

# XTEND

## MULTI-IMMUNE HEALTH SUPPLEMENT

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NON-GMO



SOY-FREE



GLUTEN-FREE



SUGAR-FREE



SPORT

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### PRODUCT HIGHLIGHTS

Xtend, our most advanced immune and nutritional supplement, is an outstanding source of micro- and phytonutrients, including 23 essential vitamins and minerals, as well as purified 1-3, 1-6 beta glucans derived from baker's yeast, protecting and renewing cells and tissues. Xtend is the perfect complement to BalanceOil and ZinoBiotic to complete your health protocol.

**Content:** 60 tablets, total net weight 47 g

### KEY BENEFITS

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- ▶ **Enjoy more energy**
- ▶ **Helps to metabolise carbohydrates, fats, and proteins**
- ▶ **Helps to maintain immune function**
- ▶ **Provides a comprehensive program of nutritional factors needed for tissue growth and repair**

## SUPPLEMENT FACTS

Ingredients	Per 2 tablets	Per 4 tablets
<i>Olea europea folia</i> (Olive leaf extract) [Dried leaves, 5:1]	250 mg	500 mg
Magnesium Oxide	150 mg	300 mg
providing Magnesium (elemental)	90 mg	180 mg
<i>Ascophyllum nodosum</i> (Kelp powder) [Thallus]	100 mg	200 mg
<i>Saccharomyces cerevisiae</i> (1,3 – 1,6 Beta-glucan Wellmune™)	100 mg	200 mg
<i>Curcuma longa</i> (Curcumin - HydroCurc®) [Root, 50:1]	50 mg	100 mg
L-Ascorbic Acid (Vitamin C)	40 mg	80 mg
Zinc bisglycinate chelate	25 mg	50 mg
providing Zinc (elemental)	5 mg	10 mg
<i>Brassica oleracea</i> (Broccoli extract) [Herb top, 4:1]	25 mg	50 mg
<i>Camellia sinensis</i> (Green tea extract) [Leaf, 20:1]	20 mg	40 mg
<i>Solanum lycopersicum</i> (Tomato extract) [Fruit, 4:1 extract standardized to lycopene]	2 mg	4 mg
Iron bisglycinate chelate	18,26 mg	36,52 mg
providing Iron (elemental)	2,10 mg	4,20 mg
Menaquinone MK7 (Vitamin K <sub>2</sub> )	30 µg	60 µg
<i>Tagetes erecta</i> (Marigold extract Lutein) [Flower, as 7,50 mg standardized to 20 % Lutein]	3,0 mg	6 mg
<i>Tagetes erecta</i> (Marigold extract Zeaxanthine) [Flower, as 7,50 mg standardized to 20 % Zeaxanthine]	3,0 mg	6 mg
Pteroylmonoglutamic acid	100 µg	200 µg
providing Folic acid (elemental)	12,0 µg	24 µg
Mixed Tocopherols and Tocotrienols (Vitamin E)	6 mg	12 mg
Niacin (Vitamin B <sub>3</sub> )	8 mg	16 mg
Selenium (Selenium methionine)	41,6 µg	83,20 µg
CoEnzyme Q10	7,5 mg	15 mg
Sodium molybdate	25 µg	50 µg
providing Molybdenum (elemental)	6,42 µg	12,84 µg
Manganese bisglycinate chelate	6,26 mg	12,52 mg
providing Manganese (elemental)	1,0 mg	2,0 mg
<i>Dunaliella salina</i> ( <i>Dunaliella</i> algae beta-carotene) [3,0 mg Standardized to 7,5 % beta-carotene]	0,46 mg	0,92 mg
Cholecalciferol (Vitamin D <sub>3</sub> )	10 µg	20 µg
Copper bisglycinate chelate	5,0 mg	10 mg
providing Copper (elemental)	0,5 mg	1,0 mg
Calcium-d-pantothenate (Vitamin B <sub>5</sub> )	4,5 mg	9 mg
Cyanocobalamin (Vitamin B <sub>12</sub> )	3,38 µg	6,76 µg
Chromium chloride	40 µg	80 µg
providing Chromium (elemental)	2 µg	4 µg
Pyridoxin-HCl (Vitamin B <sub>6</sub> )	1,4 mg	2,80 mg
Thiamine-HCl (Vitamin B <sub>1</sub> )	1,1 mg	2,20 mg
Riboflavin (Vitamin B <sub>2</sub> )	1,06 mg	2,12 mg
Phytomenadione (Vitamin K <sub>1</sub> )	12,5 µg	25 µg
Potassium iodide (Iodine)	75 µg	150 µg
D-biotin (Biotin)	75 µg	150 µg

**RECOMMENDED DAILY DOSAGE:** Adults and children over 12 years:  
Take with food. 2–4 tablets daily. Do not exceed recommended daily dose. Health supplements are intended only to complement health or supplement the diet.

