

ZINOSHINE+

VITAMIN D AND MAGNESIUM FOOD SUPPLEMENT



PRODUCT HIGHLIGHTS

ZinoShine+ is a uniquely formulated vitamin D₃ and broad spectrum magnesium food supplement. The proprietary blend is developed to support your immune system¹, reduce tiredness and fatigue² and support your muscles^{3,4}, bones^{5,6}, and teeth^{7,8} function.

Your vitamin D needs are decidedly individual, and depend on your age, lifestyle choices, geography, and exposure to sunlight. As such, our tablets have been created to help you tailor your intake according to your individual needs throughout the year, and your entire life.

THIS IS PERSONALIZED NUTRITION

The more individual approach to our nutritional needs, the better and more sustainable results. In order to optimize the ZinoShine+ benefits in your body, we offer a highly accurate, dried blood test to determine your current vitamin D-levels.

Content: 23 grams, 60 tablets



IMMUNE SUPPORT

ZinoShine+ supports your immune system¹ and its components play a role in the cell division process^{9,10}.



BROAD SPECTRUM MAGNESIUM

Our broad-spectrum magnesium approach supports psychological functions¹¹ and contributes to reduce tiredness and fatigue².



BODY FUNCTION

Vitamin D and magnesium support and contribute to normal function of your muscles^{3,4}, bones^{5,6} and teeth^{7,8}.



ALL-NATURAL

The ingredients in ZinoShine+ are naturally sourced. They are a true force of nature with the power to shine all by themselves in our unique, Norwegian, all-natural formulation.



VEGAN

Synergistic blend of all-natural and purely vegan ingredients.

SUPPLEMENT FACTS

NUTRITION INFORMATION

| Serving Size 1 Tablet Servings per Pack 60 | | |
|---|----------|-------|
| Amount per Serving | | %DV |
| Energy | 0.9 Kcal | 0% |
| Protein | 0 g | 0% |
| Fat, total | 0 g | 0% |
| saturated fat | 0 g | 0% |
| trans fat | 0 g | † |
| Carbohydrate | 0.2 g | 0% |
| sugars | 0 g | † |
| Sodium | 0.2 mg | 0% |
| Vitamin D ₃ | 12.5 µg | 250%* |
| Magnesium | 87.5 mg | 23%* |

† Daily Value not established

RECOMMENDED DAILY DOSAGE: *Children < 11 years:* 1 tablet per day. *Adolescents 12–18 years:* 1–3 tablets per day. *Adults > 18 years:* 1–4 tablets per day. Do not exceed recommended daily dose. Food supplements are not intended as a substitute for a balanced and varied diet.

INGREDIENTS: Blend of magnesium (magnesium hydroxide from seawater, magnesium citrate, magnesium malate, magnesium bisglycinate), bulking agent (beta-cyclodextrin from Cassava), anti-caking agents (stearic acid, MCT oil from coconut), vitamin D₃ (cholecalciferol).

STORAGE: Dry at room temperature. Keep out of reach of children.

ONE SIZE DOES NOT FIT ALL

Better health is a dynamic process. Our micronutrient status may differ between seasons, as we grow older and when our lives change. Make sure to monitor your status regularly with a blood test every four months to ensure you keep a sufficient supply of vitamin D in your body throughout the year. Based on your current vitamin D status, we give you personalized recommendations on how to maintain or improve your levels with ZinoShine+ in a safe and efficient manner.

VITAMIN D

Vitamin D supports important functions within the body, helping to regulate the absorption of calcium¹² and phosphorus¹³, but perhaps the most vital is that it assist with facilitating normal immune system function¹. Further, getting a sufficient amount of vitamin D is important for normal growth and development of bones^{5,6} and teeth^{7,8}.

Like most nutritional and health factors, there is a significant amount of individuality when it comes to addressing our vitamin D needs. Many social and behavioral influences affect our ability to get sufficient amounts of vitamin D through sunshine alone. Factors such as being in an area with high pollution, using sunscreen, the amount of time spent indoors, living and working in big cities where buildings block sunlight, all play a part in how our bodies respond to the sun and produce this essential 'sunshine vitamin'. In addition, your body weight needs to be taken into consideration. Vitamin D is a fat-soluble vitamin and as such the more excess body weight we have, the more we need to produce and consume in order for us to reach and maintain sufficient levels in our blood.

