

# ZINOBIOTIC+

## ALL-NATURAL DIETARY FIBER BLEND



HIGH IN FIBER



GLUTEN-FREE



NATURALLY SOURCED  
INGREDIENTS



SPORT



### PRODUCT HIGHLIGHTS

ZinoBiotic+ is a tailored blend of 8 natural dietary fibers. These fibers are metabolized in the colon (the large intestine) where they support the growth of healthy bacteria.

ZinoBiotic+ reduces blood cholesterol in conjunction with diet low in saturated fatty acids.

**Content:** 180 g

### ALL-NATURAL INGREDIENTS

- ▶ Resistant starch from corn, green banana and potatoes
- ▶ Beta glucans from oats
- ▶ Inulin and FOS from chicory root
- ▶ Psyllium husk
- ▶ Guar gum fiber from Indian guar beans

### KEY BENEFITS

- ▶ **Dietary fiber blend**
- ▶ **Good source of Dietary Fibre**
- ▶ **Low fat**
- ▶ **Low sodium**
- ▶ **Reduces blood cholesterol in conjunction with diet low in saturated fatty acids**

## NUTRITION INFORMATION

Average Quantity	Per 12 g	% Daily Intake	Per 100 g
Serving size 12 g (2 scoops) Serving per container: 15			
Energy	117 kJ 28 Cal	2 %	978 kJ 236 Cal
Protein	< 1 g		< 1 g
Total fat	< 1 g		< 1 g
saturated fat	< 1 g		< 1 g
Carbohydrate	2.3 g		19 g
sugars	< 1 g		2 g
Total Dietary fibers	8.6 g	28 %	72 g
of which resistant starch blend	4.9 g		41 g
of which beta glucans	1 g		8 g
sodium	< 5 mg		16 mg

Percentage daily intakes are based on an average adult diet of 8700 kJ.

**RECOMMENDED DAILY DOSAGE:** Mix 12 g powder (2 scoops) with 200 ml water in shaker bottle, or mix it with a ready to drink product of your choice e.g. LeanShake, fruit smoothie drink.

**WATER:** Drinking extra fluid is strongly recommended when you consume dietary fibers. Water prevents digestive issues such as constipation.

**INGREDIENTS:** Resistant starch from corn, gluten-free betaglacans, inulin, fructooligosaccharides (FOS), resistant starch from potatoes, psyllium husk, partially hydrolyzed guar gum from guar beans, resistant starch from green bananas.

**STORAGE:** Dry and cool with the lid on. Keep out of reach of small children.

**ZINZINO DIETARY FIBER BLEND:** Resistant starch blend (corn, potatoes, green bananas), oat beta glucans, inulin, fructooligosaccharides, psyllium husk and guar gum fibers.

**NATURAL:** ZinoBiotic+ is made only from natural ingredients and contains no excipients.

**GMO-FREE:** Our products are GMO-free (i.e. free of genetically modified organisms).

### DIETARY FIBERS

Other fiber products on the market generally contain only one or two types of dietary fibers, a strategy which is not enough for your daily need of fibers. ZinoBiotic+ contains significant amounts of eight dietary fibers. This approach ensures benefits for the whole colon. Resistant starch, inulin, beta glucans from oats, fructooligosaccharides (FOS) and psyllium husk are fermented in the colon and promote several bowel functions.

### GUT HEALTH

The fibers in ZinoBiotic+ stimulate the growth of good bacteria throughout the colon. There are over 100 trillion bacteria in the human colon and while some are good for our health, others are less desirable. The good bacteria use dietary fibers as their fuel, enabling them to outgrow and displace the less wanted bacteria. A healthy gut is essential for a healthy body.

Fibers also contribute to a feeling of fullness in the stomach and contributes to regular laxation begin to improve the bacterial population, but this is a minor and passing step on the way to better situation.

### NORMAL CHOLESTEROL LEVELS

The fiber blend in ZinoBiotic+ reduces blood cholesterol in conjunction with diet low in saturated fatty acids.

### GLUTEN-FREE

ZinoBiotic+ contains special beta glucans from oats that are free from gluten and contamination from other grains.

### OTHER INGREDIENTS

ZinoBiotic+ contains only all-natural active ingredients. There are no excipients in the product.