

IT WORKS! SUPER GREENS – BERRY

BERRY SUPER GREENS FOOD SUPPLEMENT WITH ALGAE, FIBER, AND MINERALS



KETO-FRIENDLY



SOY-FREE



SUGAR-FREE



PRODUCT OVERVIEW

IT WORKS! Super Greens – Berry is a convenient daily greens powder food supplement with minerals and fiber. This berry-flavored blend combines ingredients from land and sea and provides magnesium, potassium, and calcium together with sprouts, leafy greens, algae, and sea vegetables in an easy-to-mix powder. Magnesium contributes to normal energy-yielding metabolism¹, electrolyte balance², and the reduction of tiredness and fatigue³. Potassium contributes to normal muscle function⁴ and to the maintenance of normal blood pressure⁵, while calcium contributes to the normal function of digestive enzymes⁶. Simply mix with water or your favorite drink to add greens and minerals to your everyday routine as part of a balanced diet and a healthy lifestyle.

The smooth berry flavor mixes easily into water, smoothies, or juice, making it a simple way to add greens and minerals to busy days. Suitable for adults looking for a practical greens food supplement alongside a varied diet and a healthy lifestyle.

IT WORKS! Super Greens features a blend of plant-based ingredients from land and sea together with essential minerals:

Magnesium

Contributes to normal energy-yielding metabolism, electrolyte balance, and the reduction of tiredness and fatigue^{1, 2, 3}

Potassium

Contributes to normal muscle function and to the maintenance of normal blood pressure^{4, 5}

Calcium

Contributes to the normal function of digestive enzymes⁶

Greens & fiber

Included in the formula

Algae, grasses, and vegetables give the blend its natural green color and flavor.

- ▶ A delicious berry-flavored super greens powder with algae, fiber, and minerals
- ▶ Contains magnesium, which contributes to normal energy-yielding metabolism and electrolyte balance^{1,2}
- ▶ Magnesium also contributes to the reduction of tiredness and fatigue³
- ▶ Potassium contributes to normal muscle function and to the maintenance of normal blood pressure^{4,5}
- ▶ Calcium contributes to the normal function of digestive enzymes⁶
- ▶ Source of fiber, potassium, calcium, magnesium and iodine in a convenient, easy-to-mix daily drink
- ▶ Simple way to add greens and essential minerals to your everyday routine

SUPPLEMENT FACTS

Nutrition information	Per 100 g	Per 6 g	%NRV* per 6 g serving
Energy	1160 kJ / 275 kcal	70 kJ / 17 kcal	
Fat	1.4 g	0.1 g	
-Of which saturates	0.5 g	0.0 g	
Carbohydrates	66 g	4 g	
-Of which sugars	4.8 g	0.3 g	
Fibre	21 g	1.3 g	
Protein	8.1 g	0.5 g	
Salt	0.89 g	0.05 g	
Potassium	5000 mg	300 mg	15%
Calcium	2000 mg	120 mg	15%
Magnesium	940 mg	56 mg	15%
Iodine	833 µg	50 µg	33%
EGCG- epigallocatechin-3-gallate	33.33 mg	2 mg	

* NRV = Nutrient reference values

RECOMMENDED DAILY DOSAGE: Adults: Mix half a scoop (7 g) into 150–200 ml of water once daily. Stir or shake well before drinking.

WARNING: Do not exceed the recommended daily dose. Do not consume 800 mg or more of EGCG per day. Do not use together with other products containing green tea on the same day. Not recommended for pregnant or breastfeeding women, or for children under 18 years of age. Do not consume on an empty stomach. Each serving provides 2 mg of EGCG. Keep out of reach of children.

STORAGE: Keep in a dark, cool, and dry place. Do not use if seal is broken or missing.

