

ZINOBIOTIC+

ALL-NATURAL DIETARY FIBER BLEND



NON-GMO



NATURALLY SOURCED
INGREDIENTS



HIGH IN FIBER



GLUTEN-FREE



SPORT



Vegan®

PRODUCT HIGHLIGHTS

ZinoBiotic+ is a tailored blend of 8 naturally sourced dietary fibers. These fibers are metabolized in the colon (the large intestine) where they support the growth of beneficial gut flora/micro-organisms.

ZinoBiotic+ helps to reduce blood glucose and/or insulin levels after a meal and maintain good cholesterol levels. The fibers promote many healthy bowel functions.

Content: 180 g

NATURALLY SOURCED INGREDIENTS

- ▶ Resistant starch from corn, green banana and potatoes
- ▶ Beta glucans from oats
- ▶ Inulin and FOS from chicory root
- ▶ Psyllium husk
- ▶ Guar gum fiber from Indian guar beans

KEY BENEFITS

- ▶ **Dietary fiber blend**
- ▶ **Reduces blood glucose and/or insulin levels after a meal**
- ▶ **Intestinal health**
- ▶ **Reduces blood total cholesterol levels**
- ▶ **Healthy bowel functions**

ZINZINO

SUPPLEMENT FACTS

Active Ingredients	12 g (2×scoops)	24 g (4×scoops)
Resistant starch (dietary fibre) [corn]	4,3 g	8,6 g
<i>Avena sativa</i> (Beta-glucan) [oats]	1,0 g	2,0 g
Inulin (Prebiotic) [Cichorium intybus var. Sativum; Root]	1,8 g	3,6 g
Fructooligosaccharides (Prebiotic) [Cichorium intybus var. Sativum; Root]	0,2 g	0,4 g
<i>Amylum Solani</i> (Potato Starch) [Potato tuber, 0,8:1]	0,4 g	0,8 g
<i>Plantago ovata</i> (Psyllium husk) [Husk]	0,5 g	1 g
<i>Cyamopsis Tetragonoloba</i> (Partially hydrolyzed Guar Gum) [Seed]	0,24 g	0,48 g
<i>Musa Acuminata</i> (Cavendish Green Banana) [Pulp, 0,1:1]	0,2 g	0,4 g

RECOMMENDED DAILY DOSAGE: Mix 12 g powder (2 scoops) with 200 ml water in shaker bottle, or mix it with a ready to drink product of your choice. Take 1 to 4 scoops of ZinoBiotic+ powder daily, according to your preference. Do not exceed recommended daily dose. You can also sprinkle it on a serving of yogurt, kefir, sour milk or similar. Health supplements are intended only to complement health or supplement the diet.

WATER: Drinking extra fluid is strongly recommended when you consume dietary fibers. Water prevents digestive issues such as constipation.

INGREDIENTS: Resistant starch from corn, gluten-free beta glucans from oats, inulin, fructooligosaccharides (FOS), resistant starch from potatoes, psyllium husk, partially hydrolyzed guar gum from guar beans, resistant starch from green bananas.

STORAGE: Store at or below 25°C in a cool, dry place with the lid on.

ZINZINO DIETARY FIBER BLEND: Resistant starch blend (corn, potatoes, green bananas), oat beta glucans, inulin, fructo-oligosaccharides, psyllium husk and guar gum fibers.

NATURAL: ZinoBiotic+ is made only from naturally sourced ingredients and contains no excipients.

GMO-FREE: Our products are GMO-free (i.e. free of genetically modified organisms).

DIETARY FIBERS

Other fiber products on the market generally contain only one or two types of dietary fibers, a strategy which is not enough for your daily need of fibers. ZinoBiotic+ contains significant amounts of eight dietary fibers. This approach ensures benefits for the whole colon. Resistant starch, inulin, beta glucans from oats, fructo-oligosaccharides (FOS) and psyllium husk are fermented in the colon and promote several bowel functions, for example, the resistant starch will contribute to the reduction of the otherwise normal rise of blood sugar after meals.

GUT HEALTH

The fibers in ZinoBiotic+ stimulate the growth of good bacteria throughout the colon. There are over 100 trillion bacteria in the human colon and while some are good for our health, others are less desirable. The good bacteria use dietary fibers as their fuel, enabling them to outgrow and displace the less wanted bacteria. The good bacteria contribute to many important bodily functions, such as educating our immune system. They are also linked to better mood, stamina and health in general. A healthy gut is essential for a healthy body.

Fibers also contribute to a feeling of fullness in the stomach (which can help with appetite control), but at the same time they reduce bloating. There may be a short period of adjustment while the fibers begin to improve the bacterial population, but this is a minor and passing step on the way to better situation.

NORMAL CHOLESTEROL LEVELS

One of the eight fibers is beta glucans from oats. These have a function in maintaining normal blood cholesterol.

GLUTEN-FREE

ZinoBiotic+ contains special beta glucans from oats that are free from gluten and contamination from other grains.

OTHER INGREDIENTS

ZinoBiotic+ contains only active ingredients. There are no excipients at all in the product.

ZINOBIOTIC+ HEALTH CLAIMS SAHPRA

Dietary fiber blend reduces blood glucose and/or insulin levels after a meal or increases the cells sensitivity to insulin.

Dietary fiber blend improves bowel movements or regularity of bowel movements by increasing stool bulk.

Dietary fiber blend provides energy-yielding metabolites.

Dietary fiber blend Reduces blood total and/or low-density lipoprotein cholesterol levels

Inulin beneficially affects the intestinal flora by selectively stimulating the growth of the beneficial gut flora/micro-organisms thereby positively affecting intestinal health.

Fructooligosaccharides beneficially affects the intestinal flora by selectively stimulating the growth of the beneficial gut flora/micro-organisms thereby positively affecting intestinal health.



Norwegian Formulation. Produced in Sweden.