

# ZINOBIOTIC+

FOOD SUPPLEMENT WITH EIGHT NATURALLY DERIVED DIETARY FIBERS



HIGH IN FIBER



GLUTEN-FREE



NATURALLY  
DERIVED  
INGREDIENTS



SPORT



PRODUCT OF  
NORWAY  
COMMITMENT TO A CLEAN SOURCE



## PRODUCT HIGHLIGHTS

An outstanding prebiotic fiber supplement to nurture your gut microbiome with a tailored blend of eight natural sources of fibers<sup>1</sup>, including oat grain fiber, resistant starches<sup>2</sup> and beta-glucans<sup>3</sup>.

ZinoBiotic+ contains beta-glucans which contribute to normal cholesterol levels<sup>3</sup>, and oat grain fiber that contributes to an increase in fecal mass<sup>4</sup>.

**Content:** 180 g

## NATURALLY DERIVED INGREDIENTS

- ▶ Resistant starch from corn, green banana and potatoes
- ▶ Beta-glucans from oats
- ▶ Inulin and FOS from chicory root
- ▶ Psyllium husk
- ▶ Guar gum fiber from Indian guar beans

## KEY BENEFITS

- ▶ **Dietary fiber blend with ingredients from eight naturally derived sources<sup>1</sup>**
- ▶ **Contains beta-glucans which contribute to normal cholesterol levels<sup>3</sup>**
- ▶ **Contains oat grain fiber that contribute to normal bowel function<sup>4</sup>**

ZINZINO

## SUPPLEMENT FACTS

<b>Nutritional value in 2 scoops</b>	<b>12 g</b>
Dietary fiber	8.64 g
<b>of which</b>	
Resistant starch blend*	4.9 g
Beta-glucans from oats*	1.0 g
Inulin	1.8 g
Fructooligo-saccharides	0.2 g
Psyllium husk	0.5 g
Guar gum	0.24 g

**RECOMMENDED DAILY DOSAGE:** Mix 12 g of powder (2 scoops) with 200 ml of water in a shaker bottle, or mix it with a ready-to-drink product of your choice, e.g. LeanShake or a fruit smoothie drink. Do not exceed recommended daily dose. Food supplements are not intended as a substitute for a balanced and varied diet.

**WATER:** Drinking extra fluid is strongly recommended when you consume dietary fibers. Water prevents digestive issues such as constipation.

**STORAGE:** Dry and cool with the lid on. Keep out of reach of small children.

**INGREDIENTS:** Resistant starch from corn\*, gluten-free beta glucans from **oats\***, inulin, fructooligo-saccharides (FOS), resistant starch from potatoes, psyllium husk, partially hydrolyzed guar gum from guar beans, resistant starch from green bananas.

\*EU-origin.

**ZINZINO DIETARY FIBER BLEND:** Resistant starch blend (corn, potatoes, green bananas), **oat** beta-glucans, inulin, fructooligo-saccharides, psyllium husk and guar gum fibers.

**NATURALLY DERIVED:** ZinoBiotic+ is made only from naturally derived ingredients and contains no excipients.

### DIETARY FIBERS

Other fiber products on the market generally contain only one or two types of dietary fiber. ZinoBiotic+ contains significant amounts of eight dietary fibers: resistant starch, inulin, beta-glucans from oats, fructo-oligosaccharides (FOS) and psyllium husks. These fibers are fermented in the colon and support normal bowel functions, for example, oat grain fiber contributes to normal bowel function.<sup>4</sup>

### DIGESTIVE SYSTEM FUNCTION

The dietary fibers in ZinoBiotic+ are fermented in the colon and are used by various types of naturally occurring bacteria. Fiber is an important part of the diet and plays a role in supporting normal digestion. The different types of fiber act as substrates that can be broken down by microorganisms in the colon. The bacterial composition in the colon can vary between individuals and is influenced by several factors, including diet. Dietary fiber like oat fiber increases fecal bulk, which contributes to normal bowel function. Some people may experience an initial adjustment period with increased fiber intake that changes the bacterial population, which is usually temporary.

### NORMAL CHOLESTEROL LEVELS

One of the eight fibers is beta-glucans from oats. These have a function in maintaining normal blood cholesterol levels.<sup>3</sup>

### GLUTEN-FREE

ZinoBiotic+ contains special beta-glucans from oats that are free from gluten and contamination from other grains.

### OTHER INGREDIENTS

ZinoBiotic+ contains only active ingredients. There are no additives at all in the product.

## ZINOBIOTIC+ HEALTH CLAIMS (EU)

<sup>1</sup> A claim that a food is "high in fiber" may only be made where it contains at least 6 g fiber per 100 g or 3 g fiber per 100 kcal.

<sup>2</sup> Replacing digestible starches with resistant starch in a meal contributes to a reduction in the blood glucose rise after that meal.

<sup>3</sup> Beta glucans contribute to the maintenance of normal blood cholesterol levels.

<sup>4</sup> Oat grain fiber contributes to an increase in faecal bulk.