or missing.

**INGREDIENTS:** Arabica coffee (*Coffea arabica* L.) powder, chicory (*Cichorium intybus*) inulin, natural flavouring, L-choline bitartrate, green tea (*Camellia sinensis* L.) leaf extract, anti-caking agent (silicon dioxide), natural flavouring, sweetener (steviol glycosides from stevia), natural caffeine, guarana (*Paullinia cupana* Kunth) seed extract, rhodiola (*Rhodiola rosea* L.) root extract, brahmi (*Bacopa monnieri* (L.) Wettst.) leaf extract, L-tryptophan, yerba mate (*Ilex paraguariensis* A. St.-Hil.) leaf extract, *Bifidobacterium lactis* BI-04® HOWARU®, pantothenic acid (calcium D-pantothenate), vitamin B<sub>6</sub> (pyridoxine hydrochloride), chromium picolinate.

**Contains caffeine.**

**CONTENT:** 15 single serve packets, Net weight 84.90 g

## KEY BENEFITS

### Supports energy-yielding metabolism<sup>3</sup>

- ▶ SKNY Cold Brew provides vitamins B<sub>5</sub> and B<sub>6</sub>, which help support normal energy-yielding metabolism<sup>3</sup>. This means your body can efficiently convert nutrients from food into usable energy to help power your day.

### Helps support lipid and macronutrient metabolism<sup>1,2</sup>

- ▶ Formulated with choline and chromium, this blend supports the body's natural processes for metabolizing fats, carbohydrates, and proteins<sup>1,2</sup>. It's a convenient addition to a balanced nutrition plan focused on overall metabolic wellness.

### Helps reduce tiredness and supports daily energy<sup>4</sup>

- ▶ With vitamins B<sub>5</sub> and B<sub>6</sub>, SKNY Cold Brew helps support the reduction of tiredness and fatigue<sup>4</sup>. Combined with naturally occurring caffeine from coffee and plant extracts, it supports sustained energy for busy, active days.

### Supports mental performance and daily focus<sup>5</sup>

- ▶ Featuring vitamin B<sub>5</sub> (pantothenic acid), this formula helps support normal mental performance<sup>5</sup>.

## HEALTH CLAIMS (EU)

<sup>1</sup> Choline contributes to normal lipid metabolism.

<sup>2</sup> Chromium contributes to normal macronutrient metabolism.

<sup>3</sup> Vitamins B<sub>5</sub> and B<sub>6</sub> contribute to normal energy-yielding metabolism.

<sup>4</sup> Vitamins B<sub>5</sub> and B<sub>6</sub> contribute to reduction of tiredness and fatigue.

<sup>5</sup> Vitamin B<sub>5</sub> contributes to normal psychological and immune system function.