

# XTEND

## MULTI-IMMUNE FOOD SUPPLEMENT

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NON-GMO



SOY-FREE



GLUTEN-FREE



SUGAR-FREE



SPORT

### HIGHLIGHTS REGARDING XTEND

Xtend, our most advanced immune and nutritional supplement, is an outstanding source of micro- and phytonutrients, including 23 essential vitamins and minerals, as well as purified 1-3, 1-6 beta glucans derived from baker's yeast, protecting and renewing cells and tissues. Xtend is the perfect complement to BalanceOil and ZinoBiotic to complete your health protocol.

**Content:** 60 tablets, total net weight 47 g.

### KEY BENEFITS

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- ▶ **Enjoy more energy<sup>1</sup>**
- ▶ **Improve your bone and joint function<sup>2</sup>**
- ▶ **Contributes to a normal immune system<sup>3</sup>**
- ▶ **Provides a comprehensive program of nutritional factors needed for tissue growth and repair<sup>4</sup>**

## SUPPLEMENT FACTS

Nutritional value and contents per 4 tablets:		
Thiamin (vitamin B <sub>1</sub> )	2.2 mg	(200%)*
Riboflavin (vitamin B <sub>2</sub> )	2.1 mg	(150%)*
Niacin (vitamin B <sub>3</sub> )	16 mg	(100%)*
Pantothenic acid	9 mg	(150%)*
Vitamin B <sub>6</sub>	2.8 mg	(200%)*
Biotin	150 µg	(300%)*
Folic acid	200 µg	(100%)*
Vitamin B <sub>12</sub>	6.75 µg	(270%)*
Vitamin C	80 mg	(100%)*
Vitamin D <sub>3</sub>	20 µg	(400%)*
Vitamin E	3 mg	(25%)*
Vitamin K <sub>1</sub>	25 µg	(113%)*
Vitamin K <sub>2</sub>	60 µg	
Magnesium	180 mg	(50%)*
Iron	4.2 mg	(30%)*
Zinc	10 mg	(100%)*
Iodine	150 µg	(100%)*
Copper	1 mg	(100%)*
Manganese	2 mg	(100%)*
Selenium	83 µg	(150%)*
Chromium	80 µg	(200%)*
Molybdenum	50 µg	(100%)*
1-3, 1-6 beta glucans	200 mg	-
Curcumin	100 mg	-
Coenzyme Q10	15 mg	-
Lutein	6 mg	-
Beta carotene	0.9 mg	-
Zeaxanthin	6 mg	-
Tomato extract	40 mg	-
- of which lycopene	4 mg	-
Green tea extract	40 mg	-
- of which polyphenols	12 mg	-
Olive extract	500 mg	-
- of which oleuropein	50 mg	-
- of which hydroxytyrosol	5 mg	-
Broccoli extract	50 mg	-
Algae extract	200 mg	-
- of which phlorotannins	9 mg	-
- of which polyphenols	3 mg	-
*RV = reference value		
**RV = reference value for both vitamin K <sub>1</sub> and K <sub>2</sub>		

**RECOMMENDED DAILY DOSAGE:** Adults and children over 12 years: Take with food. 2–4 tablets daily. Do not exceed recommended daily dose. Food supplements are not intended as a substitute for a balanced and varied diet.

**INGREDIENTS:** Bulking agents (microcrystalline cellulose, beta-cyclodextrin, tricalcium phosphate), olive leaf extract (*Olea europaea*)\*, magnesium (magnesium hydroxide)\*, algae extract (*Ascophyllum nodosum*)\*, blend of 1-3, 1-6 beta glucans from yeast (*Saccharomyces cerevisiae*)\*, curcumin extract (*Curcuma longa*)\*, vitamin C (ascorbic acid)\*, anti-caking agents (silicon dioxide, tricalcium phosphate, magnesium salts of fatty acids, polyvinylpyrrolidone), zinc (zinc bisglycinate chelate), broccoli extract (*Brassica oleracea*), vitamin E (mixed tocopherols and tocotrienols), green tea leaf extract (*Camellia sinensis*), tomato fruit extract (*Solanum lycopersicum*), lutein and zeaxanthin from marigold flower extract (*Tagetes erecta*), vitamin K<sub>2</sub> (menaquinone as MK-7), iron (iron bisglycinate chelate), vitamin B<sub>3</sub> (niacinamide), selenium (selenium methionine), Coenzyme Q10 (ubidecarenone), molybdenum (sodium molybdate), manganese (manganese bisglycinate chelate), micro-algae extract (*Dunaliella salina*), vitamin D<sub>3</sub> (cholecalciferol), copper (copper bisglycinate), vitamin B<sub>5</sub> (pantothenic acid), vitamin B<sub>12</sub> (cyanocobalamin), chromium (chromium chloride), vitamin B<sub>6</sub> (pyridoxine HCl), vitamin B<sub>1</sub> (thiamine HCl), vitamin B<sub>2</sub> (riboflavin), vitamin K<sub>1</sub> (phyloquinone), folic acid ((6S)-5-Methyltetrahydrofolic acid as Quatrefolic), biotin. \*EU-origin and Non-EU origin.