About 1 billion people have vitamin D deficiency worldwide. That is why it is important to both monitor your vitamin D levels and adjust with extra sources of vitamin D besides sunlight whenever necessary.

The source of vitamin D we use is lichen. It is a small unique plant species consisting of a symbiotic association of algae and fungus. It is found on mountainsides, rocks, and trees, in an abundance, and this natural source of Vitamin D₃ is a conscious choice made for the sake of our environment.

MAGNESIUM

There are many sources to vitamins and minerals out there. We strive to find the best and most efficient sources available on the market. ZinoShine+ features magnesium hydroxide from seawater, magnesium citrate, magnesium malate and magnesium bisglycinate. Together, these four sources provides a broad-spectrum approach for enhanced absorption and utilization in our body.

AN ALL-NATURAL FORMULATION

A + behind the name means that all of the ingredients in the product are naturally sourced. We will never stop to look for all-natural alternatives and continue to be frontrunners within our industry. ZinoShine+ consolidates our determination to use rigorously sourced, all-natural ingredients wherever possible. More than that, it can be also consumed by vegans, since vegan options are an indisputable part of our range too. Naturally.

KEY BENEFITS

- ▶ **Supporting the immune system**
- ▶ **Reducing tiredness and fatigue**
- ▶ **Supporting muscle, bone and teeth function**

ZINOSHINE+ HEALTH CLAIMS (EFSA)

¹ Vitamin D contributes to the normal function of the immune system.

² Magnesium contributes to a reduction of tiredness and fatigue.

³ Vitamin D contributes to the maintenance of normal muscle function.

⁴ Magnesium contributes to normal muscle function.

⁵ Vitamin D contributes to the maintenance of normal bones.

⁶ Magnesium contributes to the maintenance of normal bones.

⁷ Vitamin D contributes to the maintenance of normal teeth.

⁸ Magnesium contributes to the maintenance of normal teeth.

⁹ Vitamin D has a role in the process of cell division.

¹⁰ Magnesium has a role in the process of cell division.

¹¹ Magnesium contributes to normal psychological function.

¹² Vitamin D contributes to normal blood calcium levels.

¹³ Vitamin D contributes to normal absorption/utilisation of calcium and phosphorus.

 Norwegian Formulation. Produced in Norway.

ZINOSHINE+

维生素 D 和镁营养补充品



非转基因



不含大豆



无麸质



天然成分



SPORT



产品亮点

ZinoShine+ 是一款配方独特的营养补充品，富含维生素 D₃ 和广谱镁。我们开发的专有配方可以支持您的免疫系统¹，缓解劳累和疲劳²并维持您的肌肉^{3,4}、骨骼^{5,6}以及牙齿^{7,8}的机能。

维生素 D 需求确实因人而异，取决于年龄、选择的生活方式、地理环境和接受阳光照射情况。因此我们开发出了这款产品，能按每年的任何时间和您人生的任何阶段，帮您量身计算您所需要的摄取份量。

个性化营养

个人化的营养补充策略，能达致更好和更持久的效果。为了让 ZinoShine+ 在您身体中发挥更好的功效，我们提供高准确度的干血测试来确认您当前的维生素 D 水平。

含量：23 克，60 片



支援免疫系统

ZinoShine+ 可以支持您的免疫系统¹ 而配方里的成份更能在细胞分裂过程中发挥一定的作用^{9,10}。



广谱镁

我们的广谱镁方法可以支持心理功能¹¹ 并且有助于缓解劳累和疲劳²。



身体机能

维生素 D 和镁可以支持并有助于维持肌肉^{3,4}、骨骼^{5,6}以及牙齿^{7,8}的正常机能。



纯天然

ZinoShine+ 采用天然成分。我们独特的挪威纯天然配方富含这些成分，蕴含真正的自然之力，效果显著。



纯素

纯天然和纯素成分的协同作用。

ZINZINO

营养成分

营养资料

| 每 1 片 | | |
|--------------------|---------|-------|
| 每个盒含食用份量数目 60 | | |
| 每份服用剂量的营养成分 | | %DV |
| 能量 | 0.9 千卡 | 0% |
| 蛋白质 | 0 克 | 0% |
| 总脂肪 | 0 克 | 0% |
| 饱和脂肪 | 0 克 | 0% |
| 反式脂肪 | 0 克 | † |
| 碳水化合物 | 0.2 克 | 0% |
| 糖 | 0 克 | † |
| 钠 | 0.2 毫克 | 0% |
| 维生素 D ₃ | 12.5 微克 | 250%* |
| 镁 | 87.5 毫克 | 23%* |
| † 每日值 (DV) 未确定 | | |