**OTHER INGREDIENTS:** Microcrystalline cellulose, beta-cyclodextrin, tricalcium phosphate, silicon dioxide, magnesium salts of fatty acids, tricalcium phosphate, polyvinylpyrrolidone.

**CAUTION:** If you take a blood thinning medicine and would like to start taking supplements containing vitamin K, it is important to consult your doctor first.

**STORAGE:** Store in a dark, dry place at or below 25°C. Keep out of reach of children.

**ZINZINO IMMUNE BLEND:** 1-3, 1-6 beta glucans, broccoli extract, zinc, copper, folate, selenium, beta carotene, vitamin B<sub>12</sub>, vitamin B<sub>6</sub>, vitamin C, vitamin D<sub>3</sub>.

**ZINZINO DEFENCE BLEND:** lycopene, lutein, zeaxanthin, green tea polyphenols, olive polyphenols, broccoli extract, curcumin extract.

 Norwegian Formulation. Produced in Norway.

ZINZINO



### ENJOY MORE ENERGY

The B-vitamins (B<sub>1</sub>-B<sub>12</sub>) and also a number of minerals in Xtend such as copper, magnesium, iodine and manganese helps to metabolise carbohydrates, fats, and proteins which may assist in providing energy.

### IMPROVE YOUR BONE AND JOINT FUNCTION

Xtend contains several vitamins and minerals with approved health claims related to bones and muscles. These are vitamin D, C, K and magnesium, manganese and zinc.

### SUPPORT YOUR IMMUNE SYSTEM

Xtend contains 1-3, 1-6 beta glucans. These nutrients, derived from the cell walls of highly purified, proprietary strains of baker's yeast, have been proven to enhance the immune system.<sup>3</sup> Several of the compounds (e.g. folic acid, iron, vitamin B<sub>6</sub>, copper) also contribute to this crucial health benefit.

In addition to the vitamins and minerals, Xtend also contains carotenoids, xanthophylls and a group of polyphenols from a basket of fruits, spices and vegetables. To get the same amount of all these nutrients from foods, you would have to eat more than 3,000 calories of the most nutrient-dense foods every day.

All the ingredients combined in Xtend offer around forty health benefits as confirmed by SAHPRA. These affect cells, organs and tissues in the body. Xtend is the perfect complement to BalanceOil products and ZinoBiotic, providing you with a complete nutritional support program.

## XTEND HEALTH CLAIMS SAHPRA

*A multi-vitamin/mineral supplement used as a factor in the maintenance of good health.*

*Helps to maintain immune function.*

*Magnesium helps to metabolise carbohydrates, fats, and proteins.*

*Zinc helps to metabolise carbohydrates, fats, and proteins.*

*Niacin helps to metabolise carbohydrates, fats, and proteins.*

*Manganese helps to metabolise carbohydrates, fats, and proteins.*

*Vitamin B5 (Pantothenic acid) helps to metabolise carbohydrates, fats, and proteins.*

*Vitamin B6 helps to metabolise carbohydrates, fats, and proteins.*

*Vitamin B12 helps to metabolise carbohydrates, fats, and proteins.*

*Vitamin B1 helps to metabolise carbohydrates, fats, and proteins.*

*Vitamin B2 helps to metabolise carbohydrates, fats, and proteins.*

*Biotin helps to metabolise carbohydrates, fats, and proteins.*

*Vitamin C helps to metabolise fats and proteins*

*Chromium helps the body to metabolise carbohydrates and fats*

*Molybdenum helps the body to metabolise proteins*

*Magnesium contributes to tissue formation*

*Vitamin C contributes to tissue formation*

*Vitamin B5 (Pantothenic acid) contributes to tissue formation*

*Vitamin B contributes to tissue formation*

*Zinc contributes to connective tissue formation and repair.*

*Copper contributes to connective tissue formation and repair.*

*Niacin contributes to normal growth and development.*

*Thiamine (Vitamin B1) contributes to normal growth and development.*

*Folic acid helps to reduce the risk of neural tube defects when taken daily prior to becoming pregnant and during early pregnancy.*

*Iron helps to form red blood cells and helps in their proper function.*

*Folic Acid helps to form red blood cells.*

*Vitamin B12 contributes to normal red blood cell function.*

*Vitamin C helps in the development and maintenance of bones, cartilage, teeth, and gums.*

*Vitamin D3 helps in the development and maintenance of bones and teeth*

*Vitamin K1 & Vitamin K2 contribute to the maintenance of normal bones.*

*Manganese contributes to the maintenance of normal bones.*

*Vitamin C Helps in wound healing.*

*Vitamin C is an antioxidant for the maintenance of good health*

*Vitamin E is an antioxidant for the maintenance of good health*

*Vitamin D Helps in the absorption and use of calcium and phosphorus.*

*Magnesium contributes to the maintenance of normal muscle function.*

*Zinc Helps to maintain healthy skin.*

*Iodine contributes to the normal production of the thyroid hormones and normal thyroid function.*