**CAUTION:** If you take a blood thinning medicine and would like to start taking supplements containing vitamin K, it is important to consult your doctor first.

**STORAGE:** Dry at room temperature. Keep out of reach of children.

**ZINZINO IMMUNE BLEND:** 1-3, 1-6 beta glucans, broccoli extract, zinc, copper, folate, selenium, beta carotene, vitamin B<sub>12</sub>, vitamin B<sub>6</sub>, vitamin C, vitamin D<sub>3</sub>

**ZINZINO DEFENCE BLEND:** lycopene, lutein, zeaxanthin, green tea polyphenols, olive polyphenols, broccoli extract, curcumin extract



Norwegian Formulation. Produced in Norway.

**ZINZINO**



## ENJOY MORE ENERGY<sup>1</sup>

The B-vitamins (B<sub>1</sub>-B<sub>12</sub>) and also a number of minerals in Xtend such as copper, magnesium, iodine and manganese have health claims stating that they are important for normal energy-yielding metabolism.

## IMPROVE YOUR BONE AND JOINT FUNCTION<sup>2</sup>

Xtend contains several vitamins and minerals with approved health claims related to bones and muscles. These are vitamin D, C, K and magnesium, manganese and zinc.

## SUPPORT YOUR IMMUNE SYSTEM<sup>3</sup>

Xtend contains 1-3, 1-6 beta glucans. These nutrients, derived from the cell walls of highly purified, proprietary strains of baker's yeast, have been proven to enhance the immune system.<sup>3</sup> Several of the compounds (e.g. folic acid, iron, vitamin B<sub>6</sub>, copper) also contribute to this crucial health benefit.

In addition to the vitamins and minerals, Xtend also contains carotenoids, xanthophylls and a group of polyphenols from a basket of fruits, spices and vegetables. To get the same amount of all these nutrients from foods, you would have to eat more than 3,000 calories of the most nutrient-dense foods every day.

All the ingredients combined in Xtend offer over a hundred health benefits as confirmed by EFSA (the European Food Safety Authority). These affect cells, organs and tissues in the body. Xtend is the perfect complement to BalanceOil products and ZinoBiotic, providing you with a complete nutritional support program.

## XTEND HEALTH CLAIMS (EFSA)

<sup>1</sup>Biotin contributes to normal energy-yielding metabolism. The claim may be used only for food which is at least a source of biotin as referred to in the claim SOURCE OF Biotin as listed in the Annex to Regulation (EC) No 1924/2006.

Copper contributes to normal energy-yielding metabolism. The claim may be used only for food which is at least a source of copper as referred to in the claim SOURCE OF Copper as listed in the Annex to Regulation (EC) No 1924/2006.

Iodine contributes to normal energy-yielding metabolism. The claim may be used only for food which is at least a source of iodine as referred to in the claim SOURCE OF Iodine as listed in the Annex to Regulation (EC) No 1924/2006.

Iron contributes to normal energy-yielding metabolism. The claim may be used only for food which is at least a source of iron as referred to in the claim SOURCE OF Iron as listed in the Annex to Regulation (EC) No 1924/2006.

Magnesium contributes to normal energy-yielding metabolism. The claim may be used only for food which is at least a source of magnesium as referred to in the claim SOURCE OF Magnesium as listed in the Annex to Regulation (EC) No 1924/2006.

Manganese contributes to normal energy-yielding metabolism. The claim may be used only for food which is at least a source of manganese as referred to in the claim SOURCE OF Manganese as listed in the Annex to Regulation (EC) No 1924/2006.

Niacin contributes to normal energy-yielding metabolism. The claim may be used only for food which is at least a source of niacin as referred to in the claim SOURCE OF Niacin as listed in the Annex to Regulation (EC) No 1924/2006.

Pantothenic acid contributes to normal energy-yielding metabolism. The claim may be used only for food which is at least a source of pantothenic acid as referred to in the claim SOURCE OF Pantothenic acid as listed in the Annex to Regulation (EC) No 1924/2006.

Riboflavin contributes to normal energy-yielding metabolism. The claim may be used only for food which is at least a source of riboflavin as referred to in the claim SOURCE OF Riboflavin as listed in the Annex to Regulation (EC) No 1924/2006.

Thiamine contributes to normal energy-yielding metabolism. The claim may be used only for food which is at least a source of thiamine as referred to in the claim SOURCE OF Thiamine as listed in the Annex to Regulation (EC) No 1924/2006.

Vitamin B<sub>12</sub> contributes to normal energy-yielding metabolism. The claim may be used only for food which is at least a source of vitamin B<sub>12</sub> as referred to in the claim SOURCE OF vitamin B<sub>12</sub> as listed in the Annex to Regulation (EC) No 1924/2006.

