

X GOLD®

ALL-NATURAL FOOD SUPPLEMENT WITH TURMERIC ROOT EXTRACT AND PIPERINE



PRODUCT HIGHLIGHTS

X GOLD® is a premium dietary supplement designed to leverage the combined benefits of turmeric root extract and piperine. Utilizing Xelliss Totum technology, X GOLD® delivers the full spectrum of naturally occurring compounds in turmeric, optimized for enhanced absorption and efficacy. Rich in bioactive compounds, this supplement helps to maintain the efficacy of the immune system and has significant antioxidant properties¹. Enhanced with piperine for better absorption [1], X GOLD® ensures you receive maximum benefits from these powerful natural ingredients. Made without solvents, emulsifiers, or added chemicals, X GOLD® is a pure and natural product.

ALL-NATURAL INGREDIENTS

- ▶ Aqueous turmeric extract (*Curcuma longa*)
- ▶ Fibregum acacia, a plant-based stabilizer.
- ▶ Piperine extract from black pepper (*Piper nigrum*)
- ▶ Glycerine derived from natural plant sources

TURMERIC EXTRACT

Turmeric extract, derived from the rhizome of *Curcuma longa*, is renowned for its potential health benefits, particularly its anti-inflammatory and antioxidant properties [2]. This natural extract contains bioactive compounds known as curcuminoids, including curcumin, which are the primary drivers of turmeric's health-enhancing effects [2].

ENHANCED ABSORPTION WITH PIPERINE

Piperine, a natural compound found in black pepper, significantly enhances the bioavailability of turmeric's active compounds, especially curcumin. Research shows that piperine can increase the absorption of curcumin by 2000%, making it more effective in the body [1]. This synergy between turmeric and piperine ensures you receive the maximum benefits from our formula, supporting better anti-inflammatory and antioxidant effects for overall health.

FIBREGUM ACACIAS

Fibregum Acacias is included as a natural stabilizer and is a source of soluble dietary fiber.

QUALITY ASSURANCE

X GOLD® undergoes rigorous quality assurance processes to ensure the highest standards. The turmeric used in X GOLD® is sourced directly from a cooperative of trusted producers and is processed in France, where it is subject to strict quality controls. These include comprehensive testing for contaminants such as mycotoxins, pesticides, and heavy metals, ensuring the purity and safety of the product. The formulation leverages the Totum-EX® process, which preserves all active molecules of the turmeric root, maximizing the efficacy of the supplement.

XELLISS TOTUM TECHNOLOGY

Totum is a total extract of the plant obtained through an appropriate extraction method that contains all the active molecules of the plant. With X GOLD®, you will benefit from the complete spectrum of turmeric's natural components, ensuring you get the combined effect of all the ingredients present in the turmeric root.

THE QUALITY OF X GOLD®

We select our superior turmeric based on the following criteria: the origin and the quality of the soil are carefully monitored throughout the production process. We only select high-quality ingredients that are completely traceable from harvest to packaging.

KEY BENEFITS

- ▶ **helps to maintain the efficacy of the immune system as X GOLD® contains turmeric root extract**
- ▶ **provide beneficial antioxidants as the turmeric root extract of X GOLD® has significant antioxidant properties¹**
- ▶ **enhances the absorption of curcuminoids, as X GOLD® contains piperine**
- ▶ **Contains only pure ingredients, as X GOLD® includes no solvents, emulsifiers, or added chemicals**
- ▶ **easy to incorporate into your daily routine, as X GOLD® comes in a flexible and convenient liquid form**

IMMUNE SUPPORT AND ANTIOXIDANT PROPERTIES

X GOLD® contains turmeric root extract, a natural ingredient known for its significant antioxidant properties and its role in supporting the immune system¹. Turmeric has been traditionally used in herbal practices, and research suggests that it may help maintain the efficacy of the immune system and provide antioxidant benefits¹.

SUPPLEMENT FACTS

Nutrition value per:	8 mL
Total aqueous extract of turmeric (<i>Curcuma longa</i>)	2400 mg
Piperine (<i>Piper nigrum</i>) – from black pepper fruit extract	300 µg

NATURAL: X GOLD® is made from naturally sourced ingredients only.

GMO-FREE: Our products are GMO-free (i.e. free of genetically modified organisms).

RECOMMENDED DAILY DOSAGE: Shake before use. Use the included measuring cup to pour 8 ml daily into a glass of water. The presence of natural sediment is normal and indicates the product's richness. Minimum recommended consumption: 4 to 6 weeks.

INGREDIENTS: Glycerine of vegetable origin, total aqueous extract of curcuma (*curcuma longa*), fibregum acacias, piperine (*Piper nigrum*).

CAUTION: If you are pregnant, nursing, taking medication, or have a medical condition, consult your healthcare provider before using this product. Keep out of reach of young children. Do not exceed the recommended daily dose.

STORAGE: Store unopened bottles in a dark dry place at room temperature or in a refrigerator. Opened bottles should be kept in the refrigerator and used within 45 days. Keep out of reach of children.

CONTENT: 250 ml (30 × 8 ml)

REFERENCES

- [1]. Shoba, G., et al., Influence of piperine on the pharmacokinetics of curcumin in animals and human volunteers. *Planta medica*, 1998. 64(04): p. 353-356.
- [2]. Hewlings, S.J. and D.S. Kalman, Curcumin: A review of its effects on human health. *Foods*, 2017. 6(10): p. 92.
- [3]. Jagetia, G.C. and B.B. Aggarwal, "Spicing up" of the immune system by curcumin. *Journal of clinical immunology*, 2007. 27: p. 19-35.
- [4]. Debjit Bhowmik, C., et al., Turmeric: a herbal and traditional medicine. *Arch. Appl. Sci. Res*, 2009. 1(2): p. 86-108.

HEALTH CLAIMS (EU)

¹ Helps to maintain the efficacy of the immune system. Has significant antioxidant properties. European Commission. On-hold list of Article 13(1) health claims: M-2008-1061, EFSA-Q-2008-4723, Entry No. 4009 - Curcuma longa RHIZOME - Immunity, Antioxidant. Retrieved from the European Commission's database on pending health claims.