每日推荐剂量: 11 岁以下儿童: 每日 1 片。12 至 18 岁青少年: 每日 1-3 片。18 岁以上成人: 每日 1-4 片。请勿超过每日推荐剂量。营养补充品不可替代均衡多样的膳食。

成分: 复合镁 (提炼自海水的氢氧化镁、柠檬酸镁、苹果酸镁、甘氨酸镁)、膨松剂 (提取自木薯的 β-环糊精)、防结块剂 (硬脂酸、中链甘油三酯椰油)、维生素 D₃ (胆钙化醇)。

保存方式: 室温干燥保存。避免儿童接触。

量身订造的策略

改善健康是一个动态的过程。随着年龄的增长和生活的改变, 我们的微量营养素情况在不同季节可能有所不同。请务必每四个月验一次血, 定期监测您的状态, 确保身体全年摄入充足的维生素 D。我们会根据您的维生素 D 状态提供个性化建议, 介绍如何使用 ZinoShine+ 安全有效地维持或改善您的水平。

维生素 D

维生素 D 可以支持体内的重要机能, 帮助调节钙¹² 和磷¹³ 的吸收, 不过最重要的可能就是, 其有助于促进免疫系统维持正常机能¹。此外, 摄取足够的维生素 D 对于骨骼^{5,6} 和牙齿^{7,8} 的正常发育和成长具有重要意义。

与大多数营养和健康因素一样, 我们对维生素 D 的需求也有很大的不同。我们能否仅通过太阳照射获取足够剂量的维生素 D, 受到许多社会和行为因素的影响。影响身体对阳光的反应并产生这种关键“阳光维生素”的方式受多重因素影响, 如处于高污染地区、使用防晒霜、在室内逗留的时长、在大城市 (建筑物会遮挡阳光) 生活和工作等因素。此外, 还需考虑到体重。维生素 D 是一种脂溶性维生素, 因此体重超重, 需要生产和消耗的维生素 D 就越多, 这样才能达到和维持血液中足够的维生素 D 水平。

全球约有 10 亿人患有维生素 D 缺乏症。正因如此, 监测维生素 D 水平并在必需的情况下通过阳光以外的途径补充维生素 D 非常重要。

我们的维生素 D 源自地衣。这是一种独特的植物品种, 由藻类和菌类的共生组合构成。地衣生长在山坡、岩石和树上, 数量颇丰, 这一天然维生素 D₃ 来源是为环境做出的理智选择。

镁

维生素和矿物质的来源有很多。我们努力发掘市场上优质且高效来源。ZinoShine+ 含有提炼自海水的氢氧化镁、柠檬酸镁、苹果酸镁、甘氨酸镁。这四种来源共同提供了一种广谱方法, 可以增强人体对成分的吸收和利用。

纯天然配方

名称后的“+”表示该产品全部采用天然成分。我们将始终致力于寻求纯天然替代品, 并继续领跑行业。ZinoShine+ 坚定了我们的决心: 严格把控产品来源, 取材纯天然成分。此外, 纯素食者也可以服用该产品, 因为纯素选项也是我们产品系列中无可争议的一部分。天然。

主要益处

- ▶ 支持免疫系统
- ▶ 缓解劳累和疲劳
- ▶ 维持肌肉、骨骼及牙齿机能

ZINOSHINE+ 健康声明 (EFSA)

¹ 维生素 D 有助于维持免疫系统的正常机能。

² 镁有助于缓解劳累和疲劳。

³ 维生素 D 有助于维持肌肉健康。

⁴ 镁有助于维持肌肉健康。

⁵ 维生素 D 有助于维持骨骼健康。

⁶ 镁有助于维持骨骼健康。

⁷ 维生素 D 有助于维持牙齿健康。

⁸ 镁有助于维持牙齿健康。

⁹ 维生素 D 在细胞分裂过程中发挥着一定的作用。

¹⁰ 镁在细胞分裂过程中发挥着一定的作用。

¹¹ 镁有助于维持正常的心理功能。

¹² 维生素 D 有助于维持正常的血钙水平。

¹³ 维生素 D 有助于维持钙和磷的正常吸收/利用。



Norwegian Formulation. 挪威生产。