Vitamin B<sub>6</sub> contributes to normal energy-yielding metabolism. The claim may be used only for food which is at least a source of vitamin B<sub>6</sub> as referred to in the claim SOURCE OF vitamin B<sub>6</sub> as listed in the Annex to Regulation (EC) No 1924/2006.

Vitamin C contributes to normal energy-yielding metabolism. The claim may be used only for food which is at least a source of vitamin C as referred to in the claim SOURCE OF vitamin C as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>2</sup>Magnesium contributes to the maintenance of normal bones. The claim may be used only for food which is at least a source of magnesium as referred to in the claim SOURCE OF Magnesium as listed in the Annex to Regulation (EC) No 1924/2006.

Manganese contributes to the maintenance of normal bones. The claim may be used only for food which is at least a source of manganese as referred to in the claim SOURCE OF Manganese as listed in the Annex to Regulation (EC) No 1924/2006.

Vitamin C contributes to normal collagen formation for the normal function of bones. The claim may be used only for food which is at least a source of vitamin C as referred to in the claim SOURCE OF Vitamin C as listed in the Annex to Regulation (EC) No 1924/2006.

Vitamin D contributes to the maintenance of normal bones. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

Vitamin D is needed for normal growth and development of bone in children. The claim can be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation 1924/2006.

Vitamin K contributes to the maintenance of normal bones. The claim may be used only for food which is at least a source of vitamin K as referred to in the claim SOURCE OF vitamin K as listed in the Annex to Regulation (EC) No 1924/2006.

Zinc contributes to the maintenance of normal bones. The claim may be used only for food which is at least a source of zinc as referred to in the claim SOURCE OF Zinc as listed in the Annex to Regulation (EC) No 1924/2006.

Magnesium contributes to normal muscle function. The claim may be used only for food which is at least a source of magnesium as referred to in the claim SOURCE OF Magnesium as listed in the Annex to Regulation (EC) No 1924/2006.

Vitamin D contributes to the maintenance of normal muscle function. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>3</sup>Vitamin C contributes to the normal function of the immune system. The claim may be used only for food which is at least a source of vitamin C as referred to in the claim SOURCE OF vitamin C as listed in the Annex to Regulation (EC) No 1924/2006.

Vitamin D contributes to the normal function of the immune system. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

Vitamin D contributes to the normal function of the immune system in children. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

Vitamin B<sub>6</sub> contributes to the normal function of the immune system. The claim may be used only for food which is at least a source of vitamin B<sub>6</sub> as referred to in the claim SOURCE OF vitamin B<sub>6</sub> as listed in the Annex to Regulation (EC) No 1924/2006.

Folic acid contributes to the normal function of the immune system. The claim may be used only for food which is at least a source of folic acid as referred to in the claim SOURCE OF Folic acid as listed in the Annex to Regulation (EC) No 1924/2006.

Vitamin B<sub>12</sub> contributes to the normal function of the immune system. The claim may be used only for food which is at least a source of vitamin B<sub>12</sub> as referred to in the claim SOURCE OF vitamin B<sub>12</sub> as listed in the Annex to Regulation (EC) No 1924/2006.

Iron contributes to the normal function of the immune system. The claim may be used only for food which is at least a source of iron as referred to in the claim SOURCE OF Iron as listed in the Annex to Regulation (EC) No 1924/2006.

Selenium contributes to the normal function of the immune system. The claim may be used only for food which is at least a source of selenium as referred to in the claim SOURCE OF Selenium as listed in the Annex to Regulation (EC) No 1924/2006.

Zinc contributes to the normal function of the immune system. The claim may be used only for food which is at least a source of zinc as referred to in the claim SOURCE OF Zinc as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>4</sup>Copper contributes to maintenance of normal connective tissues. The claim may be used only for food which is at least a source of copper as referred to in the claim SOURCE OF Copper as listed in the Annex to Regulation (EC) No 1924/2006.

Manganese contributes to the normal formation of connective tissue. The claim may be used only for food which is at least a source of manganese as referred to in the claim SOURCE OF Manganese as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>5</sup>Other vitamins and minerals

Vitamin E contributes to the protection of cells from oxidative stress. The claim may be used only for food which is at least a source of vitamin E as referred to in the claim SOURCE OF vitamin E as listed in the Annex to Regulation (EC) No 1924/2006.

Chromium contributes to the maintenance of normal blood glucose levels. The claim may be used only for food which is at least a source of trivalent chromium as referred to in the claim SOURCE OF Chromium as listed in the Annex to Regulation (EC) No 1924/2006.

Molybdenum contributes to normal sulphur amino acid metabolism. The claim may be used only for food which is at least a source of molybdenum as referred to in the claim SOURCE OF Molybdenum as listed in the Annex to Regulation (EC) No 1924/2006.