INGREDIENTS: Chicory (*Cichorium intybus* L.) inulin, potassium citrate, red algae (*Lithothamnium calcareum*) powder containing calcium, natural flavorings, spirulina (*Arthrospira platensis*), magnesium malate, apple (*Malus domestica*) pectin, acids (malic acid, citric acid), barley (*Hordeum vulgare* L.) grass, spinach (*Spinacia oleracea* L.), plantain (*Plantago major* L.) leaf, magnesium salts of citric acid, shiitake (*Lentinula edodes*), wheat (*Triticum aestivum* L.) grass, chlorella (*Chlorella vulgaris*), emulsifier (lecithins), anti-caking agent (silicon dioxide), kale (*Brassica oleracea* var. *sabellica*), asparagus (*Asparagus officinalis* L.) root extract, Siberian ginseng (*Eleutherococcus senticosus*) root extract, sweetener (steviol glycosides from stevia), blackberry (*Rubus fruticosus* L.) fruit, celery (*Apium graveolens* L.), matcha green tea (*Camellia sinensis* L.) leaf, watercress (*Nasturtium officinale*) extract, lemongrass (*Cymbopogon citratus*), rosemary (*Rosmarinus officinalis* L.), dandelion (*Taraxacum officinale*) root extract, green tea (*Camellia sinensis* L.) extract, turmeric (*Curcuma longa* L.) root, rosehip (*Rosa canina* L.) fruit extract, kelp (*Fucus vesiculosus* L.) extract, plum (*Prunus domestica* L.), ginger (*Zingiber officinale*) root extract, broccoli (*Brassica oleracea* var. *italica*) sprout extract, pineapple (*Ananas comosus* L.) juice, cauliflower (*Brassica oleracea* var. *botrytis*), pear (*Pyrus communis* L.) juice, peach (*Prunus persica* L.) juice, onion (*Allium cepa* L.), lemon (*Citrus limon* L.) juice, broccoli (*Brassica oleracea* var. *italica*), Brussels sprout (*Brassica oleracea* var. *gemmifera*), grapefruit (*Citrus paradisi*) juice, papaya (*Carica papaya* L.) juice, orange (*Citrus sinensis* L.) juice, pumpkin (*Cucurbita pepo* L.) seed extract.

Contains: **Celery, wheat, and barley**

CONTENT: 30 × 6 g servings, Net weight 180 g

KEY BENEFITS

Contributes to daily energy & metabolism¹⁻³

- ▶ IT WORKS! Super Greens – Berry provides magnesium, which contributes to normal energy-yielding metabolism¹ and electrolyte balance². Magnesium also contributes to the reduction of tiredness and fatigue³. When used as part of a balanced diet and a healthy lifestyle, this daily greens blend complements your routine as part of everyday nutrition.

Contributes to muscle function & normal blood pressure^{4,5}

- ▶ This formula includes potassium, an essential mineral that contributes to normal muscle function⁴ and to the maintenance of normal blood pressure⁵, making this greens supplement a practical addition to an active lifestyle.

Contributes to the normal function of digestive enzymes⁶

- ▶ IT WORKS! Super Greens – Berry contains calcium, which contributes to the normal function of digestive enzymes⁶. Digestive enzymes play a key role in breaking down food, making this formula a convenient way to complement your digestive processes as part of a balanced diet.

Convenient plant-based nutrition for everyday wellness

- ▶ This berry-flavored greens powder combines ingredients from land and sea, including leafy greens, grasses, algae, fruits, and vegetables, alongside essential minerals and fiber. Designed for convenience, it mixes easily into water or your favorite beverage, providing a simple way to incorporate plant-based nutrients into your daily routine as part of a varied and balanced diet and a healthy lifestyle.

HEALTH CLAIMS (EU)

¹ Magnesium contributes to normal energy-yielding metabolism.

² Magnesium contributes to electrolyte balance.

³ Magnesium contributes to the reduction of tiredness and fatigue.

⁴ Potassium contributes to normal muscle function.

⁵ Potassium contributes to the maintenance of normal blood pressure.

⁶ Calcium contributes to the normal function of digestive enzymes.